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Foreword

When the Austrian psychologist, Alfred Adler, coined the word 'lifestyle' eighty years ago, little did he know that this term would eventually be used by statistical offices around the world to capture, for example, a country's level of happiness compared to another's. The National Statistics Office is no exception. Results of a second adult lifestyle survey carried out in winter 2007 show that over 80 per cent of Maltese adults are satisfied with their lives.

However lifestyle is not just about the way a person lives, but concerns individuals' social relations, consumption, entertainment and dress. In fact respondents were asked to provide information on their likes and dislikes, habits and intentions, as well as information related to their daily life. NSO's survey revealed that restaurants are the most frequented places, while casinos are the least frequented. In addition, almost 75 per cent of the youngest age group covered in the survey (18-24) consume at least one unit of alcohol per week. On average, individuals in all age groups drink 4.2 glasses of wine, 5.4 bottles of beer and 5 tots of spirits. Although the wine and beer intake of persons aged 18-24 is lower than the average (2.9 glasses of the former and 4.4 bottles of the latter), they drink 5.4 tots of spirits.

With regard to eating habits, over 95 per cent of males aged between 18 and 24 eat fried food at least once a week, compared to 77.8 per cent of females in the same age group. Just over 25 per cent of the youngest age group eat fried food at least 3 days a week, while almost 62 per cent opt for this food type once or twice a week.

Lifestyles also reflect individual attitudes, constrained by choices resulting from surrounding social systems. They also reflect the progress, or otherwise, of a nation. This publication includes data on leisure activities, exercise patterns, smoking, alcohol consumption, and the perceived quality of life of individuals. Reading, for example, emerges as one of the most popular hobbies among Maltese adults.

Lifestyle surveys are today being extended over an even wider range, covering evolving trends in the lives of men and women, their health and even the average weight and height of the population. NSO's results show that 26.4 per cent smoke cigarettes. On a gender level, 33.5 per cent of males and 19.4 per cent of females are smokers. Furthermore, the average weight of the Maltese population is 72.5 kg, with the average height being estimated at 165.3 cm.

That is just a taster. This publication has the right ingredients to offer more food for thought and analysis.

I take this opportunity to thank Silvan Zammit and Ingrid Formosa for their valuable input.

Michael Pace Ross
Director General

April 2009

Methodology

Target Population

The target population consisted of Maltese residents aged 18 and over and living in private households as found in the preliminary Census population adjusted for 2006.

Sample Design

A gross sample of 2,000 individuals was selected using systematic random sampling amongst the whole list of individuals. Each individual had the same chance of being selected.

Data Collection

Data was collected between November 2006 and January 2007, through self-completion questionnaires, which were sent to the individuals by postal mail. Due to the nature of some of the questions, e.g. sexual health, drug consumption and religion, and to make it easier for the selected persons to provide the true answers, it was decided that this survey should be anonymous. In fact, the individual answering the questionnaire could not be identified since no reference number, name, or address was printed on the questionnaire.

The target population was estimated at 312,079 persons. The population distribution and the key demographic characteristics of respondents are shown in the tables below:

Table i. Population by sex and age group

Age group	Male	Female	Total
18 - 24	20,385	17,137	37,522
25 - 34	26,581	24,449	51,029
35 - 44	23,781	26,017	49,798
45 - 54	30,044	31,393	61,437
55 - 64	26,712	27,377	54,089
65 +	24,395	33,808	58,204
Total	**151,898**	**160,181**	**312,079**

Table ii. Population by sex and district

District	Male	Female	Total
Southern Harbour	32,432	30,731	63,163
Northern Harbour	41,227	50,752	91,979
South Eastern	22,126	19,389	41,515
Western	25,091	26,584	51,675
Northern	20,080	22,719	42,799
Gozo and Comino	10,942	10,006	20,948
Total	**151,898**	**160,181**	**312,079**

Response

The response rate for this survey stood at 68.5 per cent or 1,369 persons. The following two tables present the sample distribution by gender, age-group and district of all the participants in this survey.

Table iii. Sample by sex and age group

Age group	Male	Female	Total
18 - 24	71	72	143
25 - 34	103	110	213
35 - 44	91	122	213
45 - 54	141	150	291
55 - 64	131	122	253
65 +	117	139	256
Total	**654**	**715**	**1,369**

Table iv. Sample by sex and district

District	Male	Female	Total
Southern Harbour	139	134	273
Northern Harbour	178	223	401
South Eastern	90	87	177
Western	110	122	232
Northern	91	106	197
Gozo and Comino	46	43	89
Total	**654**	**715**	**1,369**

Grossing Up

The use of weights in survey analysis compensates for the bias which is created within the sample due to the sample size, non-response and coverage rates. A *posteriori* stratification was performed by gender, age-group, and marital status. By means of this process a weight was assigned to each respondent, such that upon grossing up the projected sample estimates reflected the real characteristics of the target population.

It is important to stress that although the results produced from sampling surveys are only estimates of the real population parameters, however the estimators produced from this research are clear indicators of what the actual values are. However in some tables totals may not tally due to rounding errors.

Quality Control Measures

Suitable measures were taken to ensure that the survey results were of high quality. These included a series of quality checks by vetters, and in-built validation rules in the data entry program in order to limit the errors of data inputting. Missing data and non-response was imputed using the hot-deck technique, which involves analysing the dataset and checking whether there is another respondent

population. The mean is of particular interest because it is usually regarded as the true value, and divergences from it as errors of estimation due to sampling effects.

Given that the sample under study was drawn by means of Simple Random Sampling, the standard error of the proportion σ_p may be calculated by:

$$\sigma_p = \sqrt{\frac{p(1-p)}{n}}$$

where p is the proportion in the sample and n denotes the total number of respondents under observation.

Thereafter, in order to specify how accurate a particular point estimate is, we derive what is known as a confidence interval $(C.I.)$, where we adjust the point estimate for error and provide a range of values within which we are confident the true value of the unknown parameter lies. These are upper and lower limits to the values of any uncertain estimate. All the results presented in this publication are worked out at a 95 per cent confidence interval. This means that if we were to take 100 different samples for the study from the same population, 95 of these samples would constitute the same results.

If a normally distributed population is assumed (as it is habitually considered) and the standard error of the proportion is known, then a confidence interval for that proportion can be computed as:

$$p \pm (z)(\sigma_p)$$

where σ_p is the standard error of the proportion and z is a constant which depends on the level of confidence desired. In this particular case, z will take a value equal to 1.96 since we have established a 95 per cent confidence interval, and a value of 1.96 coincides with the 0.975 quintile of the normal distribution.

Therefore, the 'true' population proportion must fall within the interval bounded below by $[p-(z)(\sigma_p)]$ and above by $[p-(z)(\sigma_p)]$.

For example, the confidence interval for the proportion of individuals who visited a restaurant at least once a year was estimated at 2 per cent. This means that the reader may expect the actual proportion value of this estimate to lie within the interval 0.80 ± 0.02, i.e. 78 per cent and 82 per cent.

Table v. Margin of error on the places frequented

Places frequented	Proportion	Margin of error	Confidence interval
Cinemas	0.42	0.03	0.42 ± 0.03
Live performance	0.36	0.03	0.36 ± 0.03
Cultural sites	0.35	0.03	0.35 ± 0.03
Live sport events	0.21	0.02	0.21 ± 0.02
Bars/wine bars	0.42	0.03	0.42 ± 0.03
Clubs	0.24	0.02	0.24 ± 0.02
Casinos	0.09	0.02	0.09 ± 0.02
Dance-clubs/Nightclubs/Discos	0.24	0.02	0.24 ± 0.02
Restaurants	0.80	0.02	0.80 ± 0.02

with similar variable characteristics, and then replacing the missing indicator with the indicator of that similar respondent. Technically it involves stratifying and sorting the data by key covariates, and then replacing missing data from another record in the same strata.

Errors

The survey was subject to two main sources of errors, which are technically referred to as *sampling errors* and *non-sampling errors*.

The sample used for this particular survey was only one of an infinitely number of other possible samples of the same size and design that could have been selected. Moreover, whenever a sample is drawn, only that part of the population that is included in the sample is measured, and is used to represent the entire population. Hence, there must always be some error in the data, resulting from those members of the population who were not measured.

This difference is termed **sampling error**, and it arises from estimating a population characteristic by looking at only one particular portion of the population. It refers to the difference between the estimate derived from the sample survey and the 'true' value that would result if a census of the whole population were carried out under the same conditions. Error will, therefore, be reduced as the sample size is increased, so that if a census is performed, there would be no sampling error.

Non-sampling error is a catch-all term for the deviations from the true value that are not a function of the sample chosen, including various systematic and any random errors that are not due to sampling.

In particular, a non-sampling error is one that results solely from the manner in which the observations are made and includes a statistical error caused by human error. Very often these arise due to data entry errors, the interviewers effect and the respondent effect. These can include, but are not limited to, data entry errors, biased questions in a questionnaire, biased processing/decision making, inappropriate analysis conclusions and false information provided by respondents. Non-sampling errors are much harder to quantify than sampling errors and are in fact impossible to quantify. Moreover, tables may not be additive due to rounding errors. Therefore, the presence of this error should be borne in mind by all users of these data.

Quality control

One way of assessing and controlling non-sampling errors in the survey was to independently duplicate the work at the different stages of operation with a view to facilitating the detection and rectification of errors.

In particular, the data collection process was subject to a series of quality checks by a group of well-trained and experienced NSO staff. Particular attention was made throughout the study in order to monitor and limit the occurrence of non-sampling errors arising in the data processing, editing and coding phases of the study. This involved detecting erroneous or questionable survey data with the goal of correcting these as much as possible.

In many cases, the information found in the survey questionnaire was pre-coded to limit coding errors. Other information contained in open-ended responses were grouped into specific categories.

In addition, the data-entry program used in the process of transferring collected data to the computer for analysis had a number of built-in validation rules to ensure the quality of captured data, and that data entry errors are kept to an absolute minimum.

Estimates of Precision

The accuracy of a sample is a measure of the difference between the population and the drawn sample. This is measured in terms of specific parameters.

Sampling errors are partly measured by the standard error, which is a statistical measure of the dispersion of a set of values. The standard error provides an estimation of the extent to which the mean of a given set of scores drawn from a sample differs from the true mean score of the whole

Table vi. Margin of error on life satisfaction levels

Life satisfaction levels	Proportion	Margin of Error	Confidence interval
Very satisfied	0.32	0.02	0.32 ± 0.02
Satisfied	0.49	0.03	0.49 ± 0.03
Neither satisfied nor dissatisfied	0.15	0.02	0.15 ± 0.02
Dissatisfied	0.02	0.01	0.02 ± 0.01
Very dissatisfied	0.01	0.01	0.01 ± 0.01

It was not possible to include a precision indicator for all the estimators presented in this document. However these indicators may be produced upon request.

Definitions

- **Southern Harbour** - Żabbar, Xgħajra, Valletta, Tarxien, Santa Luċija, Paola, Marsa, Luqa, Kalkara, Senglea, Floriana, Fgura, Cospicua, Vittoriosa.

- **Northern Harbour** - Ta' Xbiex, Swieqi, Sliema, Santa Venera, San Ġwann, St. Julians, Qormi, Pieta', Pembroke, Msida, Ħamrun, Gżira, Birkirkara.

- **South Eastern** - Żurrieq, Żejtun, Safi, Qrendi, Mqabba, Marsaxlokk, Marsaskala, Kirkop, Gudja, Għaxaq, Birżebbuġia.

- **Western** - Żebbuġ, Siġġiewi, Rabat, Mtarfa, Mdina, Lija, Iklin, Dingli, Balzan, Attard.

- **Northern** - St. Paul's Bay, Naxxar, Mosta, Mġarr, Mellieħa, Għargħur.

- **Gozo and Comino** - Rabat, Fontana, Għajnsielem and Comino, Għarb, Għasri, Kerċem, Munxar, Nadur, Qala, San Lawrenz, Sannat, Xagħra, Xewkija, Żebbuġ.

Body Mass Index (BMI): This is an objective scientific measure of body fat based on height and weight that applies to both adult men and women. The BMI is calculated by dividing a person's weight in kilograms by the square of his/her height in metres. The algebraic expression for BMI is given by: $BMI = Kg\ (m)^2$.

The classification of underweight, overweight and obesity by BMI are as follows:

- $BMI < 18.5$ **Underweight**
- $18.5 \leq BMI < 24.9$ **Normal**
- $24.9 \leq BMI < 29.9$ **Overweight**
- $BMI \geq 29.9$ **Obese**

Alcohol Units: These are alcoholic measures related to the alcoholic content of different drinks. A unit of alcohol is the equivalent of 10g of alcohol. One glass of wine, one small bottle of beer and one tot of spirits constitute one unit of alcohol.

Commentary

Leisure

The analysis showed that restaurants are the most frequented places by the adult population, while casinos are the least. Moreover, attendance to cinemas, cultural sites and restaurants was found to be very similar for males and females. However, quite a discrepancy emerged between sexes for other frequented places, the most being bars and wine bars. There is also a relationship between age and some frequented places. In fact, all places except casinos are more likely to be frequented by the younger generation. Furthermore, 95.3 per cent of individuals aged 18 to 24 frequent restaurants at least once a year, compared to 49.8 per cent of those aged over 65.

The majority of Maltese residents listen to more than one type of music. However among those who listen to just one type, country music is the genre mostly listened to, followed by classical and pop music. In fact, while 38.9 per cent stated that they listen to more than one type of music, 19.2 per cent prefer country music, 10.9 per cent prefer classical music and 10.8 per cent listen to pop music. On the other hand, 7.1 per cent do not like listening to music.

There is a major difference between age groups as to what genre of music they listen to mostly. For example, techno, trance and house music are the most popular types of music among those aged 18 to 24, while rock music is most popular among persons aged between 25 and 34 and between 55 and 64.

It was found that reading is the most popular hobby among the adult population, with 48.1 per cent of females and 27.3 per cent of males. Twenty-six per cent highlighted travelling as one of their hobbies while home decoration was pointed out by over one-fifth of the population, predominantly women. In addition, around twenty-one per cent mentioned internet-browsing as their preferred activity.

Popularity of bingo, lotteries and gambling is highly related to the age of the persons. In fact, popularity in such hobbies varied from 3.0 per cent among those aged 18 to 24, 8.4 per cent of those aged 45 to 54 and 15.0 per cent among those having 65 years or more.

Exercise

On a gender level, females are more likely to walk for at least 30 minutes per week than their counterparts. In fact, this was found to be true for 56.5 per cent of females compared to 48.3 per cent of males. This particular activity was also found to be common among 56.9 per cent of married and 49.4 per cent of single persons. A smaller proportion of 39.0 per cent of Gozitans claimed to walk for at least 30 minutes per week.

Similarly, females are more likely to undertake some intensive exercise than males. There is also a relationship between age and intensive exercise, where the young are more likely to perform this activity, with 48.4 per cent of those aged 18 to 24.

On average, 9.1 per cent of the total population attends a gym or fitness club at least once a week. In this case, the difference between males and females is narrower, with 7.5 per cent of males compared to 10.7 per cent of females. Furthermore, 12.7 per cent of the adult population living in the Northern district attends a gym or fitness club at least once a week, compared to 3.4 per cent of people living in the South Eastern district.

Transport

73 per cent of the population own or make use of a car. There is a difference between males and females, with 84.2 per cent of males compared to 61.5 per cent of females.

In addition, the car or motorcycle is the mode of transport mostly used both for going out and to go to work or school. However, people from the Northern Harbour are the least likely to use a car or motorcycle to go to work or school. In fact, persons residing within this district are most likely to go to work or school on foot.

Holiday

On average, 35.2 per cent of the population spends at least one night on a local holiday, while 29.6 per cent spend at least one night on a holiday abroad. The former was found to be most common among individuals aged 18 to 24 while the latter was found to be most common among persons between 25 and 34 years of age. Also, holidays are more popular among those from the Northern district, while Gozitans are the least likely to go on a holiday, both locally and abroad

The average duration of a local holiday is normally 7 nights while persons going for a holiday abroad usually spend about 13 nights.

Health

The survey revealed that 84.0 per cent of the adult population visited a GP in the year prior to the survey, while half of them visited a dentist. Moreover, nearly 10 per cent reported that they visited neither a GP nor a dentist. In general, more women than men visited a GP or a dentist in the 12 months prior to the survey, with 80.1 per cent of males and 87.5 per cent of females. These proportions go down to 47.7 and 51.2 per cent respectively for visits to a dentist.

Sixty one per cent of respondents were sexually active in the 12 months prior to the survey. Of these, 67.5 per cent had not used some type of contraception.

Weight and Height

On average a Maltese adult weighs 72.5kg. This varies from 65.9kg for women to 79.4kg for men. The results show that individuals between 35 and 44 years of age weigh most, with an average of 75.7kg. On the other hand, individuals aged between 18 and 24 weigh least, with an average of 66.7kg.

The average height of the Maltese population is 165.3cm. On a gender level, women are 159.7cm tall, compared to 171.2cm for men.

Overall, 2.6 per cent of the population are underweight, 35.1 per cent have normal weight, and the remaining 62.4 per cent are either overweight or obese. In addition, a minority of 7.5 per cent of overweight individuals and 6.5 per cent of obese individuals attend a gym or fitness club at least once a week.

Smoking

More than one out of every 4 Maltese residents smokes cigarettes, with 26.4 per cent of the adult population. On a gender level, this is true for 33.5 per cent of males and 19.4 per cent of females. It was also found that 61.5 per cent of divorced, annulled and separated individuals are smokers while this proportion goes down to 8.9 per cent for the widowed.

Smokers smoke an average of 15 cigarettes daily. An analysis at gender level revealed that males smoke an average of 17 cigarettes each day, while females smoke 5 cigarettes less each day. Furthermore, divorced, annulled and separated individuals smoke 20.3 cigarettes per day.

Alcohol Consumption

More than half (56.1 per cent) of the adult population consumes at least one unit of alcohol per week. This proportion decreases with age, with 74.4 per cent of those aged between 18 and 24 compared to 43.8 per cent of those aged 65 and over. There is also a significant difference at gender level. In fact, 70.3 per cent of males and 41.9 per cent of females drink at least one unit of alcohol per week.

Wine is the most widely consumed form of alcohol with 42.7 per cent of the population consuming at least one glass of wine per week. Some 24.0 per cent and 20.3 per cent of the population consume at least one bottle of beer and one unit of spirits per week, respectively. The youngest age group comprises the largest proportion of spirit consumers, with 50.3 per cent of individuals aged 18 to 24 compared to 20.3 per cent of the rest of the population.

On average, alcohol consumers drink 4.2 glasses of wine, 5.4 bottles of beer and 5 tots of spirits each week. Persons aged between 18 to 24 drink fewer units than the average with respect to wine and beer. However the opposite is true for drinking spirits.

Those in the younger age groups are most likely to drive a car after consuming three or more alcoholic drinks. In fact, 20.1 per cent of those between the age of 18 to 24 and 25.8 per cent of those between 25 and 34 have driven a car after having consumed three drinks or more.

Drugs

It was found that some 16.5 per cent of females made use of prescribed tranquilisers, antidepressants or sedatives in the 12 months predating the survey, compared to 11.9 per cent of males. On the other hand, 4.1 per cent and 2.2 per cent of males and females respectively made use of these pharmaceuticals in the 12 months prior to the survey without any medical prescription.

Furthermore, 3.2 per cent claimed that they have made use of illicit drugs in the 12 months prior to the survey.

Eating Habits

Ninety five per cent of the Maltese residents consume fruit at least once in a week, while 96.7 per cent consume vegetables at least once a week. In addition, 48.4 per cent of the population eat fruit almost everyday, while another 28.1 per cent do so 3 to 5 days a week. Another 39.2 per cent eat vegetables almost everyday, while 34.5 per cent eat vegetables 3 to 5 days a week.

Over half the Maltese population were on a diet at the time of the survey. Particularly, females are more likely to follow a diet than males. Furthermore, 66.3 per cent of males and 49.7 per cent of females ate fried food at least once in a week during the week preceding the survey. An analysis by age revealed that 95.1 per cent of males in the 18-24 age bracket eat fried food at least once a week, compared to 77.8 per cent of females having the same age. It also emerged that some 9.2 per cent of the adult population eat fried food from 3 to 7 days a week, while this proportion goes up to 25.3 per cent for individuals aged 18 to 24.

Life Satisfaction

In general, persons rate their standard of living as good, with persons aged 18 to 24 and having a tertiary level of education giving the best rating.

With reference to job satisfaction, a proportion of 29.7 per cent of the population are satisfied, with females overruling males.

When asked about the satisfaction in their current relationship, 70.4 per cent claimed to be satisfied, while 20.6 per cent stated the opposite. More males than females are satisfied with their current relationship. In addition, married and single persons are also the most satisfied.

In general, the majority of Maltese adults are quite satisfied with their lives, with 80.3 per cent of individuals. It emerged that married persons are the most while cohabiting individuals are the least. It was also observed that persons claiming to have a very good or good standard of living were also those being the most satisfied with their lives. The same applied to those being very satisfied or satisfied in their current job.

Demographic Information

Table 1. Distribution of persons by sex and age group

Age group	Male		Female		Total	
	Number	%	Number	%	Number	%
18-24	20,385	13.4	17,137	10.7	37,522	12.0
25-34	26,581	17.5	24,448	15.3	51,029	16.4
35-44	23,781	15.7	26,017	16.2	49,798	16.0
45-54	30,044	19.8	31,393	19.6	61,437	19.7
55-64	26,712	17.6	27,377	17.1	54,089	17.3
65+	24,395	16.1	33,809	21.1	58,204	18.7
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Table 2. Distribution of persons by sex and district

District	Male		Female		Total	
	Number	%	Number	%	Number	%
Southern Harbor	32,432	21.4	30,731	19.2	63,163	20.2
Northern Harbor	41,227	27.1	50,752	31.7	91,979	29.5
South Eastern	22,126	14.6	19,389	12.1	41,515	13.3
Western	25,091	16.5	26,584	16.6	51,675	16.6
Northern	20,080	13.2	22,719	14.2	42,799	13.7
Gozo and Comino	10,942	7.2	10,006	6.2	20,948	6.7
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Table 3. Distribution of persons by sex and educational level

Educational level	Male		Female		Total	
	Number	%	Number	%	Number	%
No schooling	4,395	2.9	5,548	3.5	9,943	3.2
Primary	33,583	22.1	47,484	29.6	81,067	26.0
Secondary	69,095	45.5	66,996	41.8	136,091	43.6
Post-secondary	28,497	18.8	26,340	16.4	54,837	17.6
Tertiary	16,328	10.7	13,813	8.6	30,141	9.7
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Table 4. Distribution of persons by sex and marital status

Marital Status	Male		Female		Total	
	Number	%	Number	%	Number	%
Married	95,961	63.2	99,747	62.3	195,708	62.7
Single	43,903	28.9	37,220	23.2	81,123	26.0
Divorced/Annulled/ Separated	4,609	3.0	5,987	3.7	10,596	3.4
Widowed	4,016	2.6	14,563	9.1	18,579	6.0
Cohabiting	3,409	2.2	2,664	1.7	6,073	1.9
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Leisure

Table 5. Prevalence of frequented places during the last 12 months

Place	1-3		4-6		7-11		12 +		Never		Total	
	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group
Cinemas	82,570	26.5	28,798	9.2	7,902	2.5	9,252	3.0	183,557	58.8	**312,079**	**100.0**
Live performance	70,849	22.7	20,763	6.7	7,973	2.6	4,227	1.4	208,267	66.7	**312,079**	**100.0**
Cultural sites	69,813	22.4	18,608	6.0	7,100	2.3	5,474	1.8	211,084	67.6	**312,079**	**100.0**
Live sport events	36,074	11.6	10,418	3.3	6,315	2.0	14,002	4.5	245,270	78.6	**312,079**	**100.0**
Bars/wine bars	42,108	13.5	23,234	7.4	15,811	5.1	51,520	16.5	179,406	57.5	**312,079**	**100.0**
Clubs	31,360	10.0	12,957	4.2	6,535	2.1	27,298	8.7	233,929	75.0	**312,079**	**100.0**
Casinos	19,506	6.3	2,160	0.7	2,209	0.7	3,591	1.2	284,613	91.2	**312,079**	**100.0**
Clubs/nightclubs/discos	30,256	9.7	12,534	4.0	9,170	2.9	30,467	9.8	229,652	73.6	**312,079**	**100.0**
Restaurants	60,259	19.3	51,762	16.6	41,706	13.4	93,030	29.8	65,322	20.9	**312,079**	**100.0**

Table 6. Number of persons by sex and places frequented during leisure time

Place	Male		Female		Total	
	Number	% group	Number	% group	Number	% group
Cinemas	63,086	41.5	65,435	40.9	128,521	41.2
Live performance	48,350	31.8	55,461	34.6	103,811	33.3
Cultural sites	48,760	32.1	52,235	32.6	100,995	32.4
Live sport events	43,664	28.7	23,146	14.5	66,810	21.4
Bars/wine bars	79,736	52.5	52,937	33.0	132,673	42.5
Clubs	51,469	33.9	26,680	16.7	78,149	25.0
Casinos	11,459	7.5	16,007	10.0	27,466	8.8
Dance-clubs/Nightclubs/Discos	49,203	32.4	33,224	20.7	82,427	26.4
Restaurants	121,340	79.9	125,419	78.3	246,757	79.1

Chart 1. Places frequented at least once during the 12 months prior to the survey

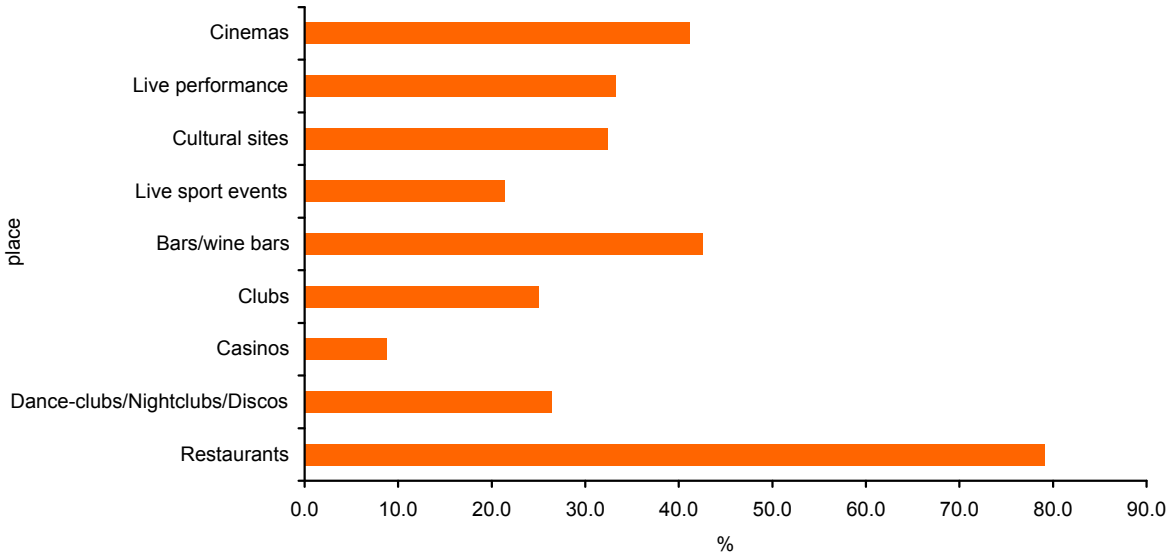

Table 7. Distribution of persons by age group and places frequented at least once in the 12 months prior to the survey

Place	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group
Cinemas	29,295	78.1	29,075	57.0	27,389	55.0	21,716	35.3	13,061	24.1	7,985	13.7	128,521	41.2
Live performance	16,543	44.1	21,631	42.4	19,873	39.9	17,515	28.5	17,902	33.1	10,347	17.8	103,811	33.3
Cultural sites	14,905	39.7	17,224	33.8	19,123	38.4	19,827	32.3	16,622	30.7	13,294	22.8	100,995	32.4
Live sport events	16,908	45.1	15,336	30.1	13,655	27.4	11,077	18.0	5,565	10.3	4,269	7.3	66,810	21.4
Bars/wine bars	33,044	88.1	32,827	64.3	21,156	42.5	22,033	35.9	17,303	32.0	6,310	10.8	132,673	42.5
Clubs	19,657	52.4	14,899	29.2	10,513	21.1	13,132	21.4	10,861	20.1	9,087	15.6	78,149	25.0
Casinos	537	1.4	7,013	13.7	4,756	9.6	6,210	10.1	4,501	8.3	4,449	7.6	27,466	8.8
Dance-clubs/Nightclubs/Discos	32,719	87.2	26,521	52.0	12,265	24.6	5,876	9.6	2,691	5.0	2,355	4.0	82,427	26.4
Restaurants	35,755	95.3	47,469	93.0	45,333	91.0	50,795	82.7	38,445	71.1	28,960	49.8	246,757	79.1

Table 8. Distribution of persons by district and places frequented at least once in the 12 months prior to the survey

Place	Southern Harbour		Northern Harbour		South Eastern		Western		Northern		Gozo and Comino		Total	
	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group
Cinemas	22,141	35.1	40,805	44.4	16,054	38.7	21,385	41.4	20,875	48.8	7,261	34.7	128,521	41.2
Live performance	18,907	29.9	30,628	33.3	12,408	29.9	19,843	38.4	16,200	37.9	5,825	27.8	103,811	33.3
Cultural sites	16,395	26.0	29,976	32.6	12,073	29.1	20,302	39.3	15,149	35.4	7,100	33.9	100,995	32.4
Live sport events	14,154	22.4	21,881	23.8	7,925	19.1	8,675	16.8	8,805	20.6	5,370	25.6	66,810	21.4
Bars/wine bars	24,703	39.1	40,701	44.2	15,128	36.4	23,880	46.2	19,361	45.2	8,900	42.5	132,673	42.5
Clubs	15,025	23.8	20,879	22.7	10,879	26.2	13,407	25.9	10,510	24.6	7,449	35.6	78,149	25.0
Casinos	6,686	10.6	9,973	10.8	2,528	6.1	3,713	7.2	4,105	9.6	461	2.2	27,466	8.8
Dance-clubs/Nightclubs/Discos	15,487	24.5	25,232	27.4	12,070	29.1	11,397	22.1	11,930	27.9	6,311	30.1	82,427	26.4
Restaurants	50,397	79.8	71,397	77.6	31,839	76.7	41,953	81.2	35,857	83.8	15,314	73.1	246,757	79.1

Table 9. Distribution of persons by sex and genres of music mostly listened to

Genres of music	Male		Female		Total	
	Number	%	Number	%	Number	%
Country	26,782	17.6	33,149	20.7	59,931	19.2
Pop	16,055	10.6	17,619	11.0	33,674	10.8
Rock	13,443	8.9	6,040	3.8	19,483	6.2
Hip-hop/Rap/R&B	3,287	2.2	2,627	1.6	5,914	1.9
Techno/Trance/House	8,031	5.3	3,427	2.1	11,458	3.7
Classical	15,754	10.4	18,255	11.4	34,009	10.9
Other	2,892	1.9	1,177	0.7	4,069	1.3
More than one type	56,555	37.2	64,785	40.4	121,340	38.9
Do not like music	9,099	6.0	13,102	8.2	22,201	7.1
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Chart 2. Genres of music mostly listened to

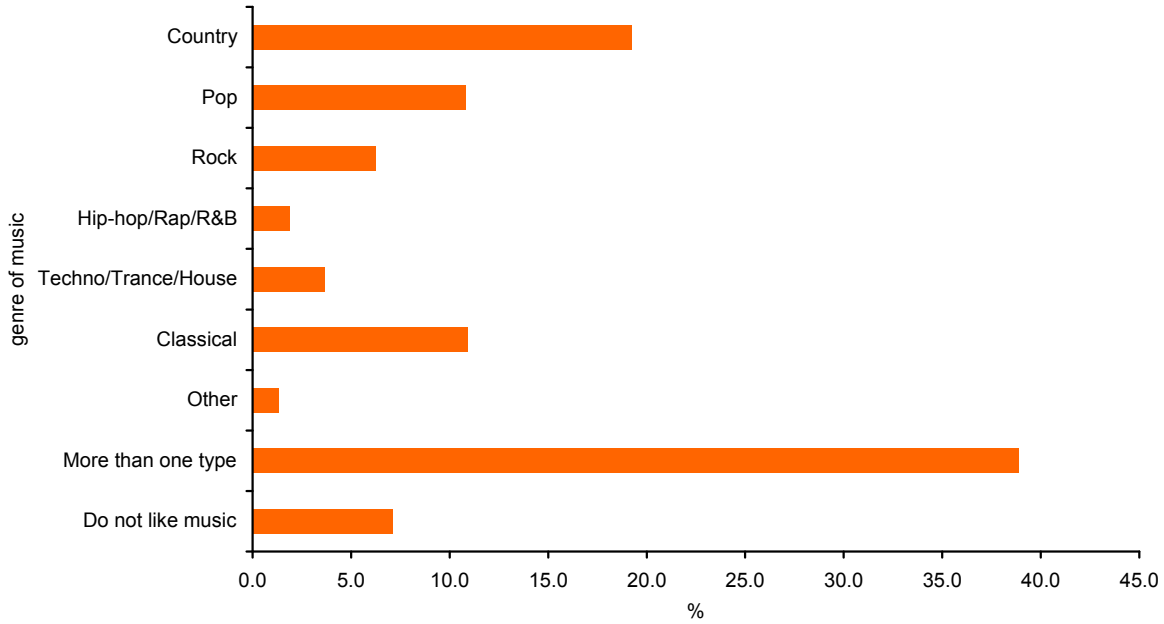

Table 10. Distribution of persons by age group and genres of music mostly listened to

Genres of music	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Country	162	0.4	1,569	3.1	6,205	12.5	12,564	20.5	19,976	36.9	19,454	33.4	59,930	19.2
Pop	3,756	10.0	4,734	9.3	11,684	23.5	7,447	12.1	4,920	9.1	1,133	1.9	33,674	10.8
Rock	3,886	10.4	7,600	14.9	2,969	6.0	2,788	4.5	1,399	2.6	841	1.4	19,483	6.2
Hip-hop/Rap/R&B	2,073	5.5	2,584	5.1	622	1.2	635	1.0	-	-	-	-	5,914	1.9
Techno/Trance/House	6,164	16.4	3,541	6.9	1,075	2.2	212	0.3	466	0.9	-	-	11,458	3.7
Classical	1,282	3.4	2,444	4.8	3,747	7.5	7,598	12.4	7,476	13.8	11,462	19.7	34,009	10.9
Other	162	0.4	915	1.8	1,439	2.9	609	1.0	565	1.0	379	0.7	4,069	1.3
More than one type	19,591	52.2	26,257	51.5	21,339	42.9	26,129	42.5	15,945	29.5	12,080	20.8	121,341	38.9
Do not like music	446	1.2	1,385	2.7	718	1.4	3,455	5.6	3,342	6.2	12,855	22.1	22,201	7.1
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,437**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Table 11. Number of persons by sex and type of hobby

Type of hobby	Male		Female		Total	
	Number	% group	Number	% group	Number	% group
Singing/dancing/acting	7,060	4.6	17,431	10.9	24,489	7.8
Playing a musical instrument	9,488	6.2	7,273	4.5	16,761	5.4
Bingo/Lotteries/Gambling	9,225	6.1	17,668	11.0	26,893	8.6
Reading	41,506	27.3	77,036	48.1	118,542	38.0
Collectibles	15,882	10.5	9,820	6.1	25,702	8.2
Arts and crafts	20,382	13.4	12,660	7.9	33,042	10.6
Internet	37,905	25.0	27,313	17.1	65,218	20.9
Gardening	29,268	19.3	26,511	16.6	55,779	17.9
Home decoration	20,941	13.8	47,860	29.9	68,801	22.0
Photography	10,382	6.8	6,546	4.1	16,928	5.5
Sewing/knitting	3,370	2.2	45,604	28.5	48,974	15.7
Bird-hunting/trapping	17,761	11.7	858	0.5	18,619	6.0
Model building	11,387	7.5	271	0.2	11,658	3.7
Travelling	39,263	25.8	40,403	25.2	79,666	25.5

Chart 3. Type of Hobby

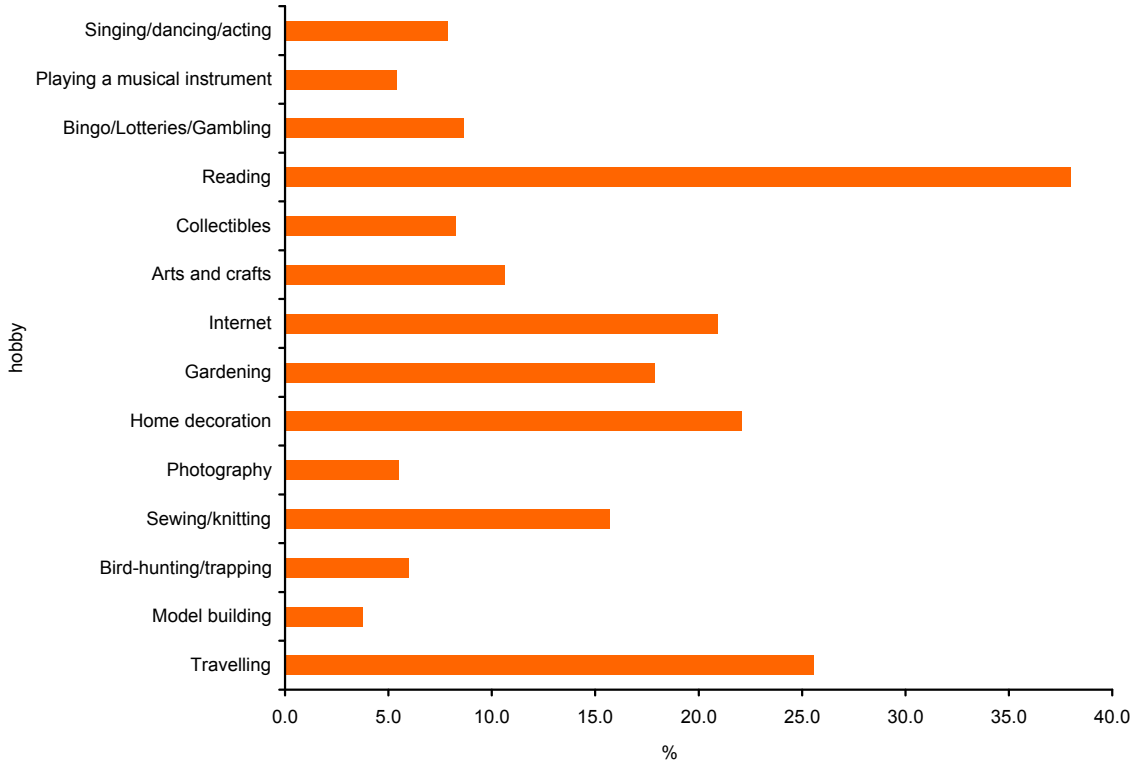

Table 12. Number of persons by age group and type of hobby

Type of hobby	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group
Singing/dancing/acting	6,497	17.3	4,746	9.3	3,137	6.3	4,184	6.8	3,253	6.0	2,672	4.6	24,489	7.8
Playing a musical instrument	3,031	8.1	3,661	7.2	3,234	6.5	1,726	2.8	3,224	6.0	1,885	3.2	16,761	5.4
Bingo/Lotteries/Gambling	1,138	3.0	2,138	4.2	2,142	4.3	5,177	8.4	7,593	14.0	8,707	15.0	26,893	8.6
Reading	12,770	34.0	20,406	40.0	20,753	41.7	23,423	38.1	19,892	36.8	21,298	36.6	118,542	38.0
Collectibles	3,516	9.4	3,418	6.7	4,905	9.9	4,516	7.4	4,575	8.5	4,772	8.2	25,702	8.2
Arts and crafts	5,934	15.8	5,888	11.5	5,534	11.1	6,865	11.2	5,351	9.9	3,470	6.0	33,042	10.6
Internet	19,487	51.9	17,780	34.8	12,210	24.5	6,434	10.5	7,349	13.6	1,958	3.4	65,218	20.9
Gardening	1,852	4.9	4,368	8.6	7,363	14.8	17,056	27.8	13,352	24.7	11,788	20.3	55,779	17.9
Home decoration	3,561	9.5	13,865	27.2	12,409	24.9	17,086	27.8	13,563	25.1	8,317	14.3	68,801	22.0
Photography	3,184	8.5	3,254	6.4	4,650	9.3	2,821	4.6	2,197	4.1	822	1.4	16,928	5.4
Sewing/knitting	2,494	6.6	4,560	8.9	6,726	13.5	14,530	23.7	9,789	18.1	10,875	18.7	48,974	15.7
Bird-hunting/trapping	3,870	10.3	2,291	4.5	1,767	3.5	4,418	7.2	1,953	3.6	4,320	7.4	18,619	6.0
Model building	2,462	6.6	2,655	5.2	2,851	5.7	1,706	2.8	659	1.2	1,325	2.3	11,658	3.7
Travelling	10,010	26.7	14,249	27.9	13,936	28.0	15,239	24.8	15,792	29.2	10,440	17.9	79,666	25.5

Table 13. Number of persons by district and type of hobby

Type of hobby	Southern Harbour		Northern Harbour		South Eastern		Western		Northern		Gozo and Comino		Total	
	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group	Number	% group
Singing/dancing/acting	4,648	7.4	7,603	8.3	2,585	6.2	3,629	7.0	4,064	9.5	1,960	9.4	24,489	7.8
Playing a musical instrument	3,181	5.0	4,747	5.2	2,675	6.4	2,731	5.3	1,503	3.5	1,924	9.2	16,761	5.4
Bingo/Lotteries/Gambling	5,894	9.3	8,198	8.9	3,493	8.4	3,838	7.4	4,130	9.7	1,340	6.4	26,893	8.6
Reading	21,110	33.4	36,056	39.2	15,984	38.5	20,996	40.6	18,123	42.3	6,273	29.9	118,542	38.0
Collectibles	5,247	8.3	7,114	7.7	2,750	6.6	4,564	8.8	4,392	10.3	1,635	7.8	25,702	8.2
Arts and crafts	8,141	12.9	8,710	9.5	4,747	11.4	5,563	10.8	4,073	9.5	1,808	8.6	33,042	10.6
Internet	12,323	19.5	19,721	21.4	9,797	23.6	10,427	20.2	8,978	21.0	3,972	19.0	65,218	20.9
Gardening	6,548	10.4	16,747	18.2	8,227	19.8	11,604	22.5	8,909	20.8	3,744	17.9	55,779	17.9
Home decoration	11,410	18.1	21,739	23.6	8,190	19.7	12,921	25.0	10,713	25.0	3,828	18.3	68,801	22.0
Photography	3,783	6.0	4,661	5.1	1,447	3.5	3,316	6.4	3,008	7.0	713	3.4	16,928	5.4
Sewing/knitting	8,772	13.9	14,408	15.7	6,674	16.1	7,152	13.8	7,607	17.8	4,361	20.8	48,974	15.7
Bird-hunting/trapping	3,122	4.9	2,370	2.6	4,337	10.4	4,949	9.6	1,999	4.7	1,842	8.8	18,619	6.0
Model building	2,654	4.2	4,394	4.8	1,324	3.2	1,965	3.8	1,036	2.4	285	1.4	11,658	3.7
Travelling	12,865	20.4	24,992	27.2	10,014	24.1	13,759	26.6	13,873	32.4	4,163	19.9	79,666	25.5

Exercise

Table 14. Distribution of persons undertaking a walk for at least 30 minutes per week by sex and age group

Age group	Walk		Do not walk		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	9,034	44.3	11,351	55.7	20,385	100.0
25-34	8,692	32.7	17,889	67.3	26,581	100.0
35-44	12,164	51.2	11,617	48.8	23,781	100.0
45-54	13,285	44.2	16,759	55.8	30,044	100.0
55-64	16,425	61.5	10,287	38.5	26,712	100.0
65 +	13,765	56.4	10,630	43.6	24,395	100.0
Total	**73,365**	**48.3**	**78,533**	**51.7**	**151,898**	**100.0**
			Female			
18-24	9,726	56.8	7,411	43.2	17,137	100.0
25-34	14,748	60.3	9,700	39.7	24,448	100.0
35-44	15,109	58.1	10,908	41.9	26,017	100.0
45-54	21,458	68.4	9,935	31.6	31,393	100.0
55-64	15,756	57.6	11,621	42.4	27,377	100.0
65 +	13,689	40.5	20,120	59.5	33,809	100.0
Total	**90,486**	**56.5**	**69,695**	**43.5**	**160,181**	**100.0**
			Total			
18-24	18,760	50.5	18,762	49.5	37,522	100.0
25-34	23,440	46.5	27,589	53.5	51,029	100.0
35-44	27,273	54.6	22,525	45.4	49,798	100.0
45-54	34,743	56.3	26,694	43.7	61,437	100.0
55-64	32,181	59.5	21,908	40.5	54,089	100.0
65 +	27,454	48.5	30,750	51.5	58,204	100.0
Total	**163,851**	**52.4**	**148,228**	**47.6**	**312,079**	**100.0**

Table 15. Distribution of persons undertaking a walk for at least 30 minutes per week by sex and district

Sex/district	Walk		Do not walk		Total	
	Number	%	Number	%	Number	%
Male						
Southern Harbour	15,239	47.0	17,193	53.0	32,432	100.0
Northern Harbour	21,005	51.0	20,222	49.0	41,227	100.0
South Eastern	9,065	41.0	13,061	59.0	22,126	100.0
Western	12,940	51.6	12,151	48.4	25,091	100.0
Northern	11,390	56.7	8,690	43.3	20,080	100.0
Gozo and Comino	3,726	34.1	7,216	65.9	10,942	100.0
Total	**73,365**	**48.3**	**78,533**	**51.7**	**151,898**	**100.0**
Female						
Southern Harbour	16,898	55.0	13,833	45.0	30,731	100.0
Northern Harbour	30,777	60.6	19,975	39.4	50,752	100.0
South Eastern	10,414	53.7	8,975	46.3	19,389	100.0
Western	14,723	55.4	11,861	44.6	26,584	100.0
Northern	13,281	58.5	9,438	41.5	22,719	100.0
Gozo and Comino	4,393	43.9	5,613	56.1	10,006	100.0
Total	**90,486**	**56.5**	**69,695**	**43.5**	**160,181**	**100.0**
Total						
Southern Harbour	32,137	51.0	31,026	49.0	63,163	100.0
Northern Harbour	51,782	55.8	40,197	44.2	91,979	100.0
South Eastern	19,480	47.3	22,035	52.7	41,515	100.0
Western	27,662	53.5	24,013	46.5	51,675	100.0
Northern	24,671	57.6	18,128	42.4	42,799	100.0
Gozo and Comino	8,119	39.0	12,829	61.0	20,948	100.0
Total	**163,851**	**52.4**	**148,228**	**47.6**	**312,079**	**100.0**

Chart 4. Percentage undertaking a walk for at least 30 minutes per week by district

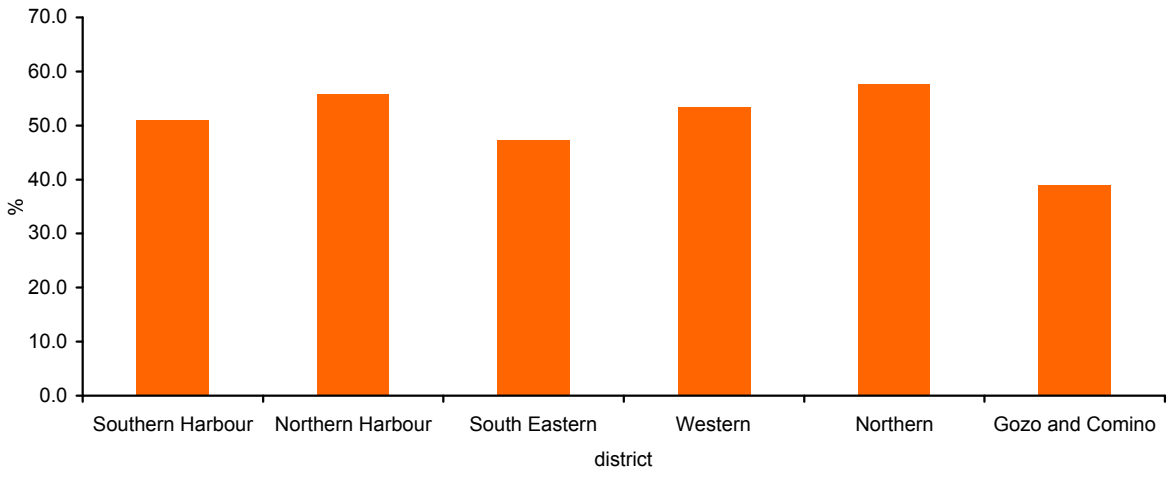

Table 16. Distribution of persons undertaking a walk for at least 30 minutes per week by marital status

Marital Status	Walk		Do not walk		Total	
	Number	%	Number	%	Number	%
Married	111,449	56.9	84,259	43.1	195,708	100.0
Single	40,051	49.4	41,072	50.6	81,123	100.0
Divorced/Annulled/Separated	3,806	35.9	6,790	64.1	10,596	100.0
Widowed	5,672	30.5	12,907	69.5	18,579	100.0
Cohabiting[u]	2,873	47.3	3,200	52.7	6,073	100.0
Total	**163,851**	**52.5**	**148,228**	**47.5**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Table 17. Distribution of persons carrying out some intensive exercise during the week by sex and age group

Sex/district	Does intensive exercise		Does not do any intensive exercise		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	11,092	54.4	9,293	45.6	20,385	100.0
25-34	8,117	30.5	18,464	69.5	26,581	100.0
35-44	6,672	28.1	17,109	71.9	23,781	100.0
45-54	8,970	29.9	21,074	70.1	30,044	100.0
55-64	6,347	23.8	20,365	76.2	26,712	100.0
65 +	2,737	11.2	21,658	88.8	24,395	100.0
Total	**43,935**	**28.9**	**107,963**	**71.1**	**151,898**	**100.0**
			Female			
18-24	7,265	42.4	9,872	57.6	17,137	100.0
25-34	9,101	37.2	15,347	62.8	24,448	100.0
35-44	11,301	43.4	14,716	56.6	26,017	100.0
45-54	11,548	36.8	19,845	63.2	31,393	100.0
55-64	7,127	26.0	20,250	74.0	27,377	100.0
65 +	3,490	10.3	30,319	89.7	33,809	100.0
Total	**49,832**	**31.1**	**110,349**	**68.9**	**160,181**	**100.0**
			Total			
18-24	18,357	48.4	19,165	51.6	37,522	100.0
25-34	17,217	33.9	33,812	66.1	51,029	100.0
35-44	17,973	35.7	31,825	64.3	49,798	100.0
45-54	20,518	33.3	40,919	66.7	61,437	100.0
55-64	13,474	24.9	40,615	75.1	54,089	100.0
65 +	6,228	10.8	51,978	89.2	58,204	100.0
Total	**93,767**	**30.0**	**218,312**	**70.0**	**312,079**	**100.0**

Table 18. Distribution of persons carrying out any intensive exercise during the week by sex and district

Sex/district	Does intensive exercise		Does not do any intensive exercise		Total	
	Number	%	Number	%	Number	%
Male						
Southern Harbour	7,406	22.8	25,026	77.2	32,432	100.0
Northern Harbour	11,000	26.7	30,227	73.3	41,227	100.0
South Eastern	7,082	32.0	15,044	68.0	22,126	100.0
Western	8,012	31.9	17,079	68.1	25,091	100.0
Northern	7,616	37.9	12,464	62.1	20,080	100.0
Gozo and Comino	2,819	25.8	8,123	74.2	10,942	100.0
Total	**43,935**	**28.9**	**107,963**	**71.1**	**151,898**	**100.0**
Female						
Southern Harbour	8,641	28.1	22,090	71.9	30,731	100.0
Northern Harbour	14,575	28.7	36,177	71.3	50,752	100.0
South Eastern	5,164	26.6	14,225	73.4	19,389	100.0
Western	9,118	34.3	17,466	65.7	26,584	100.0
Northern	8,506	37.4	14,213	62.6	22,719	100.0
Gozo and Comino	3,828	38.3	6,178	61.7	10,006	100.0
Total	**49,832**	**31.1**	**110,349**	**68.9**	**160,181**	**100.0**
Total						
Southern Harbour	16,047	25.5	47,116	74.5	63,163	100.0
Northern Harbour	25,576	27.7	66,403	72.3	91,979	100.0
South Eastern	12,245	29.3	29,270	70.7	41,515	100.0
Western	17,130	33.1	34,545	66.9	51,675	100.0
Northern	16,122	37.7	26,677	62.3	42,799	100.0
Gozo and Comino	6,647	32.0	14,301	68.0	20,948	100.0
Total	**93,767**	**30.0**	**218,312**	**70.0**	**312,079**	**100.0**

Chart 5. Percentage of people carrying out any intensive exercise during the week by district

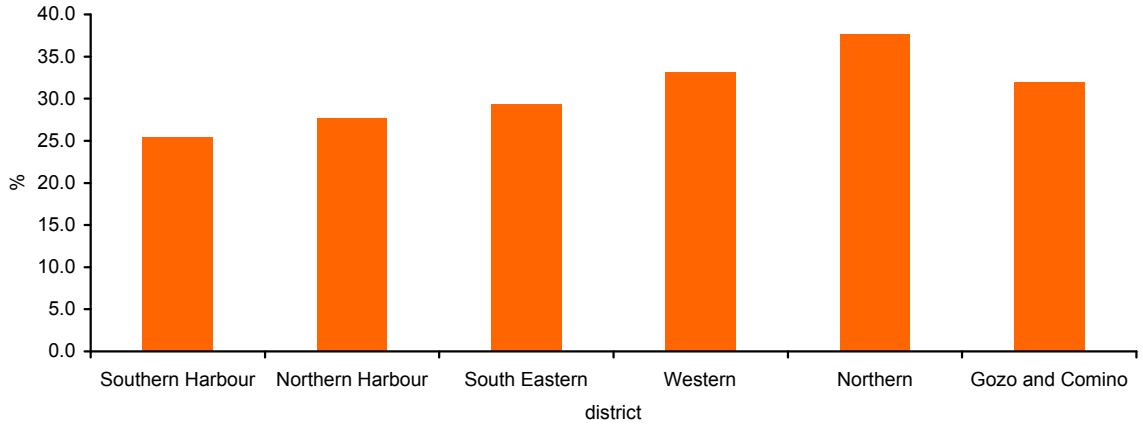

Table 19. Distribution of persons carrying out any intensive exercise during the week by marital status

Marital Status	Does intensive exercise		Does not do any intensive exercise		Total	
	Number	%	Number	%	Number	%
Married	59,008	30.2	136,700	69.8	195,708	100.0
Single	29,545	36.4	51,578	63.6	81,123	100.0
Divorced/Annulled/Separated	1,934	18.3	8,662	81.7	10,596	100.0
Widowed	1,271	6.8	17,308	93.2	18,579	100.0
Cohabiting[u]	2,009	33.1	4,064	66.9	6,073	100.0
Total	**93,767**	**30.0**	**218,312**	**70.0**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Table 20. Average number of minutes per week spent doing intensive exercise by sex

Sex	Number
Male	38.5
Female	39.6
Total	**39.1**

Table 21. Average number of minutes per week spent doing intensive exercise by age group

Age group	Number
18 - 24	72.1
25 - 34	52.6
35 - 44	38.4
45 - 54	45.6
55 - 64	28.5
65 +	9.5
Total	**39.1**

Table 22. Average number of minutes per week spent doing intensive exercise by district

District	Number
Southern Harbour	29.9
Northern Harbour	40.4
South Eastern	39.2
Western	41.4
Northern	50.1
Gozo and Comino	32.9
Total	**39.1**

Table 23. Distribution of persons attending a gym/fitness club at least once weekly by sex and age group

Age group	Attend a gym/fitness club		Do not attend a gym/fitness club		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	3,907	19.2	16,478	80.8	20,385	100.0
25-34	2,166	8.1	24,414	91.9	26,581	100.0
35-44	2,013	8.5	21,768	91.5	23,781	100.0
45-54	1,069	3.6	28,974	96.4	30,044	100.0
55-64	1,115	4.2	25,597	95.8	26,712	100.0
65 +	1,093	4.5	23,302	95.5	24,395	100.0
Total	**11,363**	**7.5**	**140,535**	**92.5**	**151,898**	**100.0**
			Female			
18-24	2,613	15.2	14,524	84.8	17,137	100.0
25-34	3,980	16.3	20,468	83.7	24,448	100.0
35-44	3,223	12.4	22,794	87.6	26,017	100.0
45-54	2,707	8.6	28,686	91.4	31,393	100.0
55-64	3,186	11.6	24,191	88.4	27,377	100.0
65 +	1,453	4.3	32,356	95.7	33,809	100.0
Total	**17,162**	**10.7**	**143,019**	**89.3**	**160,181**	**100.0**
			Total			
18-24	6,520	17.2	31,002	82.8	37,522	100.0
25-34	6,146	12.2	44,883	87.8	51,029	100.0
35-44	5,236	10.4	44,562	89.6	49,798	100.0
45-54	3,776	6.1	57,661	93.9	61,437	100.0
55-64	4,301	7.9	49,788	92.1	54,089	100.0
65 +	2,546	4.4	55,658	95.6	58,204	100.0
Total	**28,525**	**9.1**	**283,554**	**90.9**	**312,079**	**100.0**

Table 24. Distribution of persons attending a gym/fitness club at least once weekly by sex and district

Sex/district	Attend a gym/fitness club		Do not attend a gym/fitness club		Total	
	Number	%	Number	%	Number	%
Male						
Southern Harbour	1,572	4.8	30,860	95.2	32,432	100.0
Northern Harbour	4,785	11.6	36,442	88.4	41,227	100.0
South Eastern	704	3.2	21,422	96.8	22,126	100.0
Western	2,369	9.4	22,722	90.6	25,091	100.0
Northern	1,776	8.8	18,304	91.2	20,080	100.0
Gozo and Comino	157	1.4	10,785	98.6	10,942	100.0
Total	**11,363**	**7.5**	**140,535**	**92.5**	**151,898**	**100.0**
Female						
Southern Harbour	2,959	9.6	27,772	90.4	30,731	100.0
Northern Harbour	7,000	13.8	43,752	86.2	50,752	100.0
South Eastern	692	3.6	18,697	96.4	19,389	100.0
Western	2,452	9.2	24,132	90.8	26,584	100.0
Northern	3,262	14.4	19,457	85.6	22,719	100.0
Gozo and Comino	797	8.0	9,209	92.0	10,006	100.0
Total	**17,162**	**10.7**	**143,019**	**89.3**	**160,181**	**100.0**
Total						
Southern Harbour	4,532	7.2	58,631	92.8	63,163	100.0
Northern Harbour	11,785	12.7	80,195	87.3	91,979	100.0
South Eastern	1,396	3.4	40,118	96.6	41,515	100.0
Western	4,821	9.3	46,854	90.7	51,675	100.0
Northern	5,038	11.6	37,761	88.4	42,799	100.0
Gozo and Comino	953	4.7	19,995	95.3	20,948	100.0
Total	**28,525**	**9.1**	**283,554**	**90.9**	**312,079**	**100.0**

Table 25. Distribution of persons attending a gym/fitness club at least once weekly by marital status

Marital Status	Attend a gym/fitness club		Do not attend a gym/fitness club		Total	
	Number	%	Number	%	Number	%
Married	15,929	8.1	179,779	91.9	195,708	100.0
Single	10,771	13.3	70,352	86.7	81,123	100.0
Divorced/Annulled/Separated	786	7.4	9,810	92.6	10,596	100.0
Widowed	905	4.9	17,674	95.1	18,579	100.0
Cohabiting[u]	134	2.2	5,939	97.8	6,073	100.0
Total	**28,525**	**9.1**	**283,554**	**90.9**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Transport

Table 26. Distribution of persons by sex and mode of transport most frequently used to go to work or school

Mode of transport	Male		Female		Total	
	Number	%	Number	%	Number	%
Car/motorcycle	81,057	53.4	38,377	24.0	119,434	38.3
Bus/Minivan/Coach	11,279	7.4	9,693	6.1	20,972	6.7
Bicycle	1,303	0.9	-	-	1,303	0.4
Walk	8,787	5.8	5,653	3.5	14,440	4.6
Do not work or go to school	49,471	32.6	106,459	66.5	155,930	50.0
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Chart 6. Mode of transport most frequently used to go to work or school

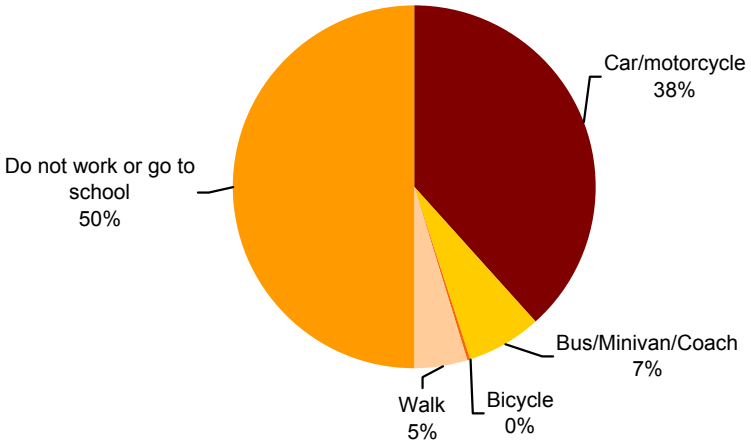

Table 27. Distribution of persons by age group and mode of transport most frequently used to go to work or school

Mode of transport	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Car/motorcycle	20,472	54.6	33,738	66.1	27,360	54.9	24,638	40.1	11,842	21.9	1,384	2.4	119,434	38.3
Bus/Minivan/Coach	9,208	24.5	2,726	5.3	1,918	3.9	5,471	8.9	1,649	3.0	-	-	20,972	6.7
Bicycle	966	2.6	337	0.7	-	-	-	-	-	-	-	-	1,303	0.4
Walk	3,410	9.1	1,981	3.9	3,081	6.2	3,779	6.2	1,972	3.6	217	0.4	14,440	4.6
Do not work or go to school	3,466	9.2	12,247	24.0	17,439	35.0	27,549	44.8	38,626	71.4	56,603	97.2	155,930	50.0
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,437**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Table 28. Distribution of persons by district and mode of transport most frequently used to go to work or school

Transport mode	Southern Harbour		Northern Harbour		South Eastern		Western		Northern		Gozo and Comino		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Car/motorcycle	23,085	36.5	27,961	30.4	18,322	44.1	22,399	43.3	19,709	46.1	7,959	38.0	119,434	38.3
Bus/Minivan/Coach	5,303	8.4	5,658	6.2	2,286	5.5	3,769	7.3	2,570	6.0	1,386	6.6	20,972	6.7
Bicycle	341	0.5	340	0.4	337	0.8	-	-	-	-	285	1.4	1,303	0.4
Walk	3,662	5.8	6,186	6.7	1,177	2.8	1,395	2.7	1,240	2.9	780	3.7	14,440	4.6
Do not work or go to school	30,772	48.7	51,835	56.4	19,393	46.7	24,112	46.7	19,280	45.0	10,538	50.3	155,930	50.0
Total	**63,163**	**100.0**	**91,979**	**100.0**	**41,515**	**100.0**	**51,675**	**100.0**	**42,799**	**100.0**	**20,948**	**100.0**	**312,079**	**100.0**

Table 29. Distribution of persons by sex and mode of transport most frequently used for going out

Type of transport	Male		Female		Total	
	Number	%	Number	%	Number	%
Car/motorcycle	117,978	77.7	93,189	58.2	211,167	67.7
Bus/Minivan/Coach	12,886	8.5	30,196	18.9	43,082	13.8
Taxi	344	0.2	-	-	344	0.1
Bicycle	625	0.4	184	0.1	809	0.3
Walk	15,405	10.1	29,256	18.3	44,661	14.3
Do not go out	4,660	3.1	7,357	4.6	12,016	3.9
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Chart 7. Mode of transport used for going out

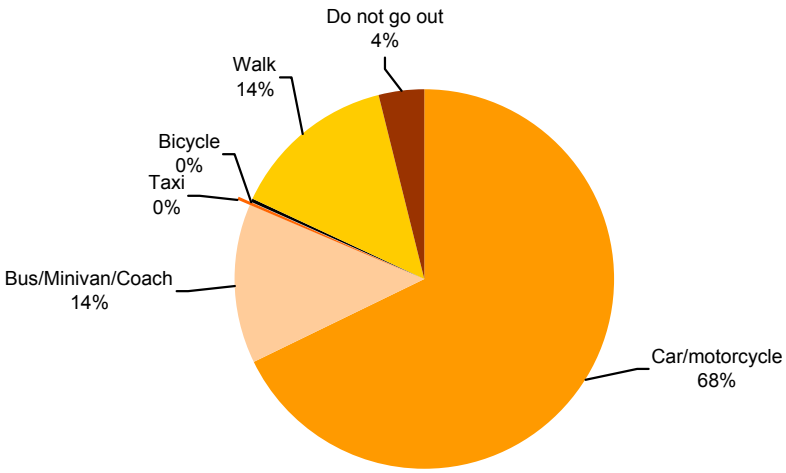

Table 30. Distribution of persons by age group and mode of transport most frequently used for going out

Type of transport	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Car/motorcycle	27,231	72.6	46,223	90.6	40,188	80.7	43,420	70.7	32,715	60.5	21,390	36.7	211,167	67.7
Bus/Minivan/Coach	5,926	15.8	2,222	4.4	2,882	5.8	8,924	14.5	11,870	21.9	11,258	19.3	43,082	13.8
Taxi	-	-	-	-	344	0.7	-	-	-	-	-	-	344	0.1
Bicycle	625	1.7	-	-	-	-	-	-	-	-	184	0.3	809	0.3
Walk	3,739	10.0	1,911	3.7	5,865	11.8	7,981	13.0	8,301	15.3	16,864	29.0	44,661	14.3
Do not go out	-	-	674	1.3	519	1.0	1,113	1.8	1,203	2.2	8,508	14.6	12,016	3.9
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,437**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Table 31. Distribution of persons by district and mode of transport most frequently used for going out

Type of transport	Southern Harbour		Northern Harbour		South Eastern		Western		Northern		Gozo and Comino		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Car/motorcycle	37,451	59.3	58,859	64.0	30,579	73.7	37,023	71.6	31,930	74.6	15,325	73.2	211,167	67.7
Bus/Minivan/Coach	13,588	21.5	13,103	14.2	19,483	11.9	5,821	11.3	4,737	11.1	882	4.2	43,082	13.8
Taxi	-	-	-	-	-	-	344	0.7	-	-	-	-	344	0.1
Bicycle	341	0.5	-	-	184	0.4	-	-	-	-	285	1.4	809	0.3
Walk	8,444	13.4	16,089	17.5	5,216	12.6	7,155	13.8	5,016	11.7	2,742	13.1	44,661	14.3
Do not go out	3,339	5.3	3,930	4.3	585	1.4	1,331	2.6	1,117	2.6	1,715	8.2	12,016	3.9
Total	**63,163**	**100.0**	**91,979**	**100.0**	**41,515**	**100.0**	**51,675**	**100.0**	**42,799**	**100.0**	**20,948**	**100.0**	**312,079**	**100.0**

Table 32. Distribution of persons who own or make use of a car by sex and age group

Age group	Yes		No		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	15,641	76.7	4,744	23.3	20,385	100.0
25-34	23,875	89.8	2,706	10.2	26,581	100.0
35-44	21,410	90.0	2,371	10.0	23,781	100.0
45-54	28,291	94.2	1,752	5.8	30,044	100.0
55-64	23,378	87.5	3,334	12.5	26,712	100.0
65 +	15,324	62.8	9,071	37.2	24,395	100.0
Total	**127,920**	**84.2**	**23,978**	**15.8**	**151,898**	**100.0**
			Female			
18-24	11,541	67.3	5,596	32.7	17,137	100.0
25-34	20,941	85.7	3,508	14.3	24,448	100.0
35-44	19,572	75.2	6,445	24.8	26,017	100.0
45-54	22,210	70.7	9,184	29.3	31,393	100.0
55-64	15,322	56.0	12,055	44.0	27,377	100.0
65 +	8,861	26.2	24,948	73.8	33,809	100.0
Total	**98,445**	**61.5**	**61,736**	**38.5**	**160,181**	**100.0**
			Total			
18-24	27,182	72.0	10,340	28.0	37,522	100.0
25-34	44,816	87.7	6,214	12.3	51,029	100.0
35-44	40,982	82.6	8,816	17.4	49,798	100.0
45-54	50,501	82.5	10,936	17.5	61,437	100.0
55-64	38,700	71.7	15,389	28.3	54,089	100.0
65 +	24,185	44.5	34,019	55.5	58,204	100.0
Total	**226,365**	**72.8**	**85,714**	**27.2**	**312,079**	**100.0**

Chart 8. Usage of a car by sex

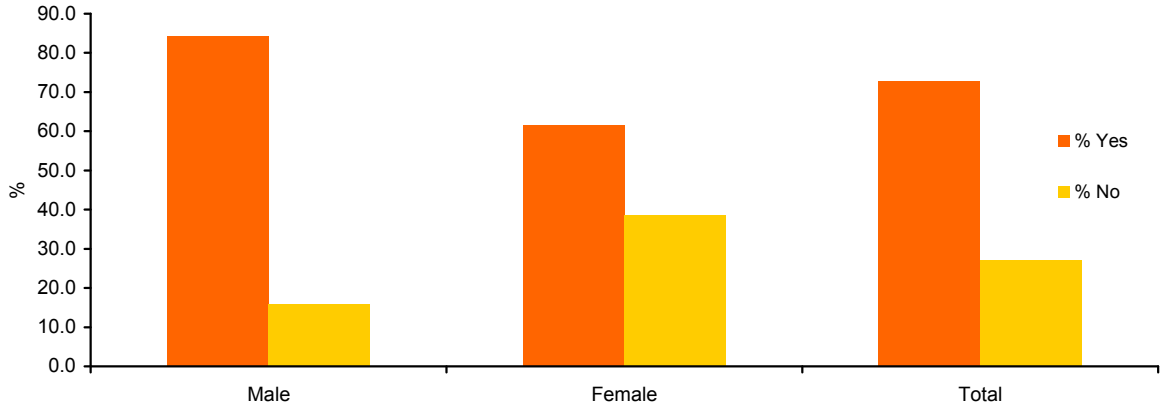

Table 33. Distribution of persons who own or make use of a car by sex and district

Age group	Yes		No		Total	
	Number	%	Number	%	Number	%
Male						
Southern Harbour	27,063	83.4	5,368	16.6	32,432	100.0
Northern Harbour	32,610	79.1	8,617	20.9	41,226	100.0
South Eastern	19,272	87.1	2,855	12.9	22,126	100.0
Western	22,809	90.9	2,281	9.1	25,091	100.0
Northern	17,306	86.2	2,774	13.8	20,080	100.0
Gozo and Comino	8,859	81.0	2,083	19.0	10,942	100.0
Total	**127,920**	**84.2**	**23,978**	**15.8**	**151,898**	**100.0**
Female						
Southern Harbour	15,525	50.5	15,206	49.5	30,731	100.0
Northern Harbour	32,079	63.2	18,675	36.8	50,754	100.0
South Eastern	11,784	60.8	7,604	39.2	19,388	100.0
Western	16,669	62.7	9,915	37.3	26,584	100.0
Northern	15,294	67.3	7,425	32.7	22,719	100.0
Gozo and Comino	7,095	70.9	2,910	29.1	10,006	100.0
Total	**98,445**	**61.5**	**61,736**	**38.5**	**160,181**	**100.0**
Total						
Southern Harbour	42,588	67.0	20,574	33.0	63,163	100.0
Northern Harbour	64,689	71.2	27,292	28.8	91,980	100.0
South Eastern	31,056	73.9	10,459	26.1	41,514	100.0
Western	39,478	76.8	12,196	23.2	51,675	100.0
Northern	32,600	76.8	10,199	23.2	42,799	100.0
Gozo and Comino	15,954	75.9	4,993	24.1	20,948	100.0
Total	**226,365**	**72.8**	**85,714**	**27.2**	**312,079**	**100.0**

Holiday

Table 34. Distribution of persons having spent at least one night on a local holiday by sex and age group

Age group	Spent at least one night for a local holiday		Did not spend any nights for a local holiday		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	10,666	52.3	9,719	47.7	20,385	100.0
25-34	12,833	48.3	13,748	51.7	26,581	100.0
35-44	8,818	37.1	14,963	62.9	23,781	100.0
45-54	9,989	33.2	20,054	66.8	30,044	100.0
55-64	7,118	26.6	19,594	73.4	26,712	100.0
65 +	3,498	14.3	20,897	85.7	24,395	100.0
Total	**52,923**	**34.8**	**98,975**	**65.2**	**151,898**	**100.0**
			Female			
18-24	9,149	53.4	7,988	46.6	17,137	100.0
25-34	13,026	53.3	11,422	46.7	24,448	100.0
35-44	10,694	41.1	15,323	58.9	26,017	100.0
45-54	10,688	34.0	20,706	66.0	31,393	100.0
55-64	6,635	24.2	20,742	75.8	27,377	100.0
65 +	6,612	19.6	27,197	80.4	33,809	100.0
Total	**56,804**	**35.5**	**103,377**	**64.5**	**160,181**	**100.0**
			Total			
18-24	19,815	52.9	17,707	47.1	37,522	100.0
25-34	25,859	50.8	25,170	49.2	51,029	100.0
35-44	19,512	39.1	30,286	60.9	49,798	100.0
45-54	20,677	33.6	40,760	66.4	61,437	100.0
55-64	13,753	25.4	40,336	74.6	54,089	100.0
65 +	10,110	16.9	48,094	83.1	58,204	100.0
Total	**109,727**	**35.2**	**202,352**	**64.8**	**312,079**	**100.0**

Table 35. Distribution of persons having spent at least one night on a local holiday by sex and district

Age group	Spent at least one night for a local holiday		Did not spend any nights for a local holiday		Total	
	Number	%	Number	%	Number	%
Male						
Southern Harbour	11,416	35.2	21,016	64.8	32,432	100.0
Northern Harbour	14,932	36.2	26,294	63.8	41,227	100.0
South Eastern	7,877	35.6	14,249	64.4	22,126	100.0
Western	8,571	34.2	16,519	65.8	25,091	100.0
Northern	7,931	39.5	12,149	60.5	20,080	100.0
Gozo and Comino	2,194	20.1	8,748	79.9	10,942	100.0
Total	**52,923**	**34.8**	**98,975**	**65.2**	**151,898**	**100.0**
Female						
Southern Harbour	10,982	35.7	19,749	64.3	30,731	100.0
Northern Harbour	19,894	39.2	30,860	60.8	50,752	100.0
South Eastern	6,996	36.1	12,393	63.9	19,389	100.0
Western	8,029	30.2	18,555	69.8	26,584	100.0
Northern	8,403	37.0	14,315	63.0	22,719	100.0
Gozo and Comino	2,500	25.0	7,506	75.0	10,006	100.0
Total	**56,804**	**35.5**	**103,377**	**64.5**	**160,181**	**100.0**
Total						
Southern Harbour	22,398	35.5	40,765	64.5	63,163	100.0
Northern Harbour	34,826	37.7	57,154	62.3	91,979	100.0
South Eastern	14,873	35.8	26,642	64.2	41,515	100.0
Western	16,600	32.2	35,074	67.8	51,675	100.0
Northern	16,334	38.2	26,464	61.8	42,799	100.0
Gozo and Comino	4,694	22.5	16,254	77.5	20,948	100.0
Total	**109,727**	**35.2**	**202,352**	**64.8**	**312,079**	**100.0**

Chart 9. Holidays locally by district

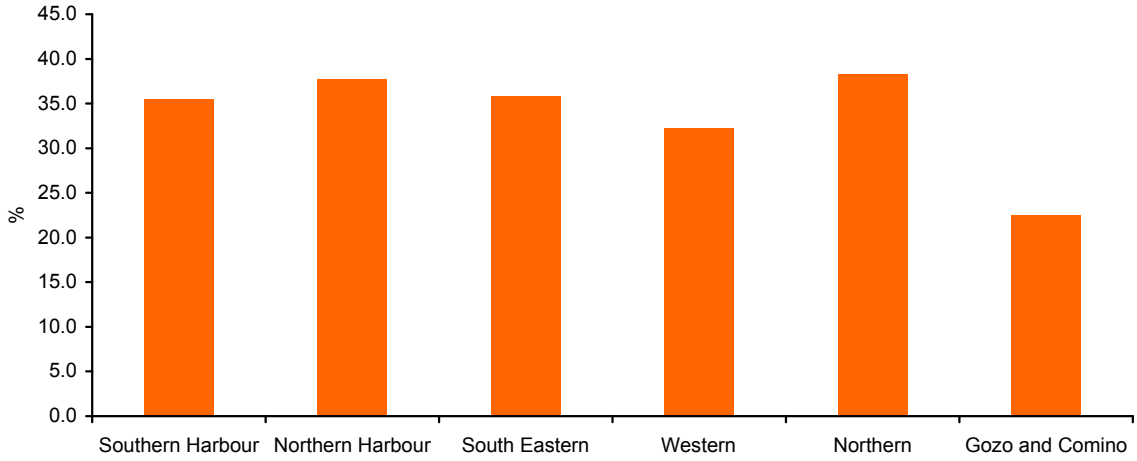

Table 36. Distribution of persons having spent at least one night on a holiday abroad by sex and age group

Age group	Spent at least one night for a holiday abroad		Did not spend any nights for a holiday abroad		Total	
	Number	%	Number	%	Number	%
Male						
18-24	5,511	27.0	14,874	73.0	20,385	100.0
25-34	8,890	33.4	17,690	66.6	26,581	100.0
35-44	7,654	32.2	16,127	67.8	23,781	100.0
45-54	10,080	33.6	19,963	66.4	30,044	100.0
55-64	10,335	38.7	16,377	61.3	26,712	100.0
65 +	3,786	15.5	20,609	84.5	24,395	100.0
Total	**46,257**	**30.5**	**105,641**	**69.5**	**151,898**	**100.0**
Female						
18-24	5,697	33.2	11,439	66.8	17,137	100.0
25-34	9,872	40.4	14,576	59.6	24,448	100.0
35-44	7,778	29.9	18,239	70.1	26,017	100.0
45-54	8,668	27.6	22,726	72.4	31,393	100.0
55-64	8,931	32.6	18,446	67.4	27,377	100.0
65 +	5,048	14.9	28,760	85.1	33,809	100.0
Total	**45,995**	**28.7**	**114,186**	**71.3**	**160,181**	**100.0**
Total						
18-24	11,208	30.1	26,313	69.9	37,522	100.0
25-34	18,762	36.9	32,266	63.1	51,029	100.0
35-44	15,432	31.0	34,366	69.0	49,798	100.0
45-54	18,748	30.6	42,689	69.4	61,437	100.0
55-64	19,266	35.7	34,823	64.3	54,089	100.0
65 +	8,834	15.2	49,369	84.8	58,204	100.0
Total	**92,252**	**29.6**	**219,827**	**70.4**	**312,079**	**100.0**

Table 37. Distribution of persons having spent at least one night on a holiday abroad by sex and district

Age group	Spent at least one night		Did not spend any nights		Total	
	Number	%	Number	%	Number	%
Male						
Southern Harbour	7,878	24.3	24,554	75.7	32,432	100.0
Northern Harbour	11,343	27.5	29,883	72.5	41,227	100.0
South Eastern	7,229	32.7	14,897	67.3	22,126	100.0
Western	6,954	27.7	18,137	72.3	25,091	100.0
Northern	9,820	48.9	10,261	51.1	20,080	100.0
Gozo and Comino	3,033	27.7	7,909	72.3	10,942	100.0
Total	**46,257**	**30.5**	**105,641**	**69.5**	**151,898**	**100.0**
Female						
Southern Harbour	7,478	24.3	23,253	75.7	30,731	100.0
Northern Harbour	16,901	33.3	33,853	66.7	50,752	100.0
South Eastern	4,342	22.4	15,046	77.6	19,389	100.0
Western	7,625	28.7	18,958	71.3	26,584	100.0
Northern	8,238	36.3	14,481	63.7	22,719	100.0
Gozo and Comino	1,411	14.1	8,595	85.9	10,006	100.0
Total	**45,995**	**28.7**	**114,186**	**71.3**	**160,181**	**100.0**
Total						
Southern Harbour	15,356	24.3	47,807	75.7	63,163	100.0
Northern Harbour	28,244	30.4	63,736	69.6	91,979	100.0
South Eastern	11,571	27.5	29,943	72.5	41,515	100.0
Western	14,579	28.2	37,095	71.8	51,675	100.0
Northern	18,058	42.6	24,742	57.4	42,799	100.0
Gozo and Comino	4,444	20.9	16,504	79.1	20,948	100.0
Total	**92,252**	**29.6**	**219,827**	**70.4**	**312,079**	**100.0**

Chart 10. Holidays abroad by district

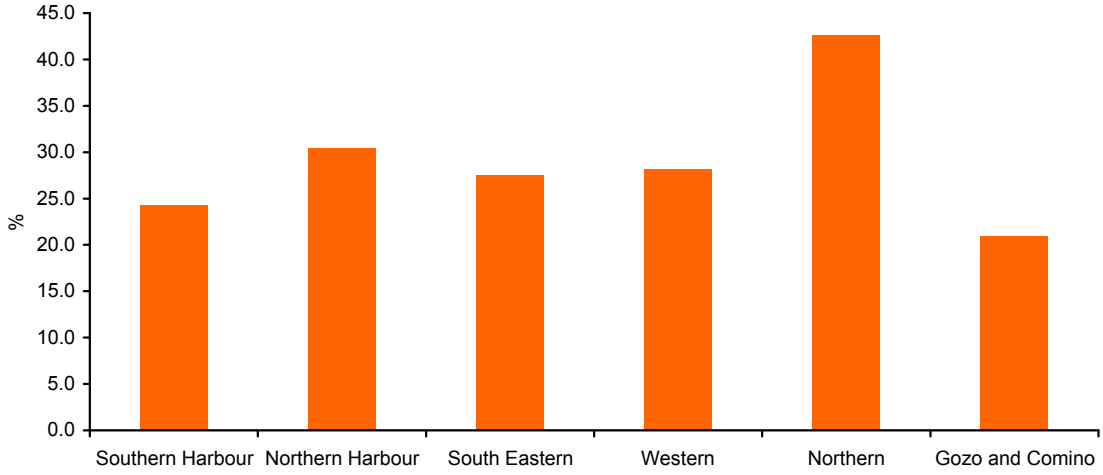

Table 38. Average number of nights spent on holiday by sex

Sex	Local	Abroad	Average
Male	6.5	12.7	9.6
Female	7.1	14.0	10.6
Total	**6.8**	13.4	10.1

Table 39. Average number of nights spent on holiday by age group

Age group	Local	Abroad
18 - 24	6.3	16.4
25 - 34	6.3	12.4
35 - 44	6.3	10.2
45 - 54	6.2	13.6
55 - 64	8.0	13.8
65 +	9.5	16.0
Total	**6.8**	**13.4**

Table 40. Average number of nights spent on holiday by district

District	Local	Abroad
Southern Harbour	5.9	10.8
Northern Harbour	7.9	16.3
South Eastern	5.2	11.3
Western	8.0	12.4
Northern	6.5	12.0
Gozo and Comino	4.9	18.3
Total	**6.8**	**13.4**

Health

Table 41. Average rating of physical health by sex and age group*

Age group	Male	Female	Total
18-24	1.9	2.1	2.0
25-34	2.1	2.1	2.1
35-44	2.4	2.2	2.3
45-54	2.3	2.3	2.3
55-64	2.5	2.5	2.5
65+	2.7	2.8	2.7
Total	**2.3**	**2.4**	**2.3**

*where 1 = very good and 5 = very bad

Table 42. Average rating of physical health by sex and educational level*

Educational level	Male	Female	Total
No schooling	2.9	2.6	2.8
Primary	2.7	2.6	2.6
Secondary	2.2	2.3	2.3
Post-secondary	2.1	2.1	2.1
Tertiary	2.2	2.2	2.2
Total	**2.3**	**2.4**	**2.3**

*where 1 = very good and 5 = very bad

Table 43. Average rating of mental health condition by sex and age group*

Age group	Male	Female	Total
18-24	1.7	1.9	1.8
25-34	1.9	2.0	2.0
35-44	1.7	1.9	1.8
45-54	1.9	1.9	1.9
55-64	1.9	1.9	1.9
65+	2.0	2.0	2.0
Total	**1.9**	**1.9**	**1.9**

*where 1 = very good and 5 = very bad

Table 44. Average rating of mental health condition by sex and educational level*

Educational level	Male	Female	Total
No schooling	2.2	2.1	2.1
Primary	2.1	2.0	2.0
Secondary	1.9	1.9	1.9
Post-secondary	1.6	1.8	1.7
Tertiary	1.7	1.9	1.8
Total	**1.9**	**1.9**	**1.9**

*where 1 = very good and 5 = very bad

Table 45. Distribution of persons whose daily activity or work is limited by a long-term illness, health problem or disability by sex and district

District	Limited		Not limited		Total	
	Number	%	Number	%	Number	%
			Male			
Southern Harbour	7,638	23.6	24,794	76.4	32,432	100.0
Northern Harbour	11,847	28.7	29,379	71.3	41,227	100.0
South Eastern	5,750	26.0	16,376	74.0	22,126	100.0
Western	6,380	25.4	18,711	74.6	25,091	100.0
Northern	4,194	20.9	15,886	79.1	20,080	100.0
Gozo and Comino	3,009	27.5	7,933	72.5	10,942	100.0
Total	**38,818**	**25.6**	**113,080**	**74.4**	**151,898**	**100.0**
			Female			
Southern Harbour	7,784	25.3	22,947	74.7	30,731	100.0
Northern Harbour	11,707	23.1	39,047	76.9	50,752	100.0
South Eastern	2,657	13.7	16,731	86.3	19,389	100.0
Western	6,377	24.0	20,207	76.0	26,584	100.0
Northern	4,070	17.9	18,649	82.1	22,719	100.0
Gozo and Comino	2,400	24.0	7,606	76.0	10,006	100.0
Total	**34,995**	**21.8**	**125,186**	**78.2**	**160,181**	**100.0**
			Total			
Southern Harbour	15,422	24.4	47,741	75.6	63,163	100.0
Northern Harbour	23,554	25.9	68,426	74.1	91,979	100.0
South Eastern	8,407	19.8	33,107	80.2	41,515	100.0
Western	12,757	24.7	38,918	75.3	51,675	100.0
Northern	8,264	19.4	34,535	80.6	42,799	100.0
Gozo and Comino	5,409	25.7	15,539	74.3	20,948	100.0
Total	**73,813**	**23.7**	**238,266**	**76.3**	**312,079**	**100.0**

Table 46. Distribution of persons whose daily activity or work is limited by a long-term illness, health problem or disability by sex and age group

Age group	Limited		Not limited		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	3,529	17.3	16,856	82.7	20,385	100.0
25-34	3,874	14.6	22,706	85.4	26,581	100.0
35-44	6,034	25.4	17,747	74.6	23,781	100.0
45-54	6,936	23.1	23,107	76.9	30,044	100.0
55-64	7,786	29.1	18,927	70.9	26,712	100.0
65+	10,658	43.7	13,737	56.3	24,395	100.0
Total	**38,818**	**25.6**	**113,080**	**74.4**	**151,898**	**100.0**
			Female			
18-24	1,725	10.1	15,411	89.9	17,137	100.0
25-34	3,993	16.3	20,456	83.7	24,448	100.0
35-44	3,626	13.9	22,391	86.1	26,017	100.0
45-54	3,747	11.9	27,647	88.1	31,393	100.0
55-64	6,484	23.7	20,893	76.3	27,377	100.0
65+	15,419	45.6	18,389	54.4	33,809	100.0
Total	**34,995**	**21.8**	**125,186**	**78.2**	**160,181**	**100.0**
			Total			
18-24	5,254	13.7	32,267	86.3	37,522	100.0
25-34	7,867	15.5	43,162	84.5	51,029	100.0
35-44	9,660	19.7	40,138	80.3	49,798	100.0
45-54	10,683	17.5	50,754	82.5	61,437	100.0
55-64	14,270	26.4	39,820	73.6	54,089	100.0
65+	26,077	44.6	32,126	55.4	58,204	100.0
Total	**73,813**	**23.7**	**238,266**	**76.3**	**312,079**	**100.0**

Table 47. Distribution of persons having a check-up at a GP and/or dentist in the past 12 months by sex and age group

Age group	GP		Dentist		Both with a GP and a dentist		Did not go to either one		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%
Male										
18-24	7,463	36.6	1,943	9.5	8,633	42.4	2,346	11.5	20,385	100.0
25-34	8,026	30.2	2,913	11.0	9,725	36.6	5,916	22.3	26,581	100.0
35-44	7,293	30.7	4,052	17.0	10,344	43.5	2,092	8.8	23,781	100.0
45-54	11,697	38.9	2,258	7.5	12,337	41.1	3,751	12.5	30,044	100.0
55-64	12,007	44.9	1,242	4.6	12,591	47.1	873	3.3	26,712	100.0
65+	15,460	63.4	437	1.8	6,029	24.7	2,469	10.1	24,395	100.0
Total	**61,946**	**40.8**	**12,845**	**8.5**	**59,659**	**39.3**	**17,448**	**11.5**	**151,898**	**100.0**
Female										
18-24	6,475	37.8	807	4.7	8,929	52.1	926	5.4	17,137	100.0
25-34	8,054	32.9	1,431	5.9	13,097	53.6	1,867	7.6	24,448	100.0
35-44	7,806	30.0	1,248	4.8	14,798	56.9	2,165	8.3	26,017	100.0
45-54	12,490	39.8	2,227	7.1	14,247	45.4	2,430	7.7	31,393	100.0
55-64	11,958	43.7	1,030	3.8	11,497	42.0	2,893	10.6	27,377	100.0
65+	18,715	55.4	649	1.9	12,056	35.7	2,389	7.1	33,809	100.0
Total	**65,497**	**40.9**	**7,392**	**4.6**	**74,623**	**46.6**	**12,669**	**7.9**	**160,181**	**100.0**
Total										
18-24	13,938	37.2	2,750	7.1	17,562	47.2	3,272	8.5	37,522	100.0
25-34	16,080	31.6	4,344	8.4	22,822	45.1	7,783	14.9	51,029	100.0
35-44	15,099	30.3	5,300	10.9	25,142	50.2	4,257	8.6	49,798	100.0
45-54	24,187	39.4	4,485	7.3	26,584	43.2	6,181	10.1	61,437	100.0
55-64	23,965	44.3	2,272	4.2	24,088	44.6	3,766	6.9	54,089	100.0
65+	34,175	59.4	1,086	1.9	18,085	30.2	4,858	8.6	58,204	100.0
Total	**127,443**	**40.8**	**20,237**	**6.5**	**134,282**	**42.9**	**30,117**	**9.7**	**312,079**	**100.0**

Table 48. Distribution of persons having a check-up at a GP and/or dentist in the past 12 months by sex and district

District	GP		Dentist		Both with a GP and a dentist		Did not go to either one		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%
Male										
Southern Harbour	13,114	40.4	3,894	12.0	12,785	39.4	2,639	8.1	32,432	100.0
Northern Harbour	16,223	39.4	3,045	7.4	16,851	40.9	5,108	12.4	41,226	100.0
South Eastern	10,257	46.4	694	3.1	7,617	34.4	3,558	16.1	22,126	100.0
Western	11,473	45.7	2,700	10.8	8,037	32.0	2,880	11.5	25,091	100.0
Northern	7,069	35.2	1,828	9.1	9,561	47.6	1,623	8.1	20,080	100.0
Gozo and Comino	3,811	34.8	684	6.3	4,808	43.9	1,639	15.0	10,942	100.0
Total	**61,946**	**40.8**	**12,845**	**8.5**	**59,659**	**39.3**	**17,448**	**11.5**	**151,898**	**100.0**
Female										
Southern Harbour	13,238	43.1	904	2.9	14,291	46.5	2,299	7.5	30,731	100.0
Northern Harbour	19,603	38.6	3,749	7.4	22,718	44.8	4,685	9.2	50,754	100.0
South Eastern	10,056	51.9	191	1.0	7,572	39.1	1,569	8.1	19,388	100.0
Western	9,911	37.3	1,558	5.9	12,468	46.9	2,646	10.0	26,584	100.0
Northern	8,099	35.7	878	3.9	12,814	56.4	928	4.1	22,719	100.0
Gozo and Comino	4,589	45.9	112	1.1	4,761	47.6	543	5.4	10,006	100.0
Total	**65,497**	**40.9**	**7,392**	**4.6**	**74,623**	**46.6**	**12,669**	**7.9**	**160,181**	**100.0**
Total										
Southern Harbour	26,352	41.8	4,798	7.5	27,076	43.0	4,938	7.8	63,163	100.0
Northern Harbour	35,826	39.0	6,794	7.4	39,569	42.8	9,793	10.8	91,980	100.0
South Eastern	20,313	49.1	885	2.1	15,189	36.7	5,127	12.1	41,514	100.0
Western	21,384	41.5	4,258	8.3	20,505	39.5	5,526	10.7	51,675	100.0
Northern	15,168	35.4	2,706	6.5	22,375	52.0	2,551	6.1	42,799	100.0
Gozo and Comino	8,400	40.3	796	3.7	9,569	45.8	2,182	10.2	20,948	100.0
Total	**127,443**	**40.8**	**20,237**	**6.5**	**134,282**	**42.9**	**30,117**	**9.7**	**312,079**	**100.0**

Chart 11. GP and Dentist Check-up

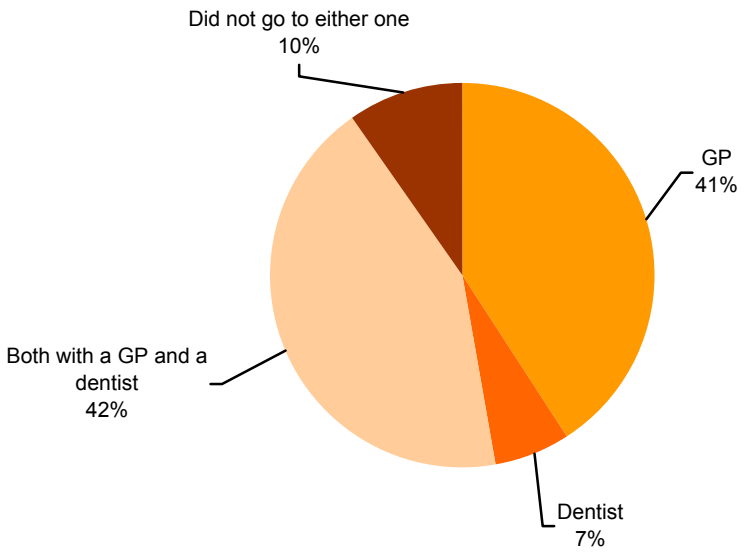

Chart 12. Use of contraception/protection during sexual intercourse

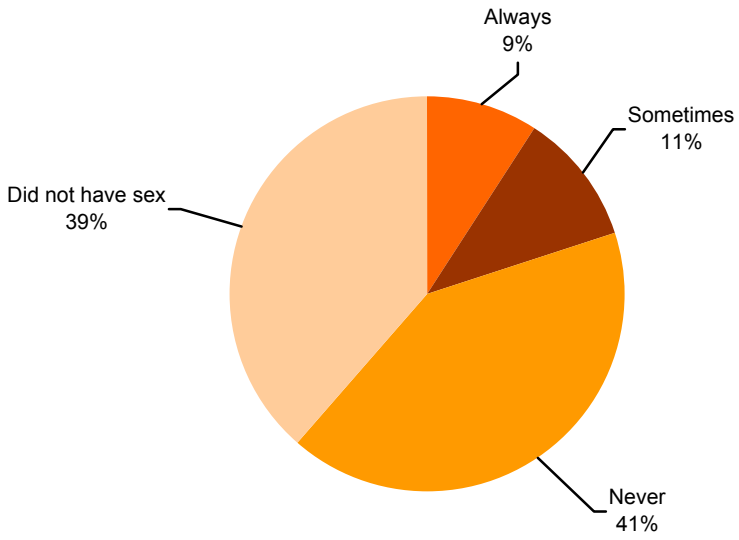

Table 49. Distribution of persons being sexually active and use of contraception/protection by sex and age group

Age group	Always		Sometimes		Never		Did not have sexual intercourse		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%
Male										
18-24	3,575	17.5	4,306	21.1	5,920	29.0	6,584	32.3	20,385	100.0
25-34	3,608	13.6	5,825	21.9	12,291	46.2	4,856	18.3	26,581	100.0
35-44	4,143	17.4	3,472	14.6	9,911	41.7	6,255	26.3	23,781	100.0
45-54	3,388	11.3	2,114	7.0	15,229	50.7	9,312	31.0	30,044	100.0
55-64	750	2.8	2,694	10.1	14,256	53.4	9,012	33.7	26,712	100.0
65+	248	1.0	1,591	6.5	5,523	22.6	17,033	69.8	24,395	100.0
Total	**15,712**	**10.3**	**20,002**	**13.2**	**63,131**	**41.6**	**53,053**	**34.9**	**151,898**	**100.0**
Female										
18-24	2,715	15.8	2,243	13.1	3,446	20.1	8,733	51.0	17,137	100.0
25-34	3,278	13.4	4,950	20.2	11,024	45.1	5,196	21.3	24,449	100.0
35-44	4,241	16.3	3,030	11.6	12,569	48.3	6,177	23.7	26,017	100.0
45-54	1,974	6.3	2,100	6.7	16,851	53.7	10,470	33.4	31,394	100.0
55-64	546	2.0	559	2.0	13,261	48.4	13,011	47.5	27,377	100.0
65+	-	-	702	2.1	8,728	25.8	24,378	72.1	33,808	100.0
Total	**12,753**	**8.0**	**13,584**	**8.5**	**65,879**	**41.1**	**67,965**	**42.4**	**160,181**	**100.0**
Total										
18-24	6,290	16.7	6,549	17.1	9,366	24.6	15,317	41.6	37,522	100.0
25-34	6,886	13.5	10,775	21.1	23,315	45.7	10,052	19.8	51,030	100.0
35-44	8,384	16.9	6,502	13.1	22,480	45.0	12,432	25.0	49,798	100.0
45-54	5,362	8.8	4,214	6.9	32,080	52.2	19,782	32.2	61,438	100.0
55-64	1,296	2.4	3,253	6.1	27,517	50.9	22,023	40.6	54,089	100.0
65+	248	0.5	2,293	4.3	14,251	24.2	41,411	71.0	58,203	100.0
Total	**28,465**	**9.2**	**33,586**	**10.8**	**129,010**	**41.3**	**121,018**	**38.7**	**312,079**	**100.0**

Table 50. Distribution of persons being sexually active and use of contraception/protection by sex and district

District	Always		Sometimes		Never		Did not have sexual intercourse		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%
Male										
Southern Harbour	1,094	3.4	5,434	16.8	14,029	43.3	11,875	36.6	32,432	100.0
Northern Harbour	6,225	15.1	6,331	15.4	14,740	35.8	13,930	33.8	41,226	100.0
South Eastern	2,741	12.4	2,328	10.5	9,349	42.3	7,708	34.8	22,126	100.0
Western	2,651	10.6	2,795	11.1	9,523	38.0	10,122	40.3	25,091	100.0
Northern	2,439	12.1	1,990	9.9	10,941	54.5	4,710	23.5	20,080	100.0
Gozo and Comino	561	5.1	1,124	10.3	4,550	41.6	4,707	43.0	10,942	100.0
Total	**15,712**	**10.3**	**20,002**	**13.2**	**63,131**	**41.6**	**53,053**	**34.9**	**151,898**	**100.0**
Female										
Southern Harbour	1,632	5.3	1,708	5.6	12,954	42.2	14,436	47.0	30,731	100.0
Northern Harbour	5,113	10.1	2,880	5.7	21,030	41.4	21,731	42.8	50,754	100.0
South Eastern	946	4.9	1,361	7.0	9,928	51.2	7,153	36.9	19,388	100.0
Western	2,509	9.4	3,480	13.1	8,871	33.4	11,724	44.1	26,584	100.0
Northern	2,237	9.8	3,143	13.8	8,761	38.6	8,578	37.8	22,719	100.0
Gozo and Comino	316	3.2	1,013	10.1	4,334	43.3	4,343	43.4	10,006	100.0
Total	**12,753**	**8.0**	**13,584**	**8.5**	**65,879**	**41.1**	**67,965**	**42.4**	**160,181**	**100.0**
Total										
Southern Harbour	2,726	4.3	7,142	11.2	26,983	42.7	26,311	41.8	63,163	100.0
Northern Harbour	11,338	12.6	9,211	10.5	35,770	38.6	35,661	38.3	91,980	100.0
South Eastern	3,687	8.6	3,689	8.8	19,277	46.7	14,861	35.9	41,514	100.0
Western	5,160	10.0	6,275	12.1	18,394	35.7	21,846	42.2	51,675	100.0
Northern	4,676	11.0	5,133	11.9	19,702	46.5	13,288	30.6	42,799	100.0
Gozo and Comino	877	4.1	2,137	10.2	8,884	42.4	9,050	43.2	20,948	100.0
Total	**28,465**	**9.2**	**33,586**	**10.8**	**129,010**	**41.3**	**121,018**	**38.7**	**312,079**	**100.0**

Weight and Height

Table 51. Average weight (in kg) of persons by sex and age group

Age group	Male	Female	Total
18-24	73.9	58.1	66.7
25-34	81.1	63.7	72.8
35-44	84.6	67.6	75.7
45-54	80.9	68.0	74.3
55-64	79.6	66.7	73.1
65+	74.7	67.6	70.6
Total	**79.4**	**65.9**	**72.5**

Chart 13. Average weight by age group

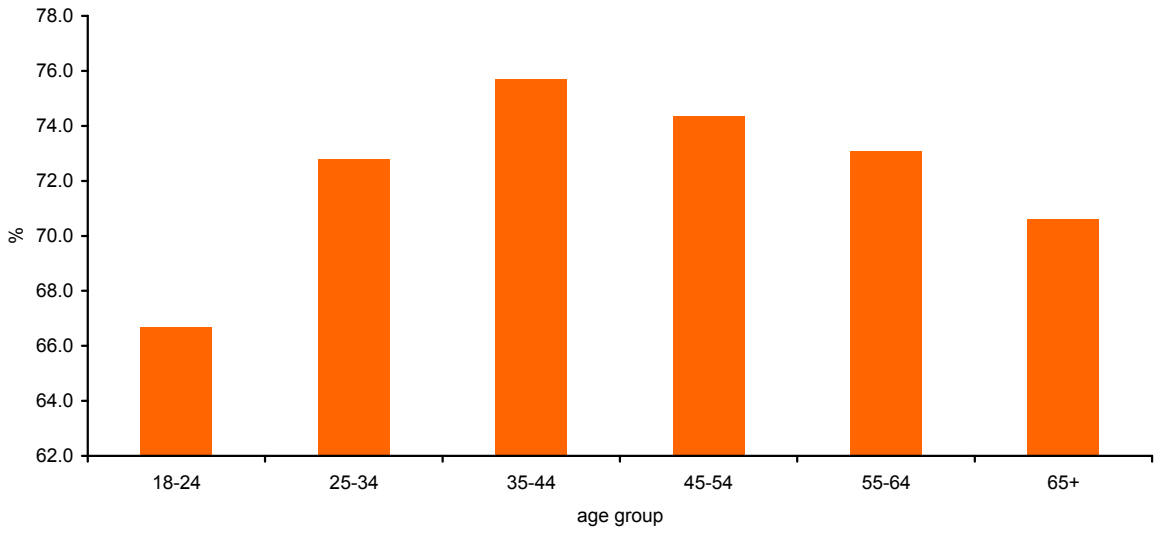

Table 52. Average weight (in kg) of persons by sex and district

District	Male	Female	Total
Southern Harbour	80.0	67.3	73.8
Northern Harbour	80.0	65.8	72.1
South Eastern	78.4	66.6	72.9
Western	79.1	65.9	72.3
Northern	79.1	64.6	71.4
Gozo and Comino	77.8	64.4	71.4
Total	**79.4**	**65.9**	**72.5**

Table 53. Average weight (in kg) of persons by sex and marital status

Marital status	Male	Female	Total
Married	80.0	67.1	73.4
Single	78.6	61.3	70.7
Divorced/Annulled/Separated	78.9	65.7	71.4
Widowed	74.4	69.3	70.4
Cohabiting[u]	77.3	70.1	74.2
Total	**79.4**	**65.9**	**72.5**

[u] = under-represented. Treat with caution.

Table 54. Average height (in cm) of persons by sex and age group

Age group	Male	Female	Total
18-24	174.7	161.7	168.8
25-34	172.3	162.1	167.4
35-44	173.5	161.5	167.2
45-54	169.8	159.8	164.7
55-64	169.7	158.6	164.1
65+	167.9	156.6	161.3
Total	**171.2**	**159.7**	**165.3**

Chart 14. Average height by age group

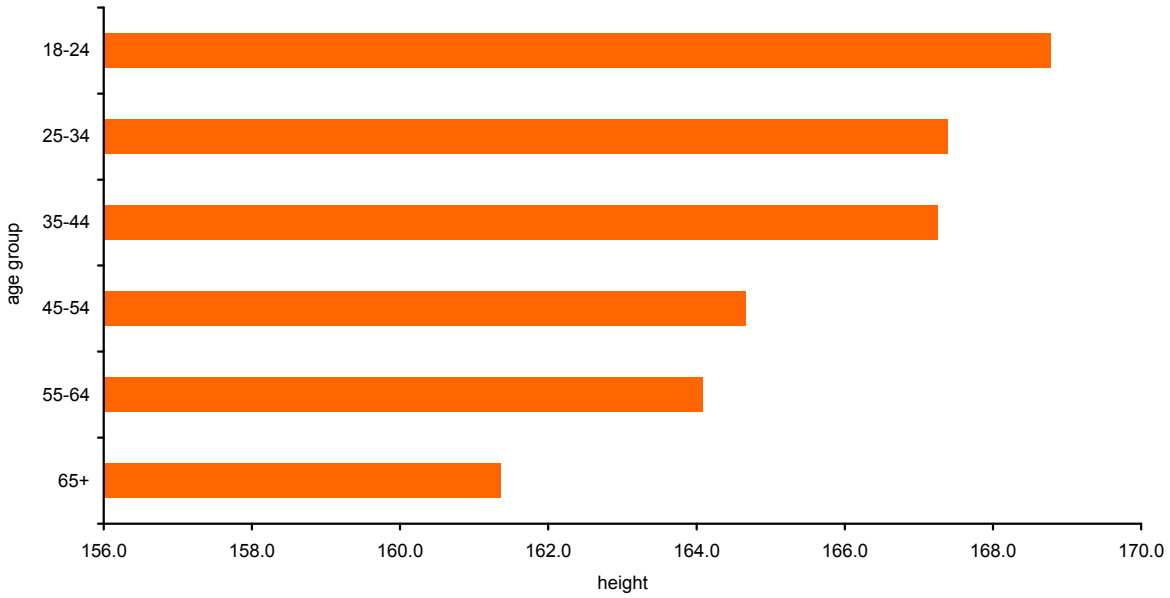

Table 55. Average height (in cm) of persons by sex and district

District	Male	Female	Total
Southern Harbour	172.1	158.8	165.6
Northern Harbour	170.5	160.5	165.0
South Eastern	170.3	158.5	164.8
Western	172.6	160.3	166.3
Northern	172.3	159.4	165.4
Gozo and Comino	167.1	160.3	163.9
Total	**171.2**	**159.7**	**165.3**

Table 56. Average height (in cm) of persons by sex and marital status

Marital status	Male	Female	Total
Married	170.2	160.1	165.0
Single	173.4	159.8	167.2
Divorced/Annulled/Separated	173.2	161.8	166.7
Widowed	168.1	156.6	159.1
Cohabiting[u]	171.2	157.0	165.0
Total	**171.2**	**159.7**	**165.3**

[u] = under-represented. Treat with caution.

Table 57. Distribution of persons by sex and body mass index

Body mass index	Male		Female		Total	
	Number	%	Number	%	Number	%
Underweight	1,962	1.3	6,033	3.8	7,996	2.6
Normal	40,651	26.8	68,827	43.0	109,478	35.1
Overweight	75,513	49.7	54,343	33.9	129,856	41.6
Obese	33,771	22.2	30,978	19.3	64,749	20.7
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Chart 15. Body mass index

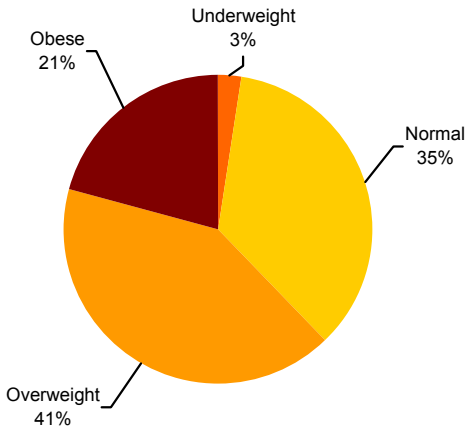

Table 58. Distribution of persons by age group and body mass index

Body mass index	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Underweight	3,959	10.6	1,163	2.3	1,208	2.4	418	0.7	451	0.8	798	1.4	7,996	2.6
Normal	21,476	57.2	24,126	47.3	16,114	32.4	19,051	31.0	16,248	30.0	12,463	21.4	109,478	35.1
Overweight	9,197	24.5	16,152	31.7	20,896	42.0	28,212	45.9	25,335	46.8	30,064	51.7	129,856	41.6
Obese	2,890	7.7	9,589	18.8	11,580	23.3	13,757	22.4	12,056	22.3	14,878	25.6	64,749	20.7
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,437**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Table 59. Distribution of persons by marital status and body mass index

Body mass index	Married		Single		Divorced/Annulled/ Separated		Widowed		Cohabiting[u]		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Underweight	2,975	1.5	4,306	5.3	430	4.1	-	-	285	4.7	7,996	2.6
Normal	64,330	32.9	34,510	42.5	4,242	40.0	4,254	22.9	2,143	35.3	109,478	35.1
Overweight	84,713	43.3	30,715	37.9	4,807	45.4	7,742	41.7	1,881	31.0	129,856	41.6
Obese	43,691	22.3	11,593	14.3	1,117	10.5	6,584	35.4	1,765	29.1	64,749	20.7
Total	**195,708**	**100.0**	**81,123**	**100.0**	**10,596**	**100.0**	**18,579**	**100.0**	**6,073**	**100.0**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Table 60. Distribution of persons by district and body mass index

Body mass index	Southern Harbour		Northern Harbour		South Eastern		Western		Northern		Gozo and Comino		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Underweight	1,827	2.9	1,994	2.2	568	1.4	1,646	3.2	1,555	3.6	406	1.9	7,996	2.6
Normal	20,157	31.9	33,535	36.5	15,431	37.2	18,014	34.9	15,476	36.2	6,864	32.8	109,478	35.1
Overweight	26,589	42.1	37,553	40.8	15,691	37.8	22,455	43.5	17,620	41.2	9,949	47.5	129,856	41.6
Obese	14,588	23.1	18,898	20.5	9,825	23.7	9,560	18.5	8,149	19.0	3,729	17.8	64,749	20.7
Total	**63,163**	**100.0**	**91,979**	**100.0**	**41,515**	**100.0**	**51,675**	**100.0**	**42,799**	**100.0**	**20,948**	**100.0**	**312,079**	**100.0**

Table 61. Average body mass index by sex and age group

Age group	Male	Female	Total
18-24	73.9	58.1	66.7
25-34	81.1	63.7	72.8
35-44	84.6	67.6	75.7
45-54	80.9	68.0	74.3
55-64	79.6	66.7	73.1
65+	74.7	67.6	70.6
Total	**79.4**	**65.9**	**72.5**

Chart 16. Average body mass index by age group

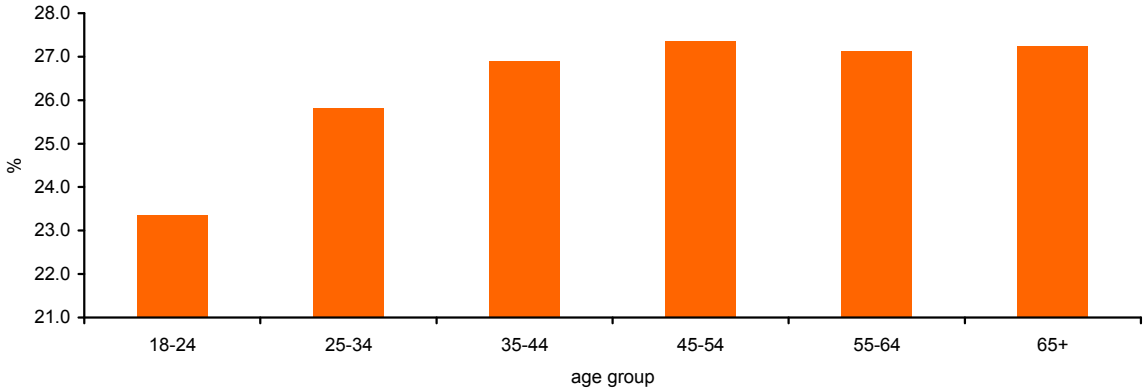

Table 62. Average body mass index by sex and district

District	Male	Female	Total
Southern Harbour	27.2	26.8	27.0
Northern Harbour	27.5	25.5	26.4
South Eastern	27.1	26.6	26.9
Western	26.6	25.6	26.1
Northern	26.7	25.6	26.1
Gozo and Comino	28.1	25.1	26.6
Total	**27.2**	**25.9**	**26.5**

Table 63. Average body mass index by sex and marital status

Marital status	Male	Female	Total
Married	27.7	26.2	26.9
Single	26.3	24.1	25.2
Divorced/Annulled/Separated	26.2	25.0	25.5
Widowed	26.3	28.4	28.0
Cohabiting[u]	26.5	27.9	27.1
Total	**27.2**	**25.9**	**26.5**

[u] = under-represented. Treat with caution.

Table 64. Distribution of persons undertaking a walk for at least 30 minutes per week by sex and body mass index

Body mass index	Walk		Do not walk		Total	
	Number	%	Number	%	Number	%
Male						
Underweight	656	8.2	1,307	16.3	1,962	24.5
Normal	19,255	17.6	21,396	19.5	40,651	37.1
Overweight	35,372	27.2	40,141	30.9	75,513	58.2
Obese	18,083	27.9	15,688	24.2	33,771	52.2
Total	**73,365**	**23.5**	**78,533**	**25.2**	**151,898**	**48.7**
Female						
Underweight	3,310	41.4	2,723	34.1	6,033	75.5
Normal	43,017	39.3	25,810	23.6	68,827	62.9
Overweight	29,968	23.1	24,375	18.8	54,343	41.8
Obese	14,190	21.9	16,788	25.9	30,978	47.8
Total	**90,486**	**29.0**	**69,695**	**22.3**	**160,181**	**51.3**
Total						
Underweight	3,966	49.6	4,030	50.4	7,995	100.0
Normal	62,272	56.9	47,206	43.1	109,478	100.0
Overweight	65,340	50.3	64,516	49.7	129,856	100.0
Obese	32,273	49.8	32,476	50.2	64,749	100.0
Total	**163,851**	**52.5**	**148,228**	**47.5**	**312,079**	**100.0**

Table 65. Distribution of persons carrying out intensive exercise by sex and body mass index

Body mass index	Does intensive exercise		Does not do any intensive exercise		Total	
	Number	%	Number	%	Number	%
Male						
Underweight	682	8.5	1,281	16.0	1,962	24.5
Normal	15,341	14.0	25,310	23.1	40,651	37.1
Overweight	20,244	15.6	55,269	42.6	75,513	58.2
Obese	7,668	11.8	26,103	40.3	33,771	52.2
Total	**43,935**	**14.1**	**107,963**	**34.6**	**151,898**	**48.7**
Female						
Underweight	1,945	24.3	4,089	51.1	6,033	75.5
Normal	28,038	25.6	40,789	37.3	68,827	62.9
Overweight	13,323	10.3	41,020	31.6	54,343	41.8
Obese	6,526	10.1	24,452	37.8	30,978	47.8
Total	**49,832**	**16.0**	**110,349**	**35.4**	**160,181**	**51.3**
Total						
Underweight	2,627	32.8	5,370	67.2	7,995	100.0
Normal	43,379	39.6	66,099	60.4	109,478	100.0
Overweight	33,567	25.8	96,289	74.2	129,856	100.0
Obese	14,194	21.9	50,555	78.1	64,749	100.0
Total	**93,767**	**30.0**	**218,312**	**70.0**	**312,079**	**100.0**

Table 66. Distribution of persons attending a gym/fitness club at least once a week by sex and body mass index

Body mass index	Attend gym/fitness club		Do not attend gym/fitness club		Total	
	Number	%	Number	%	Number	%
Male						
Underweight	341	4.3	1,622	20.3	1,962	24.5
Normal	3,601	3.3	37,050	33.8	40,651	37.1
Overweight	5,552	4.3	69,961	53.9	75,513	58.2
Obese	1,870	2.9	31,902	49.3	33,771	52.2
Total	**11,363**	**3.6**	**140,535**	**45.0**	**151,898**	**48.7**
Female						
Underweight	1,250	15.6	4,784	59.8	6,033	75.5
Normal	9,439	8.6	59,388	54.2	68,827	62.9
Overweight	4,138	3.2	50,205	38.7	54,343	41.8
Obese	2,335	3.6	28,643	44.2	30,978	47.8
Total	**17,162**	**5.5**	**143,019**	**45.8**	**160,181**	**51.3**
Total						
Underweight	1,591	19.9	6,406	80.1	7,995	100.0
Normal	13,040	11.9	96,438	88.1	109,478	100.0
Overweight	9,690	7.5	120,166	92.5	129,856	100.0
Obese	4,205	6.5	60,545	93.5	64,749	100.0
Total	**28,525**	**9.1**	**283,554**	**90.9**	**312,079**	**100.0**

Smoking

Table 67. Distribution of persons by smoking habit, sex and age group

Age group	Smokers		Non-smokers		Total	
	Number	%	Number	%	Number	%
Male						
18-24	7,538	37.0	12,847	63.0	20,385	100.0
25-34	13,070	49.2	13,510	50.8	26,581	100.0
35-44	8,945	37.6	14,836	62.4	23,781	100.0
45-54	10,199	33.9	19,844	66.1	30,044	100.0
55-64	7,780	29.1	18,933	70.9	26,712	100.0
65+	3,344	13.7	21,051	86.3	24,395	100.0
Total	**50,876**	**33.5**	**101,022**	**66.5**	**151,898**	**100.0**
Female						
18-24	4,173	24.3	12,964	75.7	17,137	100.0
25-34	8,402	34.4	16,047	65.6	24,449	100.0
35-44	6,833	26.3	19,184	73.7	26,017	100.0
45-54	6,618	21.1	24,776	78.9	31,394	100.0
55-64	3,650	13.3	23,727	86.7	27,377	100.0
65+	1,352	4.0	32,456	96.0	33,808	100.0
Total	**31,028**	**19.4**	**129,153**	**80.6**	**160,181**	**100.0**
Total						
18-24	11,710	31.2	25,811	68.8	37,522	100.0
25-34	21,472	42.1	29,557	57.9	51,029	100.0
35-44	15,778	31.7	34,020	68.3	49,798	100.0
45-54	16,817	27.4	44,620	72.6	61,438	100.0
55-64	11,430	21.1	42,660	78.9	54,089	100.0
65+	4,697	8.1	53,507	91.9	58,204	100.0
Total	**81,904**	**26.2**	**230,175**	**73.8**	**312,079**	**100.0**

Chart 17. Smoking by sex

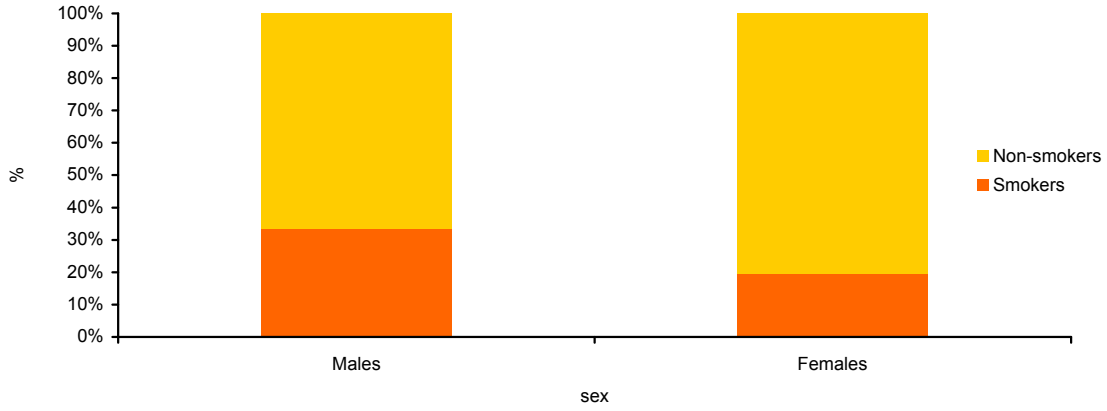

Table 68. Distribution of persons by smoking habit, sex and district

District	Smokers		Non-smokers		Total	
	Number	%	Number	%	Number	%
			Male			
Southern Harbour	12,601	38.9	19,831	61.1	32,432	100.0
Northern Harbour	12,055	29.2	29,172	70.8	41,226	100.0
South Eastern	7,057	31.9	15,070	68.1	22,126	100.0
Western	8,657	34.5	16,433	65.5	25,091	100.0
Northern	6,840	34.1	13,241	65.9	20,080	100.0
Gozo and Comino	3,667	33.5	7,276	66.5	10,942	100.0
Total	**50,876**	**33.5**	**101,022**	**66.5**	**151,898**	**100.0**
			Female			
Southern Harbour	5,944	19.3	24,787	80.7	30,731	100.0
Northern Harbour	11,561	22.8	39,193	77.2	50,754	100.0
South Eastern	4,127	21.3	15,261	78.7	19,388	100.0
Western	3,770	14.2	22,814	85.8	26,584	100.0
Northern	4,548	20.0	18,171	80.0	22,719	100.0
Gozo and Comino	1,078	10.8	8,927	89.2	10,006	100.0
Total	**31,028**	**19.4**	**129,153**	**80.6**	**160,181**	**100.0**
			Total			
Southern Harbour	18,545	29.4	44,618	70.6	63,163	100.0
Northern Harbour	23,616	25.7	68,364	74.3	91,980	100.0
South Eastern	11,184	26.9	30,331	73.1	41,515	100.0
Western	12,427	24.0	39,247	76.0	51,675	100.0
Northern	11,387	26.6	31,412	73.4	42,799	100.0
Gozo and Comino	4,745	22.7	16,203	77.3	20,948	100.0
Total	**81,904**	**26.2**	**230,175**	**73.8**	**312,079**	**100.0**

Table 69. Distribution of persons by smoking habit, sex and educational level

Educational level	Smokers		Non-smokers		Total	
	Number	%	Number	%	Number	%
			Male			
No schooling	1,184	26.9	3,211	73.1	4,395	100.0
Primary	8,433	25.1	25,151	74.9	33,583	100.0
Secondary	27,463	39.7	41,632	60.3	69,095	100.0
Post-secondary	9,828	34.5	18,669	65.5	28,497	100.0
Tertiary	3,969	24.3	12,359	75.7	16,328	100.0
Total	**50,876**	**33.5**	**101,022**	**66.5**	**151,898**	**100.0**
			Female			
No schooling	339	6.1	5,209	93.9	5,548	100.0
Primary	3,825	8.1	43,659	91.9	47,484	100.0
Secondary	18,963	28.3	48,033	71.7	66,996	100.0
Post-secondary	4,908	18.6	21,432	81.4	26,340	100.0
Tertiary	2,993	21.7	10,820	78.3	13,814	100.0
Total	**31,028**	**19.4**	**129,153**	**80.6**	**160,181**	**100.0**
			Total			
No schooling	1,523	15.3	8,420	84.7	9,943	100.0
Primary	12,258	15.1	68,809	84.9	81,067	100.0
Secondary	46,426	34.1	89,665	65.9	136,091	100.0
Post-secondary	14,736	26.9	40,101	73.1	54,837	100.0
Tertiary	6,962	23.1	23,180	76.9	30,141	100.0
Total	**81,904**	**26.2**	**230,175**	**73.8**	**312,079**	**100.0**

Table 70. Distribution of persons by smoking habit and marital status

Marital status	Smokers		Non-smokers		Total	
	Number	%	Number	%	Number	%
Married	45,935	23.5	149,773	76.5	195,708	100.0
Single	24,658	30.4	56,466	69.6	81,123	100.0
Divorced/Annulled/Separated	6,518	61.5	4,078	38.5	10,596	100.0
Widowed	1,661	8.9	16,918	91.1	18,579	100.0
Cohabiting[u]	3,133	51.6	2,940	48.4	6,073	100.0
Total	**81,904**	**26.2**	**230,175**	**73.8**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Table 71. Average number of cigarettes smoked daily by sex

Sex	Average
Male	17.0
Female	11.7
Total	**15.0**

Table 72. Average number of cigarettes smoked daily by age group

Age group	Average
18-24	10.1
25-34	13.6
35-44	18.0
45-54	17.0
55-64	16.9
65+	11.6
Total	**15.0**

Table 73. Average number of cigarettes smoked daily by educational level

Educational level	Average
No schooling	14.6
Primary	17.5
Secondary	15.8
Post-secondary	12.5
Tertiary	11.1
Total	**15.0**

Table 74. Average number of cigarettes smoked daily by marital status

Marital status	Average
Married	15.1
Single	13.6
Divorced/Annulled/Separated	20.3
Widowed	14.2
Cohabiting[u]	13.6
Total	**15.0**

[u] = under-represented. Treat with caution.

Table 75. Average number of cigarettes smoked daily by district

District	Average
Southern Harbour	15.3
Northern Harbour	14.5
South Eastern	17.4
Western	13.8
Northern	15.4
Gozo and Comino	13.0
Total	**15.0**

Table 76. Distribution of persons by cigarettes smoked daily and sex

Sex	None		1 to 10 a day		11 to 20 a day		21 to 30 a day		31 or more a day		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Male	101,022	66.5	19,700	13.0	20,865	13.7	4,644	3.1	5,666	3.7	151,898	100.0
Female	129,153	80.6	18,183	11.4	10,990	6.9	739	0.5	1,117	0.7	160,181	100.0
Total	**230,174**	**73.8**	**37,883**	**12.1**	**31,855**	**10.2**	**5,384**	**1.7**	**6,783**	**2.2**	**312,079**	**100.0**

Chart 18. Average number of cigarettes smoked per day by sex

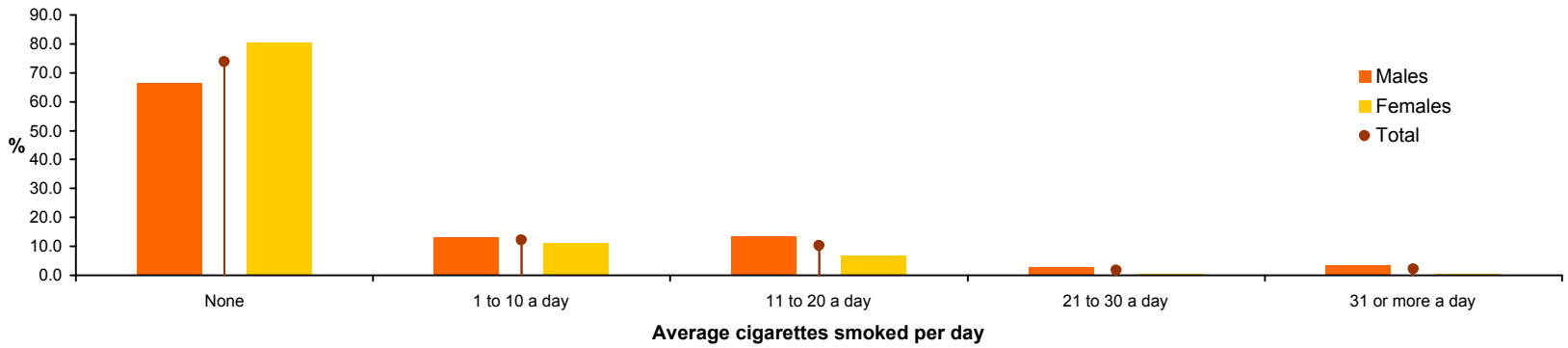

Table 77. Distribution of persons by cigarettes smoked daily and age group

Age group	None		1 to 10 a day		11 to 20 a day		21 to 30 a day		31 or more a day		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
18-24	25,811	68.8	7,191	19.2	4,519	12.0	-	-	-	-	37,522	100.0
25-34	29,557	57.9	12,080	23.7	7,013	13.7	292	0.6	2,087	4.1	51,029	100.0
35-44	34,020	68.3	6,074	12.2	6,123	12.3	1,606	3.2	1,975	4.0	49,798	100.0
45-54	44,620	72.6	6,061	9.9	7,075	11.5	1,664	2.7	2,017	3.3	61,437	100.0
55-64	42,660	78.9	3,102	5.7	6,050	11.2	1,822	3.4	456	0.8	54,089	100.0
65+	53,507	91.9	3,374	5.8	1,074	1.8	-	-	248	0.4	58,204	100.0
Total	**230,174**	**73.8**	**37,883**	**12.1**	**31,855**	**10.2**	**5,384**	**1.7**	**6,783**	**2.2**	**312,079**	**100.0**

Table 78. Distribution of persons by cigarettes smoked daily and educational level

Educational level	None		1 to 10 a day		11 to 20 a day		21 to 30 a day		31 or more a day		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
No schooling	8,420	84.7	682	6.9	521	5.2	321	3.2	-	-	9,943	100.0
Primary	68,809	84.9	4,535	5.6	4,810	5.9	1,567	1.9	1,345	1.7	81,067	100.0
Secondary	89,665	65.9	19,476	14.3	19,895	14.6	2,691	2.0	4,365	3.2	136,091	100.0
Post-secondary	40,101	73.1	9,069	16.5	4,143	7.6	636	1.2	888	1.6	54,837	100.0
Tertiary	23,180	76.9	4,121	13.7	2,486	8.2	169	0.6	185	0.6	30,141	100.0
Total	**230,174**	**73.8**	**37,883**	**12.1**	**31,855**	**10.2**	**5,384**	**1.7**	**6,783**	**2.2**	**312,079**	**100.0**

Table 79. Distribution of persons by cigarettes smoked daily and marital status

Marital status	None		1 to 10 a day		11 to 20 a day		21 to 30 a day		31 or more a day		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Married	149,773	76.5	22,390	11.4	15,935	8.1	3,358	1.7	4,251	2.2	195,708	100.0
Single	56,466	69.6	11,950	14.7	10,750	13.3	230	0.3	1,727	2.1	81,123	100.0
Divorced/ Annulled/ Separated	4,078	38.5	1,389	13.1	2,796	26.4	1,795	16.9	538	5.1	10,596	100.0
Widowed	16,918	91.1	591	3.2	1,070	5.8	-	-	-	-	18,579	100.0
Cohabiting[u]	2,940	48.4	1,562	25.7	1,304	21.5	-	-	266	4.4	6,073	100.0
Total	**230,174**	**73.8**	**37,883**	**12.1**	**31,855**	**10.2**	**5,384**	**1.7**	**6,783**	**2.2**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Table 80. Distribution of persons by cigarettes smoked daily and district

District	None		1 to 10 a day		11 to 20 a day		21 to 30 a day		31 or more a day		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Southern Harbour	44,618	70.6	9,528	15.1	5,344	8.5	2,197	3.5	1,477	2.3	63,163	100.0
Northern Harbour	68,364	74.3	11,119	12.1	9,936	10.8	762	0.8	1,799	2.0	91,979	100.0
South Eastern	30,331	73.1	4,085	9.8	4,995	12.0	581	1.4	1,523	3.7	41,515	100.0
Western	39,247	76.0	5,805	11.2	4,795	9.3	1,105	2.1	722	1.4	51,675	100.0
Northern	31,412	73.4	5,127	12.0	4,768	11.1	230	0.5	1,262	2.9	42,799	100.0
Gozo and Comino	16,203	77.3	2,218	10.6	2,018	9.6	509	2.4	-	-	20,948	100.0
Total	**230,174**	**73.8**	**37,883**	**12.1**	**31,855**	**10.2**	**5,384**	**1.7**	**6,783**	**2.2**	**312,079**	**100.0**

Alcohol Consumption

Table 81. Distribution of persons by alcohol-drinking habit, sex and age group

Age group	Alcohol consumers		Alcohol non-consumers		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	17,069	83.7	3,316	16.3	20,385	100.0
25-34	19,006	71.5	7,574	28.5	26,581	100.0
35-44	16,183	68.1	7,598	31.9	23,781	100.0
45-54	21,184	70.5	8,859	29.5	30,044	100.0
55-64	18,522	69.3	8,191	30.7	26,712	100.0
65+	14,772	60.6	9,623	39.4	24,395	100.0
Total	**106,738**	**70.3**	**45,160**	**29.7**	**151,898**	**100.0**
			Female			
18-24	11,135	65.0	6,002	35.0	17,137	100.0
25-34	13,255	54.2	11,193	45.8	24,448	100.0
35-44	13,567	52.1	12,450	47.9	26,017	100.0
45-54	12,715	40.5	18,680	59.5	31,393	100.0
55-64	7,384	27.0	19,993	73.0	27,377	100.0
65+	9,113	27.0	24,696	73.0	33,809	100.0
Total	**67,168**	**41.9**	**93,013**	**58.1**	**160,181**	**100.0**
			Total			
18-24	28,204	74.4	9,318	25.6	37,522	100.0
25-34	32,261	62.9	18,767	37.1	51,029	100.0
35-44	29,750	60.1	20,048	39.9	49,798	100.0
45-54	33,899	55.5	27,539	44.5	61,437	100.0
55-64	25,906	48.2	28,184	51.8	54,089	100.0
65+	23,885	43.8	34,319	56.2	58,204	100.0
Total	**173,906**	**56.1**	**138,173**	**43.9**	**312,079**	**100.0**

Chart 19. Alcohol drinking by age group

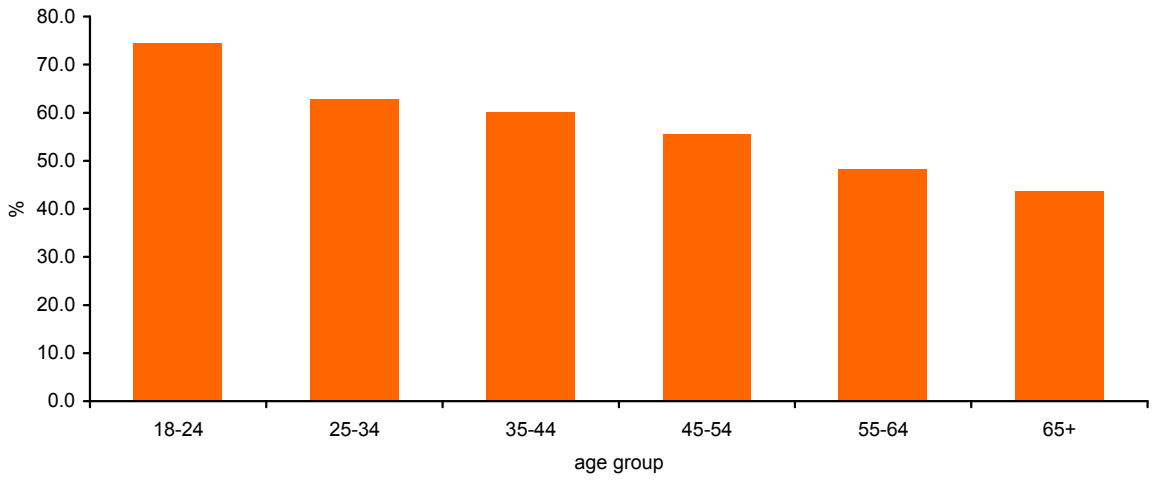

Table 82. Distribution of persons by alcohol-drinking habit, sex and district

District	Alcohol consumers		Alcohol non-consumers		Total	
	Number	%	Number	%	Number	%
Male						
Southern Harbour	21,263	65.6	11,169	34.4	32,432	100.0
Northern Harbour	27,645	67.1	13,581	32.9	41,227	100.0
South Eastern	16,142	73.0	5,984	27.0	22,126	100.0
Western	19,037	75.9	6,054	24.1	25,091	100.0
Northern	15,373	76.6	4,707	23.4	20,080	100.0
Gozo and Comino	7,277	66.5	3,665	33.5	10,942	100.0
Total	**106,738**	**70.3**	**45,160**	**29.7**	**151,898**	**100.0**
Female						
Southern Harbour	11,502	37.4	19,229	62.6	30,731	100.0
Northern Harbour	22,057	43.5	28,697	56.5	50,752	100.0
South Eastern	7,086	36.5	12,302	63.5	19,389	100.0
Western	11,006	41.4	15,578	58.6	26,584	100.0
Northern	11,206	49.3	11,512	50.7	22,719	100.0
Gozo and Comino	4,311	43.1	5,695	56.9	10,006	100.0
Total	**67,168**	**41.9**	**93,013**	**58.1**	**160,181**	**100.0**
Total						
Southern Harbour	32,765	51.5	30,398	48.5	63,163	100.0
Northern Harbour	49,702	55.3	42,278	44.7	91,979	100.0
South Eastern	23,228	54.8	18,286	45.2	41,515	100.0
Western	30,043	58.6	21,632	41.4	51,675	100.0
Northern	26,579	62.9	16,219	37.1	42,799	100.0
Gozo and Comino	11,588	54.8	9,360	45.2	20,948	100.0
Total	**173,906**	**56.1**	**138,173**	**43.9**	**312,079**	**100.0**

Table 83. Distribution of persons by alcohol-drinking habit, sex and educational level

Educational level	Alcohol consumers		Alcohol non-consumers		Total	
	Number	%	Number	%	Number	%
Male						
No schooling	1,752	39.9	2,643	60.1	4,395	100.0
Primary	21,842	65.0	11,741	35.0	33,583	100.0
Secondary	48,278	69.9	20,816	30.1	69,095	100.0
Post-secondary	21,935	77.0	6,562	23.0	28,497	100.0
Tertiary	12,930	79.2	3,398	20.8	16,328	100.0
Total	**106,738**	**70.3**	**45,160**	**29.7**	**151,898**	**100.0**
Female						
No schooling	2,322	41.9	3,226	58.1	5,548	100.0
Primary	10,686	22.5	36,798	77.5	47,484	100.0
Secondary	30,651	45.7	36,346	54.3	66,996	100.0
Post-secondary	13,591	51.6	12,749	48.4	26,340	100.0
Tertiary	9,919	71.8	3,895	28.2	13,813	100.0
Total	**67,168**	**41.9**	**93,013**	**58.1**	**160,181**	**100.0**
Total						
No schooling	4,074	40.9	5,869	59.1	9,943	100.0
Primary	32,528	43.8	48,539	56.2	81,067	100.0
Secondary	78,929	57.8	57,162	42.2	136,091	100.0
Post-secondary	35,526	64.3	19,311	35.7	54,837	100.0
Tertiary	22,849	75.5	7,293	24.5	30,141	100.0
Total	**173,906**	**56.1**	**138,173**	**43.9**	**312,079**	**100.0**

Table 84. Distribution of persons by alcohol-drinking habit and marital status

Marital status	Alcohol consumers		Alcohol non-consumers		Total	
	Number	%	Number	%	Number	%
Married	105,375	53.8	90,333	46.2	195,708	100.0
Single	53,620	66.1	27,503	33.9	81,123	100.0
Divorced/annulled/ separated	6,436	60.7	4,160	39.3	10,596	100.0
Widowed	4,825	26.0	13,754	74.0	18,579	100.0
Cohabiting[u]	3,650	60.1	2,423	39.9	6,073	100.0
Total	**173,906**	**55.7**	**138,173**	**44.3**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Table 85. Distribution of persons by wine drinking, sex and age group

Age group	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	10,395	51.0	9,990	49.0	20,385	100.0
25-34	12,115	45.6	14,466	54.4	26,581	100.0
35-44	11,990	50.4	11,791	49.6	23,781	100.0
45-54	13,670	45.5	16,374	54.5	30,044	100.0
55-64	14,038	52.6	12,675	47.4	26,712	100.0
65+	12,253	50.2	12,142	49.8	24,395	100.0
Total	**74,461**	**49.0**	**77,437**	**51.0**	**151,898**	**100.0**
			Female			
18-24	8,082	47.2	9,054	52.8	17,137	100.0
25-34	11,740	48.0	12,709	52.0	24,448	100.0
35-44	12,173	46.8	13,844	53.2	26,017	100.0
45-54	11,798	37.6	19,596	62.4	31,393	100.0
55-64	6,923	25.3	20,454	74.7	27,377	100.0
65+	7,947	23.5	25,862	76.5	33,809	100.0
Total	**58,663**	**36.6**	**101,518**	**63.4**	**160,181**	**100.0**
			Total			
18-24	18,478	49.2	19,044	50.8	37,522	100.0
25-34	23,854	46.7	27,175	53.3	51,029	100.0
35-44	24,163	48.5	25,635	51.5	49,798	100.0
45-54	25,468	41.5	35,970	58.5	61,437	100.0
55-64	20,961	38.8	33,128	61.2	54,089	100.0
65+	20,200	34.7	38,004	65.3	58,204	100.0
Total	**133,124**	**42.7**	**178,955**	**57.3**	**312,079**	**100.0**

Chart 20. Wine drinking by age group

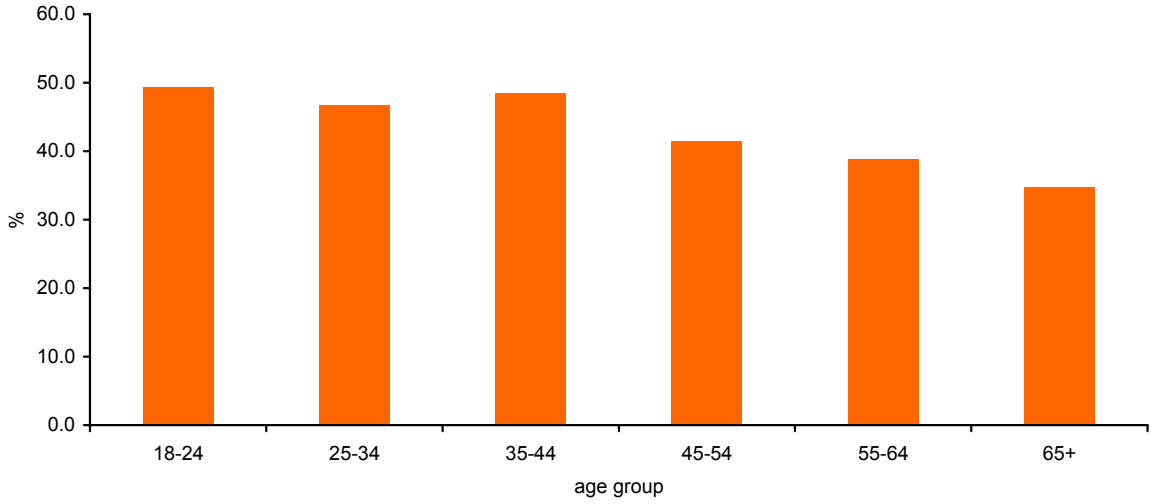

Table 86. Distribution of persons by wine drinking, sex and district

District	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
			Male			
Southern Harbour	14,858	45.8	17,573	54.2	32,432	100.0
Northern Harbour	18,939	45.9	22,287	54.1	41,227	100.0
South Eastern	11,327	51.2	10,799	48.8	22,126	100.0
Western	14,631	58.3	10,460	41.7	25,091	100.0
Northern	10,318	51.4	9,762	48.6	20,080	100.0
Gozo and Comino	4,387	40.1	6,556	59.9	10,942	100.0
Total	**74,461**	**49.0**	**77,437**	**51.0**	**151,898**	**100.0**
			Female			
Southern Harbour	9,311	30.3	21,420	69.7	30,731	100.0
Northern Harbour	20,047	39.5	30,707	60.5	50,752	100.0
South Eastern	6,518	33.6	12,871	66.4	19,389	100.0
Western	10,015	37.7	16,569	62.3	26,584	100.0
Northern	9,850	43.4	12,869	56.6	22,719	100.0
Gozo and Comino	2,922	29.2	7,083	70.8	10,006	100.0
Total	**58,663**	**36.6**	**101,518**	**63.4**	**160,181**	**100.0**
			Total			
Southern Harbour	24,169	38.3	38,994	61.7	63,163	100.0
Northern Harbour	38,986	42.4	52,994	57.6	91,979	100.0
South Eastern	17,845	43.0	23,670	57.0	41,515	100.0
Western	24,646	47.7	27,029	52.3	51,675	100.0
Northern	20,168	47.1	22,631	52.9	42,799	100.0
Gozo and Comino	7,309	34.9	13,639	65.1	20,948	100.0
Total	**133,124**	**42.7**	**178,955**	**57.3**	**312,079**	**100.0**

Table 87. Distribution of persons by wine drinking, sex and educational level

Educational level	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
Male						
No schooling	1,521	34.6	2,875	65.4	4,395	100.0
Primary	16,734	49.8	16,849	50.2	33,583	100.0
Secondary	29,030	42.0	40,064	58.0	69,095	100.0
Post-secondary	16,092	56.5	12,405	43.5	28,497	100.0
Tertiary	11,083	67.9	5,244	32.1	16,328	100.0
Total	**74,461**	**49.0**	**77,437**	**51.0**	**151,898**	**100.0**
Female						
No schooling	1,983	35.8	3,564	64.2	5,548	100.0
Primary	9,511	20.0	37,973	80.0	47,484	100.0
Secondary	26,580	39.7	40,416	60.3	66,996	100.0
Post-secondary	12,356	46.9	13,985	53.1	26,340	100.0
Tertiary	8,232	59.6	5,581	40.4	13,813	100.0
Total	**58,663**	**36.6**	**101,518**	**63.4**	**160,181**	**100.0**
Total						
No schooling	3,504	35.2	6,439	64.8	9,943	100.0
Primary	26,245	32.4	54,822	67.6	81,067	100.0
Secondary	55,611	40.9	80,480	59.1	136,091	100.0
Post-secondary	28,448	51.9	26,389	48.1	54,837	100.0
Tertiary	19,316	64.1	10,825	35.9	30,141	100.0
Total	**133,124**	**42.7**	**178,955**	**57.3**	**312,079**	**100.0**

Table 88. Distribution of persons by wine drinking and marital status

Marital status	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
Married	86,139	44.0	109,569	56.0	195,708	100.0
Single	35,491	43.7	45,632	56.3	81,123	100.0
Divorced/annulled/ separated	4,546	42.9	6,050	57.1	10,596	100.0
Widowed	4,025	21.7	14,554	78.3	18,579	100.0
Cohabiting[u]	2,923	48.1	3,151	51.9	6,073	100.0
Total	**133,124**	**42.7**	**178,955**	**57.3**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Table 89. Distribution of persons by sex and wine consumption

Wine consumption	Male		Female		Total	
	Number	%	Number	%	Number	%
None	77,437	51.0	101,519	63.4	178,955	57.3
1 - 2 glasses	32,081	21.1	37,229	23.2	69,311	22.2
3 - 9 glasses	34,757	22.9	19,394	12.1	54,151	17.4
10 glasses or more	7,622	5.0	2,040	1.3	9,662	3.1
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Table 90. Distribution of persons by age group and wine consumption

Wine consumption	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	19,044	50.8	27,175	53.3	25,635	51.5	35,970	58.5	33,128	61.2	38,004	65.3	178,955	57.3
1-2 glasses	11,172	29.8	12,901	25.3	15,010	30.1	12,623	20.5	6,864	12.7	10,739	18.5	69,311	22.2
3-9 glasses	6,960	18.5	9,653	18.9	8,559	17.2	9,424	15.3	11,172	20.7	8,383	14.4	54,151	17.4
10 glasses or more	346	0.9	1,300	2.5	594	1.2	3,421	5.6	2,924	5.4	1,077	1.9	9,662	3.1
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,437**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Chart 21. Wine consumption

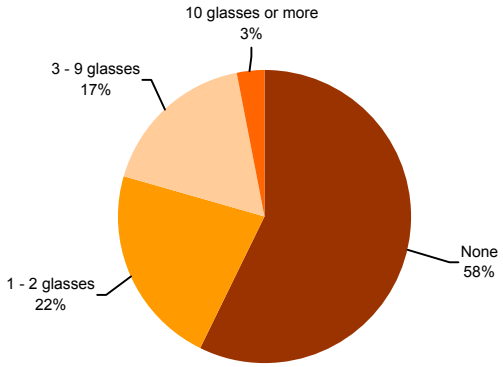

Table 91. Distribution of persons by district and wine consumption

Wine consumption	Southern Harbour		Northern Harbour		South Eastern		Western		Northern		Gozo and Comino		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	38,994	61.7	52,994	57.6	23,670	57.0	27,029	52.3	22,631	52.9	13,639	65.1	178,955	57.3
1 - 2 glasses	13,505	21.4	19,969	21.7	9,700	23.4	13,399	25.9	9,196	21.5	3,540	16.9	69,311	22.2
3 - 9 glasses	9,300	14.7	16,819	18.3	6,657	16.0	9,527	18.4	9,433	22.0	2,415	11.5	54,151	17.4
10 glasses or more	1,364	2.2	2,198	2.4	1,488	3.6	1,720	3.3	1,538	3.6	1,354	6.5	9,662	3.1
Total	**63,163**	**100.0**	**91,979**	**100.0**	**41,515**	**100.0**	**51,675**	**100.0**	**42,799**	**100.0**	**20,948**	**100.0**	**312,079**	**100.0**

Table 92. Distribution of persons by educational level and wine consumption

Wine consumption	No schooling		Primary		Secondary		Post-secondary		Tertiary		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	6,439	64.8	54,822	67.6	80,480	59.1	26,389	48.1	10,825	35.9	178,955	57.3
1-2 glasses	1,620	16.3	13,729	16.9	27,638	20.3	17,111	31.2	9,212	30.6	69,311	22.2
3-9 glasses	1,787	18.0	9,841	12.1	24,529	18.0	9,810	17.9	8,185	27.2	54,151	17.4
10 glasses or more	97	1.0	2,675	3.3	3,444	2.5	1,527	2.8	1,919	6.4	9,662	3.1
Total	**9,943**	**100.0**	**81,067**	**100.0**	**136,091**	**100.0**	**54,837**	**100.0**	**30,141**	**100.0**	**312,079**	**100.0**

Table 93. Distribution of persons by marital status and wine consumption

Wine consumption	Married		Single		Divorced/annulled/ separated		Widowed		Cohabiting[u]		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	109,569	56.0	45,632	56.3	6,050	57.1	14,554	78.3	3,151	51.9	178,955	57.3
1-2 glasses	44,793	22.9	19,004	23.4	1,108	10.5	2,656	14.3	1,749	28.8	69,311	22.2
3-9 glasses	33,877	17.3	15,185	18.7	3,438	32.4	1,005	5.4	646	10.6	54,151	17.4
10 glasses or more	7,470	3.8	1,302	1.6	-	-	363	2.0	528	8.7	9,662	3.1
Total	**195,708**	**100.0**	**81,123**	**100.0**	**10,596**	**100.0**	**18,579**	**100.0**	**6,073**	**100.0**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Table 94. Distribution of persons by beer drinking, sex and age group

Age group	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	12,642	62.0	7,743	38.0	20,385	100.0
25-34	12,203	45.9	14,378	54.1	26,581	100.0
35-44	9,845	41.4	13,936	58.6	23,781	100.0
45-54	13,019	43.3	17,025	56.7	30,044	100.0
55-64	11,876	44.5	14,836	55.5	26,712	100.0
65+	6,190	25.4	18,205	74.6	24,395	100.0
Total	**65,775**	**43.3**	**86,123**	**56.7**	**151,898**	**100.0**
			Female			
18-24	1,016	5.9	16,121	94.1	17,137	100.0
25-34	1,906	7.8	22,543	92.2	24,448	100.0
35-44	1,415	5.4	24,602	94.6	26,017	100.0
45-54	1,335	4.3	30,060	95.7	31,393	100.0
55-64	1,425	5.2	25,951	94.8	27,377	100.0
65+	2,057	6.1	31,752	93.9	33,809	100.0
Total	**9,153**	**5.7**	**151,028**	**94.3**	**160,181**	**100.0**
			Total			
18-24	13,658	36.4	23,864	63.6	37,522	100.0
25-34	14,109	27.6	36,921	72.4	51,029	100.0
35-44	11,260	22.6	38,538	77.4	49,798	100.0
45-54	14,353	23.4	47,084	76.6	61,437	100.0
55-64	13,302	24.6	40,788	75.4	54,089	100.0
65+	8,247	14.2	49,957	85.8	58,204	100.0
Total	**74,928**	**24.0**	**237,151**	**76.0**	**312,079**	**100.0**

Chart 22. Beer drinking by age group

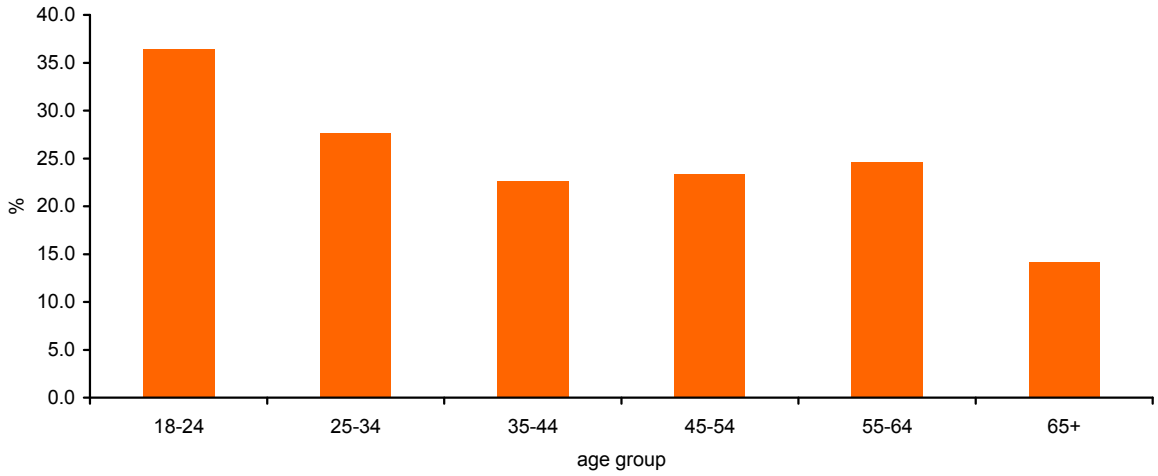

Table 95. Distribution of persons by beer drinking, sex and district

District	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
			Male			
Southern Harbour	13,959	43.0	18,473	57.0	32,432	100.0
Northern Harbour	15,979	38.8	25,247	61.2	41,227	100.0
South Eastern	10,352	46.8	11,774	53.2	22,126	100.0
Western	12,269	48.9	12,821	51.1	25,091	100.0
Northern	8,431	42.0	11,649	58.0	20,080	100.0
Gozo and Comino	4,784	43.7	6,159	56.3	10,942	100.0
Total	**65,775**	**43.3**	**86,123**	**56.7**	**151,898**	**100.0**
			Female			
Southern Harbour	2,363	7.7	28,368	92.3	30,731	100.0
Northern Harbour	2,362	4.7	48,392	95.3	50,752	100.0
South Eastern	469	2.4	18,919	97.6	19,389	100.0
Western	1,782	6.7	24,802	93.3	26,584	100.0
Northern	1,015	4.5	21,704	95.5	22,719	100.0
Gozo and Comino	1,163	11.6	8,843	88.4	10,006	100.0
Total	**9,153**	**5.7**	**151,028**	**94.3**	**160,181**	**100.0**
			Total			
Southern Harbour	16,322	25.8	46,841	74.2	63,163	100.0
Northern Harbour	18,341	19.9	73,639	80.1	91,979	100.0
South Eastern	10,822	26.1	30,693	73.9	41,515	100.0
Western	14,051	27.2	37,623	72.8	51,675	100.0
Northern	9,446	22.1	33,353	77.9	42,799	100.0
Gozo and Comino	5,946	28.4	15,002	71.6	20,948	100.0
Total	**74,928**	**24.0**	**237,151**	**76.0**	**312,079**	**100.0**

Table 96. Distribution of persons by beer drinking, sex and educational level

Educational level	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
Male						
No schooling	1,039	23.6	3,356	76.4	4,395	100.0
Primary	11,249	33.5	22,334	66.5	33,583	100.0
Secondary	32,919	47.6	36,175	52.4	69,095	100.0
Post-secondary	13,931	48.9	14,566	51.1	28,497	100.0
Tertiary	6,637	40.6	9,691	59.4	16,328	100.0
Total	**65,775**	**43.3**	**86,123**	**56.7**	**151,898**	**100.0**
Female						
No schooling	677	12.2	4,870	87.8	5,548	100.0
Primary	1,960	4.1	45,524	95.9	47,484	100.0
Secondary	3,152	4.7	63,844	95.3	66,996	100.0
Post-secondary	2,111	8.0	24,229	92.0	26,340	100.0
Tertiary	1,252	9.1	12,561	90.9	13,813	100.0
Total	**9,153**	**5.7**	**151,028**	**94.3**	**160,181**	**100.0**
Total						
No schooling	1,716	17.3	8,227	82.7	9,943	100.0
Primary	13,209	16.3	67,858	83.7	81,067	100.0
Secondary	36,071	26.5	100,020	73.5	136,091	100.0
Post-secondary	16,042	29.3	38,795	70.7	54,837	100.0
Tertiary	7,889	26.2	22,252	73.8	30,141	100.0
Total	**74,928**	**24.0**	**237,151**	**76.0**	**312,079**	**100.0**

Table 97. Distribution of persons by beer drinking and by marital status

Marital status	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
Married	43,157	22.1	152,551	77.9	195,708	100.0
Single	25,512	31.4	55,611	68.6	81,123	100.0
Divorced/annulled/ separated	2,906	27.4	7,690	72.6	10,596	100.0
Widowed	1,392	7.5	17,187	92.5	18,579	100.0
Cohabiting[u]	1,961	32.3	4,112	67.7	6,073	100.0
Total	**74,928**	**24.0**	**237,151**	**76.0**	**312,079**	**100.0**

[u] = under-represented. Treat with caution

Table 98. Distribution of persons by sex and beer consumption

Beer consumption	Male		Female		Total	
	Number	%	Number	%	Number	%
None	86,123	56.7	151,029	94.3	237,151	76.0
1-2 bottles	24,144	15.9	6,872	4.3	31,016	9.9
3-9 bottles	29,781	19.6	2,281	1.4	32,062	10.3
10 bottles or more	11,850	7.8	-	-	11,850	3.8
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Table 99. Distribution of persons by age group and beer consumption

Beer consumption	18 - 24		25 - 34		35 - 44		45 - 54		55 - 64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	23,864	63.6	36,921	72.4	38,538	77.4	47,084	76.6	40,788	75.4	49,957	85.8	237,151	76.0
1-2 bottles	6,568	17.5	5,246	10.3	5,004	10.0	5,270	8.6	5,038	9.3	3,891	6.7	31,016	9.9
3-9 bottles	5,270	14.0	7,649	15.0	3,758	7.5	5,133	8.4	6,365	11.8	3,887	6.7	32,062	10.3
10 bottles or more	1,820	4.9	1,214	2.4	2,498	5.0	3,950	6.4	1,899	3.5	469	0.8	11,850	3.8
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,438**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Table 100. Distribution of persons by district and beer consumption

Beer consumption	Southern Harbour		Northern Harbour		South Eastern		Western		Northern		Gozo and Comino		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	46,841	74.2	73,639	80.1	30,693	73.9	37,623	72.8	33,353	77.9	15,002	71.6	237,151	76.0
1-2 bottles	7,731	12.2	7,780	8.5	3,102	7.5	5,837	11.3	4,432	10.4	2,133	10.2	31,016	9.9
3-9 bottles	6,918	11.0	7,006	7.6	6,200	14.9	6,502	12.6	2,690	6.3	2,746	13.1	32,062	10.3
10 bottles or more	1,673	2.6	3,555	3.9	1,520	3.7	1,713	3.3	2,324	5.4	1,066	5.1	11,850	3.8
Total	**63,163**	**100.0**	**91,980**	**100.0**	**41,515**	**100.0**	**51,675**	**100.0**	**42,799**	**100.0**	**20,948**	**100.0**	**312,079**	**100.0**

Table 101. Distribution of persons by educational level and beer consumption

Beer consumption	No schooling		Primary		Secondary		Post-secondary		Tertiary		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	8,227	82.7	67,858	83.7	100,020	73.5	38,795	70.7	22,252	73.8	237,151	76.0
1-2 bottles	983	9.9	4,080	5.0	13,004	9.6	8,067	14.7	4,884	16.2	31,016	9.9
3-9 bottles	734	7.4	6,204	7.7	16,939	12.4	5,488	10.0	2,697	8.9	32,062	10.3
10 bottles or more	-	-	2,926	3.6	6,128	4.5	2,487	4.5	308	1.0	11,850	3.8
Total	**9,943**	**100.0**	**81,067**	**100.0**	**136,091**	**100.0**	**54,837**	**100.0**	**30,141**	**100.0**	**312,079**	**100.0**

Table 102. Distribution of persons by marital status and beer consumption

Beer consumption	Married		Single		Divorced/annulled/ separated		Widowed		Cohabiting[u]		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	152,551	77.9	55,611	68.6	7,690	72.6	17,187	92.5	4,112	67.7	237,151	76.0
1-2 bottles	18,993	9.7	10,718	13.2	343	3.2	677	3.6	285	4.7	31,016	9.9
3-9 bottles	17,580	9.0	11,516	14.2	1,512	14.3	715	3.8	739	12.2	32,062	10.3
10 bottles or more	6,585	3.4	3,278	4.0	1,051	9.9	-	-	936	15.4	11,850	3.8
Total	**195,708**	**100.0**	**81,123**	**100.0**	**10,596**	**100.0**	**18,579**	**100.0**	**6,073**	**100.0**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Table 103. Distribution of persons by spirit drinking, sex and age group

Age group	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	10,928	53.6	9,457	46.4	20,385	100.0
25-34	8,225	30.9	18,355	69.1	26,581	100.0
35-44	4,102	17.2	19,679	82.8	23,781	100.0
45-54	5,631	18.7	24,413	81.3	30,044	100.0
55-64	7,552	28.3	19,161	71.7	26,712	100.0
65+	4,233	17.4	20,162	82.6	24,395	100.0
Total	**40,671**	**26.8**	**111,227**	**73.2**	**151,898**	**100.0**
			Female			
18-24	8,040	46.9	9,096	53.1	17,137	100.0
25-34	4,789	19.6	19,659	80.4	24,448	100.0
35-44	2,798	10.8	23,219	89.2	26,017	100.0
45-54	2,957	9.4	28,437	90.6	31,393	100.0
55-64	2,018	7.4	25,358	92.6	27,377	100.0
65+	1,972	5.8	31,837	94.2	33,809	100.0
Total	**22,575**	**14.1**	**137,606**	**85.9**	**160,181**	**100.0**
			Total			
18-24	18,968	50.3	18,553	49.7	37,522	100.0
25-34	13,014	25.3	38,014	74.7	51,029	100.0
35-44	6,900	14.0	42,898	86.0	49,798	100.0
45-54	8,588	14.1	52,850	85.9	61,437	100.0
55-64	9,570	17.8	44,519	82.2	54,089	100.0
65+	6,205	11.6	51,999	88.4	58,204	100.0
Total	**63,246**	**20.3**	**248,833**	**79.6**	**312,079**	**100.0**

Chart 22. Spirit drinking by age group

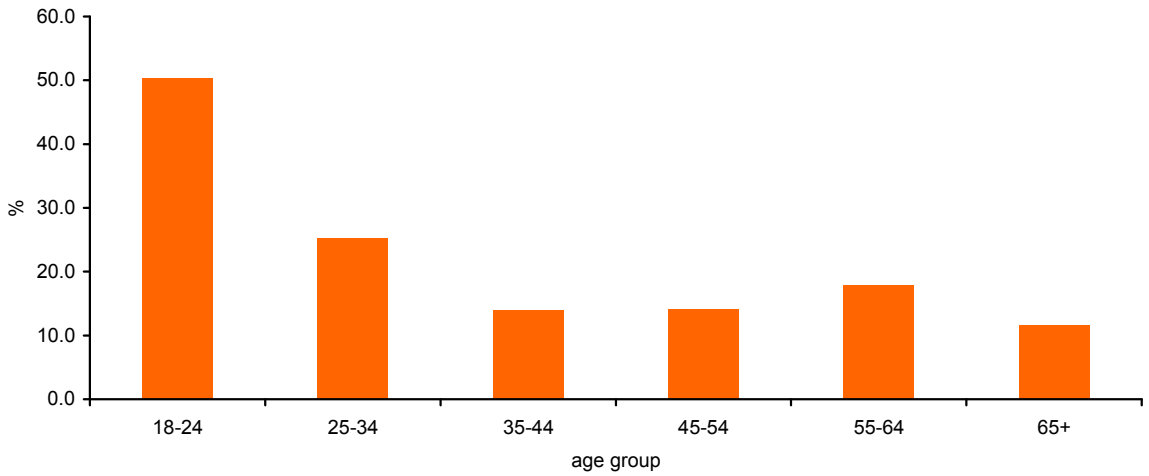

Table 104. Distribution of persons by spirit drinking, sex and district

District	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
			Male			
Southern Harbour	6,661	20.5	25,770	79.5	32,432	100.0
Northern Harbour	10,421	25.3	30,806	74.7	41,227	100.0
South Eastern	6,420	29.0	15,706	71.0	22,126	100.0
Western	9,141	36.4	15,949	63.6	25,091	100.0
Northern	4,912	24.5	15,169	75.5	20,080	100.0
Gozo and Comino	3,115	28.5	7,827	71.5	10,942	100.0
Total	**40,671**	**26.8**	**111,227**	**73.2**	**151,898**	**100.0**
			Female			
Southern Harbour	4,292	14.0	26,439	86.0	30,731	100.0
Northern Harbour	8,176	16.1	42,578	83.9	50,752	100.0
South Eastern	2,360	12.2	17,029	87.8	19,389	100.0
Western	2,453	9.2	24,131	90.8	26,584	100.0
Northern	3,452	15.2	19,266	84.8	22,719	100.0
Gozo and Comino	1,843	18.4	8,163	81.6	10,006	100.0
Total	**22,575**	**14.1**	**137,606**	**85.9**	**160,181**	**100.0**
			Total			
Southern Harbour	10,953	17.3	52,209	82.7	63,163	100.0
Northern Harbour	18,597	20.7	73,384	79.3	91,979	100.0
South Eastern	8,780	20.6	32,735	79.4	41,515	100.0
Western	11,594	22.8	40,080	77.2	51,675	100.0
Northern	8,364	19.8	34,435	80.2	42,799	100.0
Gozo and Comino	4,958	23.4	15,990	76.6	20,948	100.0
Total	**63,246**	**20.3**	**248,833**	**79.6**	**312,079**	**100.0**

Table 105. Distribution of persons by spirit drinking, sex and educational level

Educational level	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
Male						
No schooling	605	13.8	3,791	86.2	4,395	100.0
Primary	4,944	14.7	28,640	85.3	33,583	100.0
Secondary	16,722	24.2	52,373	75.8	69,095	100.0
Post-secondary	13,175	46.2	15,322	53.8	28,497	100.0
Tertiary	5,225	32.0	11,102	68.0	16,328	100.0
Total	**40,671**	**26.8**	**111,227**	**73.2**	**151,898**	**100.0**
Female						
No schooling	339	6.1	5,209	93.9	5,548	100.0
Primary	1,625	3.4	45,859	96.6	47,484	100.0
Secondary	8,854	13.2	58,142	86.8	66,996	100.0
Post-secondary	6,531	24.8	19,809	75.2	26,340	100.0
Tertiary	5,226	37.8	8,588	62.2	13,814	100.0
Total	**22,575**	**14.1**	**137,606**	**85.9**	**160,181**	**100.0**
Total						
No schooling	944	9.9	9,000	90.1	9,943	100.0
Primary	6,569	9.1	74,499	90.9	81,067	100.0
Secondary	25,576	18.7	110,515	81.3	136,091	100.0
Post-secondary	19,706	35.5	35,131	64.5	54,837	100.0
Tertiary	10,451	34.9	19,690	65.1	30,142	100.0
Total	**63,246**	**20.3**	**248,833**	**79.6**	**312,079**	**100.0**

Table 106. Distribution of persons by spirit drinking and marital status

Marital status	Drink		Does not drink		Total	
	Number	%	Number	%	Number	%
Married	31,871	16.3	163,838	83.7	195,708	100.0
Single	26,662	32.9	54,461	67.1	81,123	100.0
Divorced/annulled/ separated	2,088	19.7	8,508	80.3	10,596	100.0
Widowed	843	4.5	17,736	95.5	18,579	100.0
Cohabiting[u]	1,782	29.3	4,291	70.7	6,073	100.0
Total	**63,246**	**20.3**	**248,833**	**79.7**	**312,079**	**100.0**

[u] = under-represented. Treat with caution

Table 107. Distribution of persons by sex and spirit consumption

Spirit consumption	Male		Female		Total	
	Number	%	Number	%	Number	%
None	111,227	73.2	137,607	85.9	248,833	79.7
1-2 drinks	16,685	11.0	12,339	7.7	29,024	9.3
3-9 drinks	16,823	11.1	8,454	5.3	25,277	8.1
10 drinks or more	7,163	4.7	1,782	1.1	8,945	2.9
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Table 108. Distribution of persons by age group and spirit consumption

Spirit consumption	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	18,554	49.4	38,015	74.5	42,897	86.1	52,850	86.0	44,519	82.3	51,999	89.3	248,833	79.7
1-2 drinks	7,271	19.4	6,041	11.8	3,328	6.7	4,225	6.9	4,530	8.4	3,628	6.2	29,024	9.3
3-9 drinks	8,454	22.5	5,342	10.5	3,258	6.5	3,140	5.1	3,579	6.6	1,503	2.6	25,277	8.1
10 drinks or more	3,243	8.6	1,631	3.2	315	0.6	1,223	2.0	1,461	2.7	1,074	1.8	8,945	2.9
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,437**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Chart 23. Spirit consumption

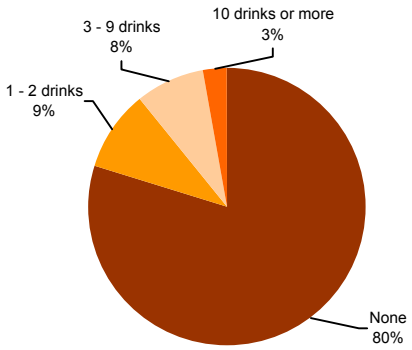

Table 109. Distribution of persons by district and spirit consumption

Spirit consumption	Southern Harbour		Northern Harbour		South Eastern		Western		Northern		Gozo and Comino		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	52,210	82.7	73,384	79.8	32,734	78.9	40,080	77.6	34,435	80.5	15,990	76.3	248,833	79.7
1-2 drinks	6,561	10.4	8,052	8.8	3,205	7.7	7,238	14.0	2,756	6.4	1,211	5.8	29,024	9.3
3-9 drinks	2,806	4.4	7,551	8.2	4,084	9.8	3,282	6.4	4,024	9.4	3,529	16.8	25,277	8.1
10 drinks or more	1,585	2.5	2,993	3.3	1,492	3.6	1,074	2.1	1,584	3.7	217	1.0	8,945	2.9
Total	**63,163**	**100.0**	**91,979**	**100.0**	**41,515**	**100.0**	**51,675**	**100.0**	**42,799**	**100.0**	**20,948**	**100.0**	**312,079**	**100.0**

Table 110. Distribution of persons by educational level and spirit consumption

Spirit consumption	No schooling		Primary		Secondary		Post-secondary		Tertiary		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	9,000	90.5	74,499	91.9	110,515	81.2	35,131	64.1	19,690	65.3	248,833	79.7
1-2 drinks	741	7.5	3,582	4.4	11,307	8.3	8,062	14.7	5,332	17.7	29,024	9.3
3-9 drinks	202	2.0	2,076	2.6	9,289	6.8	9,660	17.6	4,049	13.4	25,277	8.1
10 drinks or more	-	-	911	1.1	4,979	3.7	1,985	3.6	1,070	3.6	8,945	2.9
Total	**9,943**	**100.0**	**81,067**	**100.0**	**136,091**	**100.0**	**54,837**	**100.0**	**30,141**	**100.0**	**312,079**	**100.0**

Table 111. Distribution of persons by marital status and spirit consumption

Spirit consumption	Married		Single		Divorced/annulled/ separated		Widowed		Cohabiting[u]		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
None	163,838	83.7	54,461	67.1	8,508	80.3	17,736	95.5	4,291	70.7	248,833	79.7
1-2 drinks	15,792	8.1	10,907	13.4	1,070	10.1	339	1.8	915	15.1	29,024	9.3
3-9 drinks	11,388	5.8	12,018	14.8	1,018	9.6	252	1.4	601	9.9	25,277	8.1
10 drinks or more	4,690	2.4	3,737	4.6	-	-	252	1.4	266	4.4	8,945	2.9
Total	**195,708**	**100.0**	**81,123**	**100.0**	**10,596**	**100.0**	**18,579**	**100.0**	**6,073**	**100.0**	**312,079**	**100.0**

[u] = under-represented. Treat with caution.

Table 112. Average amount of alcohol consumed weekly by type and sex

Sex	Glasses of wine	Bottles of beer	Tots of spirits
Male	5.0	5.9	5.4
Female	3.0	2.1	4.3
Total	**4.2**	**5.4**	**5.0**

Table 113. Average amount of alcohol consumed weekly by type and age group

Age group	Glasses of wine	Bottles of beer	Tots of spirits
18-24	2.9	4.4	5.4
25-34	3.2	4.7	5.4
35-44	2.8	6.1	3.2
45-54	5.3	7.0	4.4
55-64	6.0	5.8	5.5
65+	4.7	4.0	5.3
Total	**4.2**	**5.4**	**5.0**

Table 114. Average amount of alcohol consumed weekly by type and educational level

Educational level	Glasses of wine	Bottles of beer	Tots of spirits
No schooling	4.3	3.2	2.2
Primary	5.0	6.8	4.4
Secondary	4.2	5.7	5.7
Post-secondary	3.3	4.9	4.6
Tertiary	4.3	3.6	4.7
Total	**4.2**	**5.4**	**5.0**

Table 115. Average amount of alcohol consumed weekly by type and district

District	Glasses of wine	Bottles of beer	Tots of spirits
Southern Harbour	3.5	4.8	5.1
Northern Harbour	4.2	6.3	5.0
South Eastern	4.1	5.1	5.2
Western	4.3	4.8	4.0
Northern	4.1	6.0	6.6
Gozo and Comino	6.0	5.8	4.5
Total	**4.2**	**5.4**	**5.0**

Table 116. Distribution of persons who drove a car after consuming three alcoholic drinks or more, by sex

	Male		Female		Total	
	Number	%	Number	%	Number	%
Drove	32,537	21.4	10,916	6.8	43,453	13.9
Did not drive	119,361	78.6	149,266	93.2	268,626	86.1
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Table 117. Distribution of persons who drove a car after consuming three alcoholic drinks or more, by age group

	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Drove	7,526	20.1	13,188	25.8	8,189	16.4	6,559	10.7	6,152	11.4	1,838	3.2	43,453	13.9
Did not drive	29,996	79.9	37,841	74.2	41,609	83.6	54,878	89.3	47,938	88.6	56,365	96.8	268,626	86.1
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,437**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Chart 25. Driving after consuming 3 drinks or more by age group

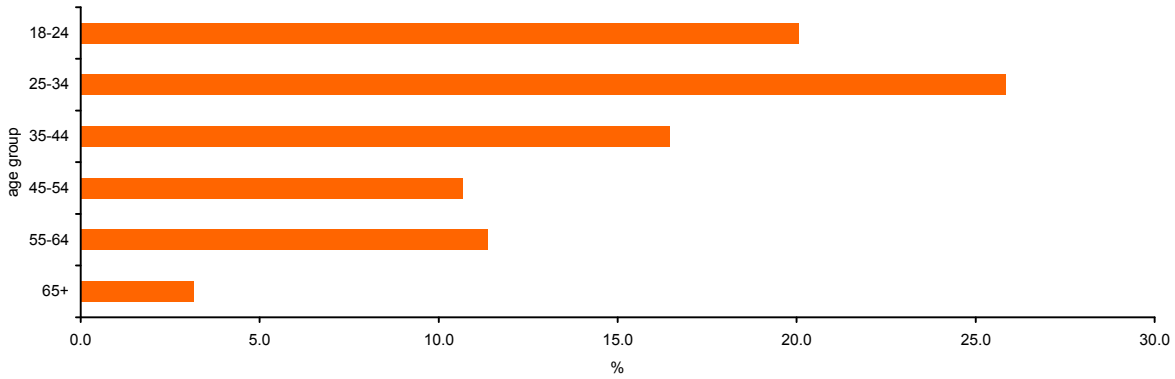

Table 118. Distribution of persons who drove a car after consuming three alcoholic drinks or more, by district

	Southern Harbour		Northern Harbour		South Eastern		Western		Northern		Gozo and Comino		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Drove	8,526	13.5	11,710	12.7	8,372	20.2	7,004	13.6	6,373	14.9	1,467	7.0	43,453	13.9
Did not drive	54,637	86.5	80,270	87.3	33,142	79.8	44,671	86.4	36,426	85.1	19,481	93.0	268,626	86.1
Total	**63,163**	**100.0**	**91,979**	**100.0**	**41,515**	**100.0**	**51,675**	**100.0**	**42,799**	**100.0**	**20,948**	**100.0**	**312,079**	**100.0**

Table 119. Distribution of persons who drove a car after consuming three alcoholic drinks or more, by educational level

	No schooling		Primary		Secondary		Post-secondary		Tertiary		Total	
	Number	**%**	**Number**	**%**	**Number**	**%**	**Number**	**%**	**Number**	**%**	**Number**	**%**
Drove	664	6.7	4,165	5.1	20,909	15.4	10,407	19.0	7,307	24.2	43,453	13.9
Did not drive	9,279	93.3	76,902	94.9	115,181	84.6	44,430	81.0	22,834	75.8	268,626	86.1
Total	**9,943**	**100.0**	**81,067**	**100.0**	**136,091**	**100.0**	**54,837**	**100.0**	**30,141**	**100.0**	**312,079**	**100.0**

Drugs

Table 120. Distribution of persons making use of any prescribed tranquillizers, antidepressants or sedatives by sex

Sex	Made use of		Did not make use of		Total	
	Number	%	Number	%	Number	%
Male	18,032	11.9	133,866	88.1	151,898	100.0
Female	26,420	16.5	133,761	83.5	160,181	100.0
Total	**44,452**	**14.2**	**267,627**	**85.8**	**312,079**	**100.0**

Chart 26. Use of any prescribed tranquillizers, antidepressants or sedatives

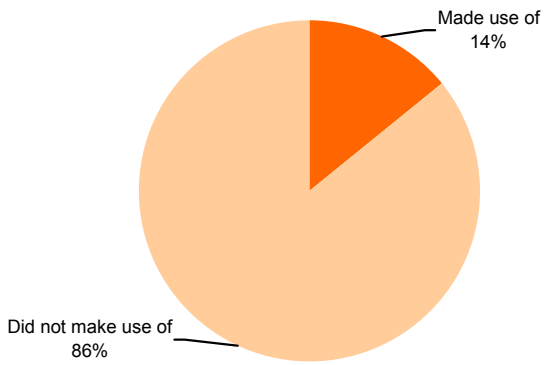

Table 121. Distribution of persons making use of any prescribed tranquillizers, antidepressants or sedatives by age group

Age group	Made use of		Did not make use of		Total	
	Number	%	Number	%	Number	%
18-24	3,073	8.2	34,448	91.8	37,522	100.0
25-34	2,308	4.5	48,721	95.5	51,029	100.0
35-44	6,667	13.4	43,131	86.6	49,798	100.0
45-54	9,425	15.3	52,013	84.7	61,437	100.0
55-64	11,131	20.6	42,958	79.4	54,089	100.0
65+	11,847	20.4	46,357	79.6	58,204	100.0
Total	**44,452**	**14.2**	**267,627**	**85.8**	**312,079**	**100.0**

Table 122. Distribution of persons making use of any unprescribed tranquillizers, antidepressants or sedatives by sex

Sex	Made use of		Did not make use of		Total	
	Number	%	Number	%	Number	%
Male	3,321	2.2	148,577	97.8	151,898	100.0
Female	6,601	4.1	153,580	95.9	160,181	100.0
Total	**9,922**	**3.2**	**302,157**	**96.8**	**312,079**	**100.0**

Chart 27. Use of any unprescribed tranquillizers, antidepressants or sedatives

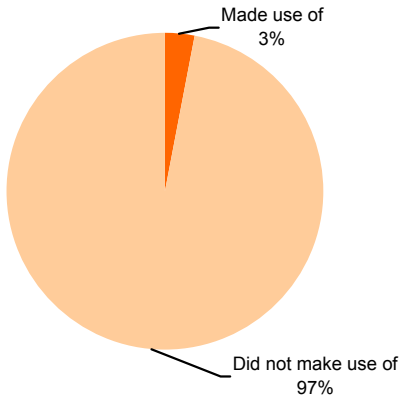

Table 123. Distribution of persons making use of any unprescribed tranquillizers, antidepressants or sedatives by age group

Age group	Made use of		Did not make use of		Total	
	Number	%	Number	%	Number	%
18-24	1,028	2.7	36,494	97.3	37,522	100.0
25-34	915	1.8	50,114	98.2	51,029	100.0
35-44	1,085	2.2	48,713	97.8	49,798	100.0
45-54	2,064	3.4	59,374	96.6	61,437	100.0
55-64	1,684	3.1	52,406	96.9	54,089	100.0
65+	3,147	5.4	55,057	94.6	58,204	100.0
Total	**9,922**	**3.2**	**302,157**	**96.8**	**312,079**	**100.0**

Table 124. Distribution of persons making use of drugs by sex

Sex	Made use of		Did not make use of		Total	
	Number	%	Number	%	Number	%
Male	7,145	4.7	144,751	95.3	151,898	100.0
Female	2,788	1.7	157,393	98.3	160,181	100.0
Total	**9,933**	**3.2**	**302,146**	**96.8**	**312,079**	**100.0**

Chart 28. Use of illicit drugs

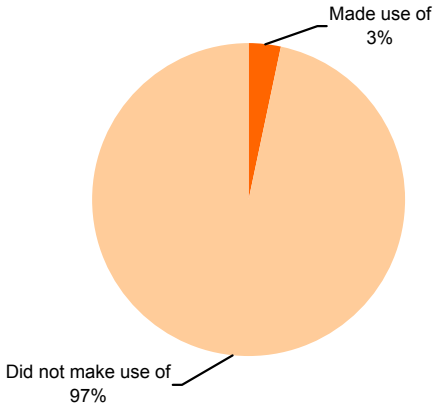

Table 125. Distribution of persons making use of drugs by age group

Age group	Made use of		Did not make use of		Total	
	Number	%	Number	%	Number	%
18-24	5,261	14.0	32,261	86.0	37,522	100.0
25-34	2,908	5.7	48,121	94.3	51,029	100.0
35-44	361	0.7	49,437	99.3	49,798	100.0
45-54	181	0.3	61,257	99.7	61,437	100.0
55-64	669	1.2	53,420	98.8	54,089	100.0
65+	552	0.9	57,651	99.1	58,204	100.0
Total	**9,933**	**3.2**	**302,146**	**96.8**	**312,079**	**100.0**

Eating Habits

Table 126. Distribution of persons by fruit consumption, sex and age group

Age group	Consumed fruit		Did not consume fruit		Total	
	Number	%	Number	%	Number	%
Male						
18-24	17,202	84.4	3,183	15.6	20,385	100.0
25-34	23,392	88.0	3,189	12.0	26,581	100.0
35-44	23,292	97.9	489	2.1	23,781	100.0
45-54	29,010	96.6	1,034	3.4	30,044	100.0
55-64	25,816	96.6	896	3.4	26,712	100.0
65+	23,774	97.5	621	2.5	24,395	100.0
Total	**142,487**	**93.8**	**9,411**	**6.2**	**151,898**	**100.0**
Female						
18-24	15,494	90.4	1,643	9.6	17,137	100.0
25-34	22,700	92.8	1,749	7.2	24,448	100.0
35-44	25,203	96.9	814	3.1	26,017	100.0
45-54	30,281	96.5	1,114	3.5	31,393	100.0
55-64	27,148	99.2	229	0.8	27,377	100.0
65+	33,262	98.4	546	1.6	33,809	100.0
Total	**154,088**	**96.2**	**6,093**	**3.8**	**160,181**	**100.0**
Total						
18-24	32,696	87.4	4,826	12.6	37,522	100.0
25-34	46,092	90.4	4,938	9.6	51,029	100.0
35-44	48,495	97.4	1,303	2.6	49,798	100.0
45-54	59,291	96.5	2,148	3.5	61,437	100.0
55-64	52,964	97.9	1,125	2.1	54,089	100.0
65+	57,036	97.9	1,167	2.1	58,204	100.0
Total	**296,575**	**95.0**	**15,504**	**5.0**	**312,079**	**100.0**

Table 127. Distribution of persons by number of days in which they consume fresh fruit by sex

No of days	Male		Female		Total	
	Number	%	Number	%	Number	%
Never	9,412	6.2	6,093	3.8	15,505	5.0
1-2	30,015	19.8	27,656	17.3	57,671	18.5
3-5	42,412	27.9	45,417	28.4	87,829	28.1
6-7	70,059	46.1	81,015	50.6	151,074	48.4
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Chart 29. Fresh fruit consumption

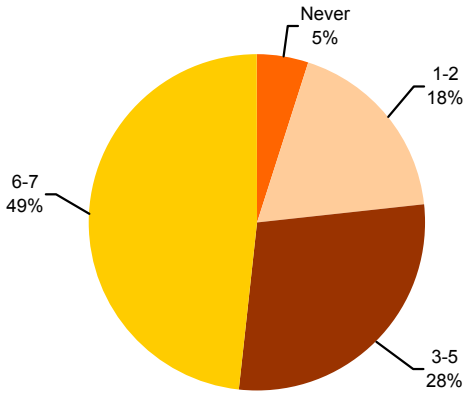

Table 128. Distribution of persons by number of days in which they consume fresh fruit by age group

Number of days	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Never	4,825	12.9	4,937	9.7	1,303	2.6	2,147	3.5	1,125	2.1	1,168	2.0	15,505	5.0
1-2	9,850	26.3	11,546	22.6	11,132	22.4	9,131	14.9	9,463	17.5	6,550	11.3	57,671	18.5
3-5	11,734	31.3	15,974	31.3	13,980	28.1	18,300	29.8	14,219	26.3	13,622	23.4	87,829	28.1
6-7	11,112	29.6	18,572	36.4	23,383	47.0	31,860	51.9	29,282	54.1	36,864	63.3	151,074	48.4
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,437**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Table 129. Distribution of persons by vegetable consumption, sex and age group

Age group	Consumed vegetables		Did not consume vegetables		Total	
	Number	%	Number	%	Number	%
			Male			
18-24	18,504	90.8	1,881	9.2	20,385	100.0
25-34	25,031	94.2	1,550	5.8	26,581	100.0
35-44	23,377	98.3	404	1.7	23,781	100.0
45-54	29,269	97.4	775	2.6	30,044	100.0
55-64	26,038	97.5	674	2.5	26,712	100.0
65+	23,674	97.0	721	3.0	24,395	100.0
Total	**145,893**	**96.0**	**6,005**	**4.0**	**151,898**	**100.0**
			Female			
18-24	16,275	95.0	861	5.0	17,137	100.0
25-34	22,912	93.7	1,537	6.3	24,448	100.0
35-44	25,206	96.9	811	3.1	26,017	100.0
45-54	31,240	99.5	154	0.5	31,393	100.0
55-64	26,920	98.3	457	1.7	27,377	100.0
65+	33,262	98.4	546	1.6	33,809	100.0
Total	**155,814**	**97.3**	**4,367**	**2.7**	**160,181**	**100.0**
			Total			
18-24	34,779	92.9	2,742	7.1	37,522	100.0
25-34	47,943	93.9	3,087	6.1	51,029	100.0
35-44	48,583	97.6	1,215	2.4	49,798	100.0
45-54	60,509	98.5	929	1.5	61,437	100.0
55-64	52,958	97.9	1,131	2.1	54,089	100.0
65+	56,936	97.7	1,267	2.3	58,204	100.0
Total	**301,707**	**96.7**	**10,372**	**3.3**	**312,079**	**100.0**

Table 130. Distribution of persons by number of days in which they consume vegetables by sex

No of days	Male		Female		Total	
	Number	%	Number	%	Number	%
Never	6,005	4.0	4,367	2.7	10,372	3.3
1-2	37,291	24.5	34,390	21.5	71,681	23.0
3-5	61,124	40.2	46,626	29.1	107,750	34.5
6-7	47,478	31.3	74,798	46.7	122,276	39.2
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Chart 30. Vegetable consumption

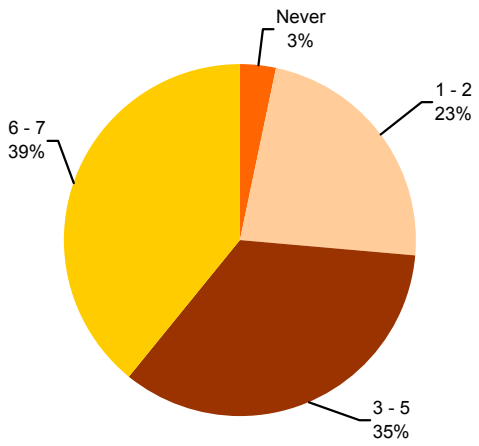

Table 131. Distribution of persons by number of days in which they consume vegetables by age group

Number of days	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Never	2,743	7.3	3,087	6.0	1,215	2.4	929	1.5	1,132	2.1	1,268	2.2	10,372	3.3
1-2	11,612	30.9	16,611	32.6	12,673	25.4	14,101	23.0	8,523	15.8	8,162	14.0	71,681	23.0
3-5	11,716	31.2	17,224	33.8	18,872	37.9	23,021	37.5	20,075	37.1	16,842	28.9	107,750	34.5
6-7	11,451	30.5	14,107	27.6	17,038	34.2	23,388	38.1	24,360	45.0	31,931	54.9	122,276	39.2
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,437**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Table 132. Distribution of persons following a diet by sex and age group

Age group	Follow a diet		Do not follow a diet		Total	
	Number	%	Number	%	Number	%
Male						
18-24	4,760	23.4	15,625	76.6	20,385	100.0
25-34	9,272	34.9	17,309	65.1	26,581	100.0
35-44	12,572	52.9	11,209	47.1	23,781	100.0
45-54	14,283	47.5	15,760	52.5	30,044	100.0
55-64	15,281	57.2	11,431	42.8	26,712	100.0
65+	16,525	67.7	7,870	32.3	24,395	100.0
Total	**72,694**	**47.9**	**79,204**	**52.1**	**151,898**	**100.0**
Female						
18-24	7,677	44.8	9,459	55.2	17,137	100.0
25-34	13,560	55.5	10,888	44.5	24,448	100.0
35-44	14,908	57.3	11,109	42.7	26,017	100.0
45-54	21,956	69.9	9,438	30.1	31,393	100.0
55-64	16,772	61.3	10,605	38.7	27,377	100.0
65+	19,608	58.0	14,200	42.0	33,809	100.0
Total	**94,481**	**59.0**	**65,700**	**41.0**	**160,181**	**100.0**
Total						
18-24	12,437	34.1	25,084	65.9	37,522	100.0
25-34	22,832	45.2	28,197	54.8	51,029	100.0
35-44	27,480	55.1	22,318	44.9	49,798	100.0
45-54	36,239	58.7	25,198	41.3	61,437	100.0
55-64	32,053	59.2	22,036	40.8	54,089	100.0
65+	36,133	62.9	22,070	37.1	58,204	100.0
Total	**167,175**	**53.4**	**144,904**	**46.6**	**312,079**	**100.0**

Chart 31. Percentage of people following a diet by age group

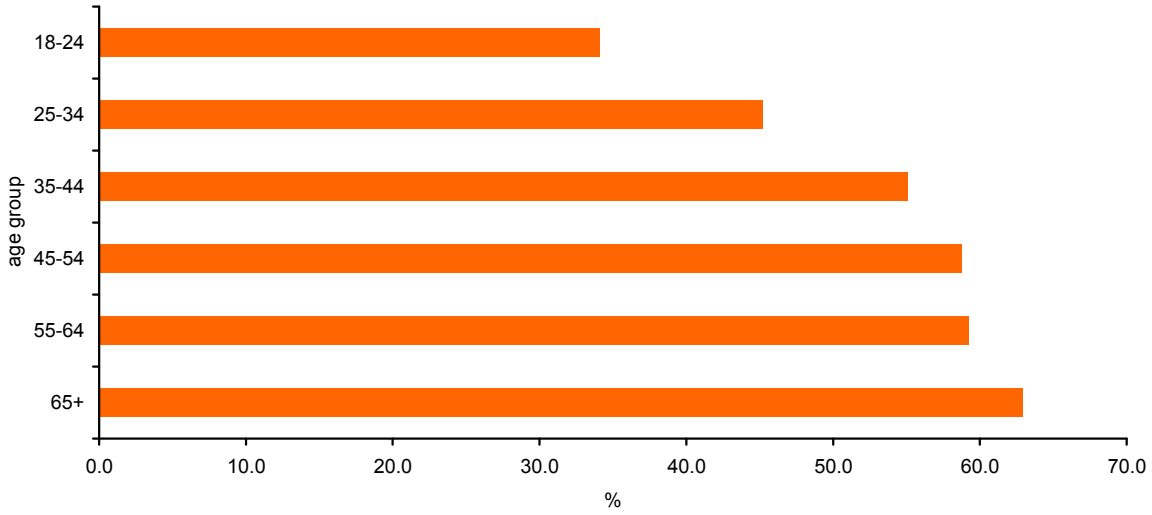

Table 133. Distribution of persons eating fried food by sex and age group

Age group	Follow a diet		Do not follow a diet		Total	
	Number	%	Number	%	Number	%
Male						
18-24	19,393	95.1	992	4.9	20,385	100.0
25-34	18,981	71.4	7,600	28.6	26,581	100.0
35-44	15,759	66.3	8,021	33.7	23,781	100.0
45-54	18,978	63.2	11,066	36.8	30,044	100.0
55-64	16,331	61.1	10,382	38.9	26,712	100.0
65+	11,268	46.2	13,127	53.8	24,395	100.0
Total	**100,710**	**66.3**	**51,188**	**33.7**	**151,898**	**100.0**
Female						
18-24	13,324	77.8	3,812	22.2	17,137	100.0
25-34	14,437	59.0	10,012	41.0	24,448	100.0
35-44	12,068	46.4	13,949	53.6	26,017	100.0
45-54	11,300	36.0	20,095	64.0	31,393	100.0
55-64	13,224	48.3	14,153	51.7	27,377	100.0
65+	15,189	44.9	18,619	55.1	33,809	100.0
Total	**79,541**	**49.7**	**80,640**	**50.3**	**160,181**	**100.0**
Total						
18-24	32,717	86.4	4,804	13.6	37,522	100.0
25-34	33,418	65.2	17,612	34.8	51,030	100.0
35-44	27,827	56.3	21,970	43.7	49,798	100.0
45-54	30,278	49.6	31,161	50.4	61,438	100.0
55-64	29,555	54.7	24,535	45.3	54,089	100.0
65+	26,457	45.6	31,746	54.4	58,203	100.0
Total	**180,251**	**58.0**	**131,828**	**42.0**	**312,079**	**100.0**

Chart 32. Fried food eating by age

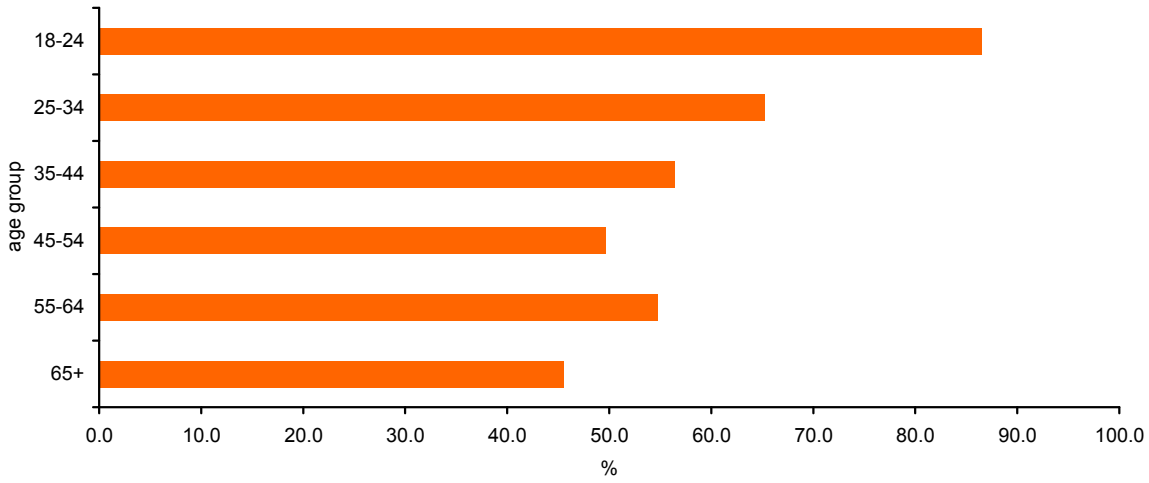

Table 134. Distribution of persons by sex and frequency of fried food eating

Number of days	Male		Female		Total	
	Number	%	Number	%	Number	%
Daily	2,581	1.7	2,497	1.6	5,078	1.6
5-6	3,581	2.4	1,042	0.7	4,622	1.5
3-4	11,920	7.8	7,113	4.4	19,033	6.1
1-2	82,629	54.4	68,890	43.0	151,519	48.6
Never	51,188	33.7	80,640	50.3	131,827	42.2
Total	**151,898**	**100.0**	**160,181**	**100.0**	**312,079**	**100.0**

Chart 32. Frequency of fried food eating

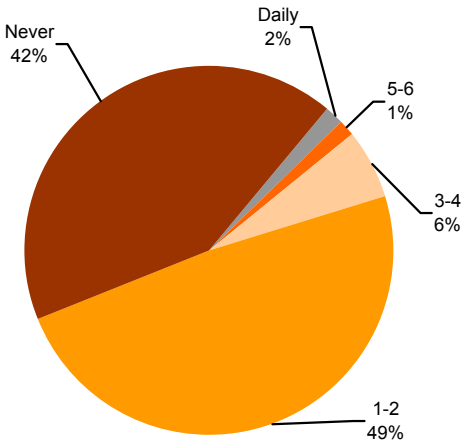

Table 135. Distribution of persons by age group and frequency of fried food eating

Number of days	18-24		25-34		35-44		45-54		55-64		65 +		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Daily	609	1.6	1,162	2.3	344	0.7	438	0.7	461	0.9	2,064	3.5	5,078	1.6
5-6	1,950	5.2	1,377	2.7	185	0.4	217	0.4	464	0.9	429	0.7	4,622	1.5
3-4	6,948	18.5	2,870	5.6	1,896	3.8	2,539	4.1	2,804	5.2	1,976	3.4	19,033	6.1
1-2	23,211	61.9	28,010	54.9	25,402	51.0	27,084	44.1	25,825	47.7	21,987	37.8	151,519	48.6
Never	4,804	12.8	17,612	34.5	21,970	44.1	31,161	50.7	24,535	45.4	31,746	54.5	131,827	42.2
Total	**37,522**	**100.0**	**51,029**	**100.0**	**49,798**	**100.0**	**61,437**	**100.0**	**54,089**	**100.0**	**58,204**	**100.0**	**312,079**	**100.0**

Life Satisfaction

Table 136. Distribution of persons by standard of living rating and sex

Sex	Very good		Good		Neither good nor bad		Bad		Very bad		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Male	13,280	8.7	63,842	42.0	64,288	42.3	6,781	4.5	3,707	2.4	151,898	100.0
Female	13,916	8.7	68,546	42.8	69,485	43.4	6,739	4.2	1,496	0.9	160,181	100.0
Total	**27,195**	**8.7**	**132,388**	**42.4**	**133,774**	**42.9**	**13,520**	**4.3**	**5,202**	**1.7**	**312,079**	**100.0**

Chart 34. Percentage of standard of living levels

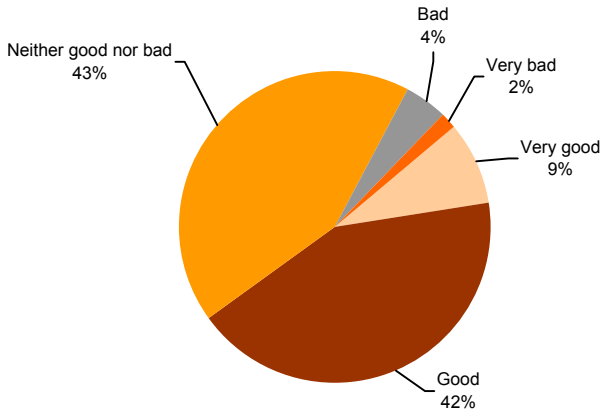

Table 137. Distribution of persons by standard of living rating and age group

Age group	Very good		Good		Neither good nor bad		Bad		Very bad		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
18-24	5,233	13.9	18,512	49.3	12,502	33.3	934	2.5	341	0.9	37,522	100.0
25-34	3,409	6.7	24,191	47.4	19,323	37.9	2,610	5.1	1,496	2.9	51,029	100.0
35-44	3,034	6.1	19,027	38.2	25,749	51.7	1,557	3.1	432	0.9	49,798	100.0
45-54	4,379	7.1	24,897	40.5	27,416	44.6	2,716	4.4	2,030	3.3	61,437	100.0
55-64	5,694	10.5	20,670	38.2	24,514	45.3	2,528	4.7	683	1.3	54,089	100.0
65+	5,446	9.4	25,091	43.1	24,271	41.7	3,175	5.5	220	0.4	58,204	100.0
Total	**27,195**	**8.7**	**132,388**	**42.4**	**133,774**	**42.9**	**13,520**	**4.3**	**5,202**	**1.7**	**312,079**	**100.0**

Table 138 . Average rating of standard of living by sex and age group*

Age group	Male	Female	Total
		Average	
18-24	2.2	2.3	2.3
25-34	2.5	2.5	2.5
35-44	2.6	2.5	2.5
45-54	2.7	2.5	2.6
55-64	2.5	2.5	2.5
65+	2.4	2.5	2.4
Total	**2.5**	**2.5**	**2.5**

*where 1 = very good and 5 = very bad

Table 139. Average rating of standard of living by sex and district*

District	Male	Female	Total
		Average	
Southern Harbour	2.7	2.6	2.6
Northern Harbour	2.5	2.5	2.5
South Eastern	2.5	2.5	2.5
Western	2.4	2.4	2.4
Northern	2.4	2.4	2.4
Gozo and Comino	2.4	2.4	2.4
Total	**2.5**	**2.5**	**2.5**

*where 1 = very good and 5 = very bad

Table 140. Average rating of standard of living by sex and educational level*

Educational level	Male	Female	Total
		Average	
No schooling	2.7	2.4	2.5
Primary	2.7	2.6	2.6
Secondary	2.6	2.6	2.6
Post-secondary	2.3	2.2	2.3
Tertiary	2.1	2.1	2.1
Total	**2.5**	**2.5**	**2.5**

*where 1 = very good and 5 = very bad

Table 141. Average rating of a person's standard of living by marital status*

Marital status	Average
Married	2.5
Single	2.4
Divorced/Annulled/Separated	2.6
Widowed	2.6
Cohabiting[u]	2.9
Total	**2.5**

*where 1 = very good and 5 = very bad
[u] = under-represented. Treat with caution.

Table 142. Average rating of a person's standard of living by main occupation*

Main occupation	Average
Legislators, senior officials and managers	2.2
Professionals	2.1
Technicians and associate professionals	2.3
Clerks	2.5
Armed Forces of Malta, service workers and shop and market sales workers	2.5
Skilled agricultural and fishery workers	2.6
Plant, machine operators and assemblers	2.4
Elementary occupations	2.6
Total	**2.4**

*where 1 = very good and 5 = very bad

Table 143. Distribution of persons by satisfaction level of current job and sex

Sex	Very satisfied		Satisfied		Neither satisfied nor dissatisfied		Dissatisfied		Very dissatisfied		Do not have a job		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Male	18,152	12.0	41,101	27.1	26,344	17.3	5,988	3.9	5,938	3.9	54,374	35.8	151,898	100.0
Female	8,378	5.2	24,925	15.6	11,755	7.3	2,670	1.7	285	0.2	112,169	70.0	160,181	100.0
Total	**26,530**	**8.5**	**66,026**	**21.2**	**38,099**	**12.2**	**8,658**	**2.8**	**6,223**	**2.0**	**166,543**	**53.4**	**312,079**	**100.0**

Chart 35. Percentage of job satisfaction levels

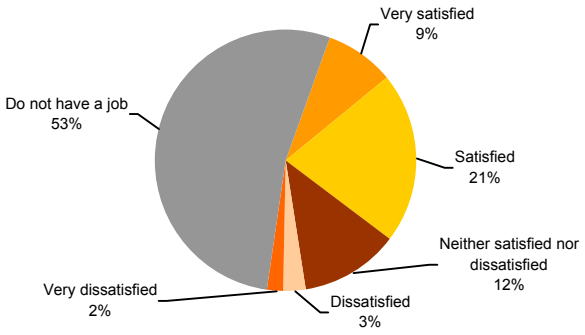

Table 144. Distribution of persons by satisfaction level of current job and age group

Age group	Very satisfied		Satisfied		Neither satisfied nor dissatisfied		Dissatisfied		Very dissatisfied		Do not have a job		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
18-24	6,192	16.5	10,799	28.8	5,356	14.3	627	1.7	844	2.2	13,704	36.5	37,522	100.0
25-34	7,758	15.2	16,232	31.8	11,698	22.9	2,082	4.1	831	1.6	12,428	24.4	51,029	100.0
35-44	4,072	8.2	15,085	30.3	8,249	16.6	2,889	5.8	1,870	3.8	17,633	35.4	49,798	100.0
45-54	4,841	7.9	15,047	24.5	9,893	16.1	1,990	3.2	2,119	3.4	27,549	44.8	61,437	100.0
55-64	3,270	6.0	7,880	14.6	2,683	5.0	1,070	2.0	560	1.0	38,627	71.4	54,089	100.0
65+	398	0.7	983	1.7	220	0.4	-	-	-	-	56,603	97.2	58,204	100.0
Total	**26,530**	**8.5**	**66,026**	**21.2**	**38,099**	**12.2**	**8,658**	**2.8**	**6,223**	**2.0**	**166,543**	**53.4**	**312,079**	**100.0**

Table 145. Average satisfaction level of a person's current job by sex and age group*

Age group	Male	Female	Total
		Average	
18-24	2.0	2.3	2.1
25-34	2.3	2.2	2.3
35-44	2.6	2.2	2.5
45-54	2.6	2.1	2.5
55-64	2.3	1.9	2.2
65+	1.9	2.0	1.9
Total	**2.4**	**2.2**	**2.3**

*where 1 = very satisfied and 5 = very dissatisfied

Table 146. Average satisfaction level of a person's current job by sex and district*

District	Male	Female	Total
		Average	
Southern Harbour	2.6	2.3	2.5
Northern Harbour	2.2	2.2	2.2
South Eastern	2.5	2.3	2.4
Western	2.4	2.2	2.3
Northern	2.3	2.2	2.3
Gozo and Comino	2.1	2.0	2.1
Total	**2.4**	**2.2**	**2.3**

*where 1 = very satisfied and 5 = very dissatisfied

Table 147. Average satisfaction level of a person's current job by sex and educational level*

Educational level	Male	Female	Total
		Average	
No schooling	3.3	2.0	3.0
Primary	2.6	1.7	2.4
Secondary	2.4	2.3	2.4
Post-secondary	2.3	2.1	2.2
Tertiary	2.2	2.2	2.2
Total	**2.4**	**2.2**	**2.3**

*where 1 = very satisfied and 5 = very dissatisfied

Table 148. Average satisfaction level of a person's current job by marital status*

Marital Status	Average
Married	2.4
Single	2.2
Divorced/Annulled/Separated	2.3
Widowed	2.0
Cohabiting[u]	2.5
Total	**2.3**

*where 1 = very satisfied and 5 = very dissatisfied

[u] = under-represented. Treat with caution.

Table 149. Average satisfaction level of a person's current job by main occupation*

Main occupation	Average
Legislators, senior officials and managers	2.2
Professionals	2.2
Technicians and associate professionals	2.3
Clerks	2.4
Armed Forces of Malta, service workers and shop and market sales workers	2.4
Skilled agricultural and fishery workers	2.3
Plant, machine operators and assemblers	2.1
Elementary occupations	2.5
Total	**2.3**

*where 1 = very satisfied and 5 = very dissatisfied

Table 150. Distribution of persons by satisfaction level of living area and sex

Sex	Very satisfied		Satisfied		Neither satisfied nor dissatisfied		Dissatisfied		Very dissatisfied		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Male	45,623	30.0	67,900	44.7	24,168	15.9	8,771	5.8	5,435	3.6	151,898	100.0
Female	41,251	25.8	70,971	44.3	27,804	17.4	12,125	7.6	8,030	5.0	160,181	100.0
Total	**86,874**	**27.8**	**138,872**	**44.5**	**51,972**	**16.7**	**20,895**	**6.7**	**13,466**	**4.3**	**312,079**	**100.0**

Chart 36. Percentage of area satisfaction levels

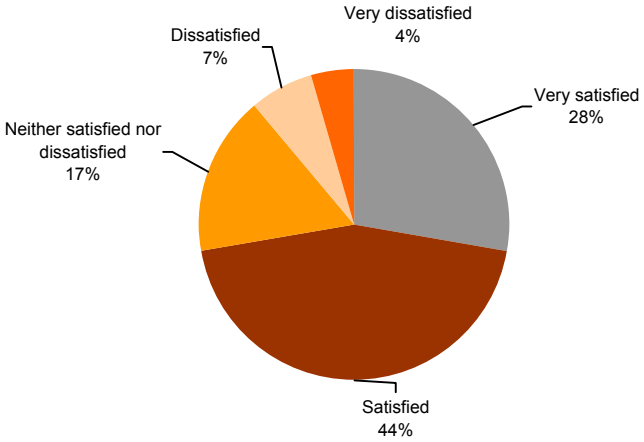

Table 151. Distribution of persons by satisfaction level of living area and age group

Age group	Very satisfied		Satisfied		Neither satisfied nor dissatisfied		Dissatisfied		Very dissatisfied		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
18-24	11,549	30.8	17,852	47.6	3,562	9.5	3,501	9.3	1,058	2.8	37,522	100.0
25-34	12,765	25.0	23,211	45.5	8,975	17.6	3,620	7.1	2,458	4.8	51,029	100.0
35-44	10,047	20.2	23,855	47.9	10,180	20.4	3,544	7.1	2,173	4.4	49,798	100.0
45-54	16,676	27.1	24,743	40.3	11,865	19.3	4,371	7.1	3,783	6.2	61,437	100.0
55-64	15,226	28.1	25,404	47.0	8,349	15.4	3,426	6.3	1,685	3.1	54,089	100.0
65+	20,612	35.4	23,807	40.9	9,041	15.5	2,433	4.2	2,310	4.0	58,204	100.0
Total	**86,874**	**27.8**	**138,872**	**44.5**	**51,972**	**16.7**	**20,895**	**6.7**	**13,466**	**4.3**	**312,079**	**100.0**

Table 152. Average satisfaction level of a person's living area by sex and age group*

Age group	Male	Female	Total
		Average	
18-24	1.8	2.3	2.1
25-34	2.2	2.3	2.2
35-44	2.3	2.3	2.3
45-54	2.2	2.3	2.2
55-64	2.0	2.1	2.1
65+	2.0	2.0	2.0
Total	**2.1**	**2.2**	**2.2**

*where 1 = very satisfied and 5 = very dissatisfied

Table 153. Average satisfaction level of a person's living area by sex and district*

District	Male	Female	Total
		Average	
Southern Harbour	2.4	2.4	2.4
Northern Harbour	2.2	2.4	2.3
South Eastern	2.2	2.0	2.1
Western	1.8	2.0	1.9
Northern	1.9	2.1	2.0
Gozo and Comino	1.8	2.0	1.9
Total	**2.1**	**2.2**	**2.2**

*where 1 = very satisfied and 5 = very dissatisfied

Table 154. Distribution of persons by satisfaction level of a person's current relationship and sex

Sex	Very satisfied		Satisfied		Neither satisfied nor dissatisfied		Dissatisfied		Very dissatisfied		I am not in a relationship		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Male	74,989	49.4	40,106	26.4	7,529	5.0	2,121	1.4	1,275	0.8	25,878	17.0	151,898	100.0
Female	64,181	40.1	40,499	25.3	12,465	7.8	2,547	1.6	2,062	1.3	38,428	24.0	160,181	100.0
Total	**139,171**	**44.6**	**80,605**	**25.8**	**19,994**	**6.4**	**4,667**	**1.5**	**3,337**	**1.1**	**64,306**	**20.6**	**312,079**	**100.0**

Chart 37. Percentage of relationship satisfaction levels

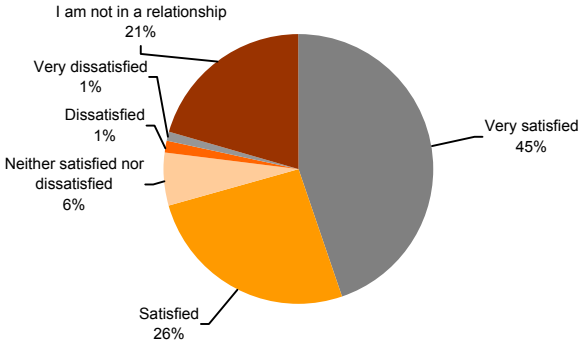

Table 155. Distribution of persons by satisfaction level of a person's current relationship and age group

Age group	Very satisfied		Satisfied		Neither satisfied nor dissatisfied		Dissatisfied		Very dissatisfied		I am not in a relationship		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
18-24	15,968	42.6	7,946	21.2	2,344	6.2	341	0.9	-	-	10,923	29.1	37,522	100.0
25-34	27,945	54.8	12,895	25.3	2,715	5.3	157	0.3	1,273	2.5	6,045	11.8	51,029	100.0
35-44	24,210	48.6	11,512	23.1	4,657	9.4	1,301	2.6	230	0.5	7,889	15.8	49,798	100.0
45-54	32,987	53.7	16,914	27.5	3,429	5.6	677	1.1	824	1.3	6,607	10.8	61,437	100.0
55-64	21,737	40.2	17,731	32.8	4,648	8.6	1,546	2.9	229	0.4	8,199	15.2	54,089	100.0
65+	16,324	28.0	13,608	23.4	2,201	3.8	646	1.1	782	1.3	24,643	42.3	58,204	100.0
Total	**139,171**	**44.6**	**80,605**	**25.8**	**19,994**	**6.4**	**4,667**	**1.5**	**3,337**	**1.1**	**64,306**	**20.6**	**312,079**	**100.0**

Table 156. Average satisfaction level of a person's current relationship by sex and age group*

Age group	Male	Female	Total
		Average	
18-24	1.5	1.5	1.5
25-34	1.4	1.6	1.5
35-44	1.5	1.7	1.6
45-54	1.5	1.6	1.5
55-64	1.7	1.8	1.7
65+	1.6	1.8	1.7
Total	**1.5**	**1.7**	**1.6**

*where 1 = very satisfied and 5 = very dissatisfied

Table 157. Average satisfaction level of a person's current relationship by sex and district*

District	Male	Female	Total
		Average	
Southern Harbour	1.4	1.7	1.5
Northern Harbour	1.6	1.7	1.7
South Eastern	1.5	1.6	1.6
Western	1.5	1.7	1.6
Northern	1.6	1.5	1.5
Gozo and Comino	1.6	1.5	1.6
Total	**1.5**	**1.7**	**1.6**

*where 1 = very satisfied and 5 = very dissatisfied

Table 158. Average satisfaction level of a person's current relationship by sex and educational level*

Educational level	Male	Female	Total
		Average	
No schooling	1.5	1.9	1.6
Primary	1.6	1.7	1.6
Secondary	1.5	1.7	1.6
Post-secondary	1.6	1.6	1.6
Tertiary	1.4	1.7	1.5
Total	**1.5**	**1.7**	**1.6**

*where 1 = very satisfied and 5 = very dissatisfied

Table 159. Average satisfaction level of a person's current relationship by marital status

Marital status	Average
Married	1.6
Single	1.6
Divorced/Annulled/Separated	2.0
Widowed	2.7
Cohabiting[u]	1.8
Total	**1.6**

*where 1 = very satisfied and 5 = very dissatisfied

[u] = under-represented. Treat with caution.

Table 160. Distribution of persons by level of life satisfaction and sex

Sex	Very satisfied		Satisfied		Neither satisfied nor dissatisfied		Dissatisfied		Very dissatisfied		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
Male	49,229	32.4	73,535	48.4	22,018	14.5	3,640	2.4	3,475	2.3	151,898	100.0
Female	49,129	30.7	78,605	49.1	27,214	17.0	3,689	2.3	1,544	1.0	160,181	100.0
Total	**98,358**	**31.5**	**152,141**	**48.8**	**49,232**	**15.8**	**7,329**	**2.3**	**5,019**	**1.6**	**312,079**	**100.0**

Chart 38. Percentage of life satisfaction levels

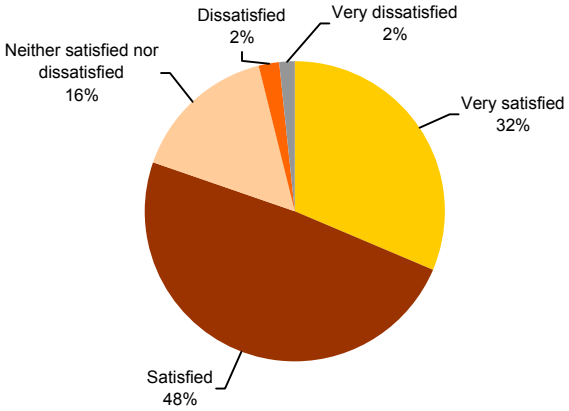

Table 161 . Distribution of persons by level of life satisfaction and age group

Age group	Very satisfied		Satisfied		Neither satisfied nor dissatisfied		Dissatisfied		Very dissatisfied		Total	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
18-24	12,509	33.3	15,944	42.5	7,940	21.2	844	2.2	285	0.8	37,522	100.0
25-34	14,226	27.9	29,534	57.9	5,024	9.8	1,015	2.0	1,230	2.4	51,029	100.0
35-44	12,294	24.7	25,693	51.6	9,548	19.2	1,191	2.4	1,072	2.2	49,798	100.0
45-54	20,811	33.9	28,044	45.6	9,341	15.2	2,074	3.4	1,168	1.9	61,437	100.0
55-64	18,457	34.1	25,482	47.1	9,368	17.3	563	1.0	218	0.4	54,089	100.0
65+	20,060	34.5	27,443	47.2	8,011	13.8	1,642	2.8	1,047	1.8	58,204	100.0
Total	**98,358**	**31.5**	**152,141**	**48.8**	**49,232**	**15.8**	**7,329**	**2.3**	**5,019**	**1.6**	**312,079**	**100.0**

Table 162. Average life satisfaction level by sex and age group*

Age group	Male	Female	Total
		Average	
18-24	1.9	2.0	1.9
25-34	1.9	2.0	1.9
35-44	2.0	2.1	2.1
45-54	2.0	1.8	1.9
55-64	1.9	1.8	1.9
65+	1.8	1.9	1.9
Total	**1.9**	**1.9**	**1.9**

*where 1 = very satisfied and 5 = very dissatisfied

Table 163. Average life satisfaction level by sex and district*

District	Male	Female	Total
		Average	
Southern Harbour	1.9	2.1	2.0
Northern Harbour	2.0	2.0	2.0
South Eastern	1.9	1.8	1.9
Western	2.0	1.9	1.9
Northern	1.9	1.8	1.9
Gozo and Comino	1.8	1.9	1.8
Total	**1.9**	**1.9**	**1.9**

*where 1 = very satisfied and 5 = very dissatisfied

Table 164. Average life satisfaction level by sex and educational level*

Educational level	Male	Female	Total
		Average	
No schooling	2.1	1.7	1.8
Primary	2.0	1.9	1.9
Secondary	1.9	2.0	2.0
Post-secondary	1.9	1.9	1.9
Tertiary	1.9	1.9	1.9
Total	**1.9**	**1.9**	**1.9**

*where 1 = very satisfied and 5 = very dissatisfied

Table 165. Average life satisfaction level by marital status*

Marital status	Average
Married	1.9
Single	2.0
Divorced/Annulled/Separated	2.0
Widowed	2.0
Cohabiting[u]	2.1
Total	**1.9**

*where 1 = very satisfied and 5 = very dissatisfied

[u] = under-represented. Treat with caution

Appendix

Lifestyle Survey 2006

NATIONAL STATISTICS OFFICE • MALTA

Leisure Activities, Hobbies and Holidays

1. How many times did you visit the following places in the past 12 months?
*(Tick one circle **ONLY** in each row)*

	1- 3	4 – 6	7 – 11	12 +	Never
Cinema	O(1)	O(2)	O(3)	O(4)	O(5)
Live performances (e.g. plays, concerts, dance performances)	O(1)	O(2)	O(3)	O(4)	O(5)
Cultural sites (e.g. museums, art galleries)	O(1)	O(2)	O(3)	O(4)	O(5)
Live sport events (e.g. football game)	O(1)	O(2)	O(3)	O(4)	O(5)
Bars/ Wine bars	O(1)	O(2)	O(3)	O(4)	O(5)
Clubs (e.g. band, football, political)	O(1)	O(2)	O(3)	O(4)	O(5)
Casinos	O(1)	O(2)	O(3)	O(4)	O(5)
Dance clubs/nightclubs/discos	O(1)	O(2)	O(3)	O(4)	O(5)
Restaurants	O(1)	O(2)	O(3)	O(4)	O(5)

2. On average, how many times a week do you walk for at least 30 minutes at a time?
(*Mark '0' if you do not walk for at least 30 minutes a day*) ☐

3. On average, how many minutes a week do you spend doing any intensive exercise e.g. jogging, football, **fast** walking, tennis etc.
(Mark '0' if you do not do any intensive exercise) ☐

4. Do you attend a gym/fitness club at least once a week?
*(Tick one circle **ONLY**)*

Yes O(1)

No O(2)

5. What kind of transport do you use most for work or school?
*(Tick one circle **ONLY**)*

Car O(1)

Motorcycle O(2)

Walk O(3)

Bicycle O(4)

Bus O(5)

Minivan/coach O(6)

Taxi O(7)

I don't work or go to school O(8)

6. What kind of transport do you use most to go out? (include to go shopping)
*(Tick one circle **ONLY**)*

Car	O(1)
Motorcycle	O(2)
Walk	O(3)
Bicycle	O(4)
Bus	O(5)
Minivan/ coach	O(6)
Taxi	O(7)
I never go out	O(8)

7. What is the genre of music that you mostly like listening to?
*(Tick one circle **ONLY**)*

Country	O(1)
Pop	O(2)
Rock	O(3)
Hip-hop/ Rap/ R&B	O(4)
Techno/ Trance/ House	O(5)
Classical	O(6)
Reggae	O(7)
Jazz	O(8)
There is more than one type	O(9)
I don't like music	O(10)

8. Which of the following hobbies have you got?
(Tick where applicable)

Singing/dancing/acting	O(1)
Playing a musical instrument	O(2)
Bingo/Lotteries/Gambling	O(3)
Reading	O(4)
Collectibles (e.g. stamps)	O(5)
Arts and Crafts	O(6)
Internet	O(7)
Gardening	O(8)
Home decoration	O(9)
Photography	O(10)
Sewing/ knitting	O(11)
Bird-hunting/trapping	O(12)
Model Building (e.g. cars)	O(13)
Travelling	O(14)

9. During the past 12 months, how many nights in total did you spend on holiday locally and/or abroad? Include weekend breaks. *(Fill where applicable)*

	Number of nights
Locally (Malta/Gozo)	
Abroad	

Health

10. How would you rate your physical health?
*(Tick one circle **ONLY**)*

- Very good O(1)
- Good O(2)
- Neither good nor bad O(3)
- Bad O(4)
- Very bad O(5)

11. How would you rate your mental health?
*(Tick one circle **ONLY**)*

- Very good O(1)
- Good O(2)
- Neither good nor bad O(3)
- Bad O(4)
- Very bad O(5)

12. Is your daily activity or work limited by a long-term illness, health problem or disability?
*(Tick one circle **ONLY**)*

- Yes O(1)
- No O(2)

13. Have you had a check up with a GP and/or a dentist in the past 12 months?
*(Tick one circle **ONLY**)*

- GP O(1)
- Dentist O(2)
- Both with a GP and a dentist O(3)
- Did not go to neither O(4)

14. If you have had sexual intercourse in the past 12 months, did you use any type of contraception/ protection? *(Tick one circle **ONLY**)*

- Always O(1)
- Sometimes O(2)
- Never O(3)
- Did not have sexual intercourse O(4)

15. What is your body weight without clothes?

_____ kilos (or_____ stones _____ pounds)

16. What is your height without shoes?

_____cm (or _____ feet _____ inches)

Tobacco, Alcohol and Use of Other Substances

17. How many cigarettes do you smoke everyday? ☐
(Mark '0' if you do not smoke cigarettes)

18. On average, how much alcohol do you consume every week?
(Fill where applicable and mark '0' where not applicable)

Wine (glasses)	Beer (small bottles)	Spirits (tots)

19. During the past 12 months have you driven a car after consuming 3 or more alcoholic drinks?
*(Tick one circle **ONLY**)*

Yes O(1)

No O(2)

Do not normally drink O(3)

20. On how many occasions have you used any of the following in the past 12 months?
*(Tick one circle **ONLY** in each row)*

	1 – 3	4 – 6	7+	Never
Tranquilisers, antidepressants or sedatives (e.g. sleeping pills) *with* a doctor's prescription	O(1)	O(2)	O(3)	O(4)
Tranquilisers, antidepressants or sedatives (e.g. sleeping pills) ***without*** a doctor's prescription	O(1)	O(2)	O(3)	O(4)
Marijuana/Hashish/Cannabis	O(1)	O(2)	O(3)	O(4)
Inhalants (e.g. gas, solvents etc.)	O(1)	O(2)	O(3)	O(4)
Ecstasy	O(1)	O(2)	O(3)	O(4)
Amphetamine (e.g. Speed etc.)	O(1)	O(2)	O(3)	O(4)
Hallucinogens (e.g. LSD, Acid etc.)	O(1)	O(2)	O(3)	O(4)
Heroin	O(1)	O(2)	O(3)	O(4)
Cocaine/Crack	O(1)	O(2)	O(3)	O(4)

Eating Habits

21. On how many days during the past week (7-day period) have you consumed the following?
(*Tick one circle **ONLY** in each row)*

	1 – 2	3 – 5	6 – 7	Never
Fresh fruit	O(1)	O(2)	O(3)	O(4)
Vegetables	O(1)	O(2)	O(3)	O(4)

22. Which of the following diets do you follow?
*(Tick one circle **ONLY**)*

Vegetarian O(1)

Diabetic O(2)

Weight reducing O(3)

Gluten free O(4)

Low cholesterol O(5)

Other O(6)

More than one type O(7)

None O(8)

23. On how many days during the past week have you eaten fried food?
*(Tick one circle **ONLY**)*

Daily	O(1)
5-6	O(2)
3-4	O(3)
1-2	O(4)
Never	O(5)

Quality of Life

24. How would you rate your standard of living?
*(Tick one circle **ONLY**)*

Very good	O(1)
Good	O(2)
Neither good nor bad	O(3)
Bad	O(4)
Very bad	O(5)

25. In general how satisfied are you with your current job?
*(Tick one circle **ONLY**)*

Very satisfied	O(1)
Satisfied	O(2)
Neither satisfied nor dissatisfied	O(3)
Dissatisfied	O(4)
Very dissatisfied	O(5)
Do not have a job	O(6)

26. In general, how satisfied are you with the area you live in?
*(Tick one circle **ONLY**)*

Very satisfied	O(1)
Satisfied	O(2)
Neither satisfied nor dissatisfied	O(3)
Dissatisfied	O(4)
Very dissatisfied	O(5)

27. In general, how satisfied are you in your current relationship with your partner?
*(Tick one circle **ONLY**)*

Very satisfied	O(1)
Satisfied	O(2)
Neither satisfied nor dissatisfied	O(3)
Dissatisfied	O(4)
Very dissatisfied	O(5)
I am not in a relationship	O(6)

28. In general, how satisfied are you with your life?
*(Tick one circle **ONLY**)*

Very satisfied O(1)

Satisfied O(2)

Neither satisfied nor dissatisfied O(3)

Dissatisfied O(4)

Very dissatisfied O(5)

Demographics

29. Are you male or female?
*(Tick one circle **ONLY**)*

Male O(1)

Female O(2)

30. How many children were ever born alive to you?
(*Answer only if you are a female. Mark '0' if you did not have any children*)

[ ] ➔What is the age of your eldest child? [ ]

31. In which locality do you live?

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_____

32. What is your age? [ ]

33. Which of the following best describes your current marital status?
*(Tick one circle **ONLY**)*

Married O(1)

Separated O(2)

Cohabiting (Living with a partner) O(3)

Divorced O(4)

Widowed O(5)

Never married O(6)

34. What is the highest educational level that you have successfully completed?
*(Tick one circle **ONLY**)*

No schooling O(1)

Pre-primary e.g. kindergarten O(2)

Primary O(3)

Secondary O(4)

Post-Secondary O(5)

Tertiary O(6)

35. Do you own or make use of a car?
*(Tick one circle **ONLY**)*

Yes O(1)

No O(2)

36. What, if any, is your religion or church?
*(Tick one circle **ONLY**)*

Roman Catholic	O(1)	
Jehovah's Witnesses	O(2)	
Church of England/Anglican	O(3)	
Other Protestant/ Other Christian	O(4)	
Muslim	O(5)	
Other	O(6)	➔ Please specify _____
None	O(7)	

37. Which of the following best describes your main economic activity?
*(Tick one circle **ONLY**)*

I look after the home e.g. housewife	O(1)
Student	O(2)
Unemployed or temporally not working	O(3)
Retired	O(4)
Unable to work because of illness/ disability	O(5)
Self employed	O(6)
Employee	O(7)
Other inactive	O(8)

38. If you are currently in employment, what is the job title of your main occupation? (e.g. doctor, teacher, stone-mason etc.)

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39. On average, if you are currently in employment, how many hours per week do you work? (Include any part-time work and overtime)

_____

- Thank you for your time -